

NUTLEY NEIGHBORS

José Pietri-Coimbre, Clara Pietri-Munoz,
and Kristofer Updike

Enter Stage Left



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Photograph by
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Letter to Residents

E=mc²

Albert Einstein certainly knew his stuff, didn't he? When he made this famous equation to prove that energy and mass are interchangeable, the idea was indeed surprising. And guess what? We are watching this exchange of energy and mass every day in very normal ways. (And that's why I am a science geek!)



When you drive your car, gasoline's mass is converted to energy. The same principle applies when those battery-operated toys or appliances work. Any time energy is released, like when you are walking, breathing, or throwing a ball, this theory of relativity is at work.

But what does this have to do with our Nutley Neighbors? Everything. In these pages, you will read about our neighbors who are doing fun and interesting things. Their lives are in motion (think energy!) as they interact with the community and share their talents and personalities.

On the cover is a creative family who is new to Nutley. Kristofer Updike, José Pietri-Coimbre, and Clara Pietri-Munoz moved here late last year and they added music, acting, painting, and photography, as well as four cats, to their happy home. Read their story, 'visit' them in the photos, and be sure to say 'hi' when you see them around town.

Do you want a fun and delicious way to try out Einstein's formula? How about planting seeds? Dave Wilson has a gardening article filled with practical advice that will have you enjoying your own fresh vegetables. Watching tiny seeds sprout into mature plants is an amazing—and delicious—release of energy.

Linda Buset takes us inside Nutley's historic speakeasy with her article and photos. Restoring this piece of the past relied on the vision and the talents (as well as the energy) of many people. If only the cartoon murals on the walls could talk!

I think Albert Einstein would be proud of all the Nutleyites who understand that being in a place is okay, but doing something releases energy that can impact, entertain, or emotionally connect with their neighbors.

If Einstein were to write an equation for that I think it would look like this: NN=U+I x 365

Nutley Neighbors equals you and I multiplying the energy every day. (Hey, that's not bad for my first attempt at a scientific equation!)

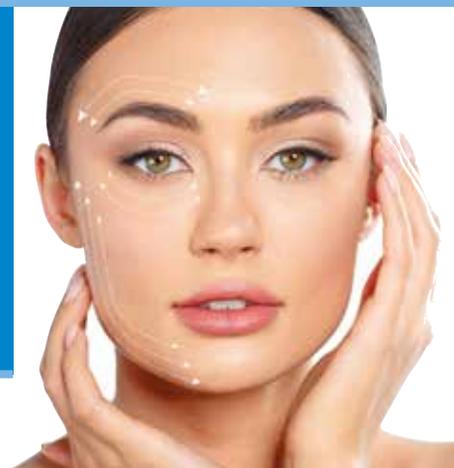
See you next month!

Joyce Corey Content Coordinator

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Featured Article

Images Courtesy: Dave Curtis/MIT Athletics

Karena Groff's NCAA Woman of the Year award is "cherry on top"

By Cody Kluge,
BVM Sports Journalist/Editor

Over the past five years, Karena Groff has had a profound impact on the Massachusetts Institute of Technology (MIT) women's soccer program. While she finished second in career goals and points for the Engineers, it was Groff's work off the field, whether that be brain research, creating organizations to give back, or working as an EMT, that culminated in her earning one of college athletics' highest honors: the NCAA Woman of the Year award... Continue reading on the BVM Sports website.

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90 N Spring Garden Ave.



Real Estate Snapshot

PROPERTY ADDRESS	LIST PRICE	SALE PRICE	DAYS ON MARKET
38 Cathedral Ave.	\$688,000	\$655,000	49
20 Cottage Pl.	\$449,000	\$445,000	29
329 Park Ave.	\$664,500	\$500,000	115
377 Prospect St.	\$595,000	\$580,000	45
24 Speer Pl.	\$400,000	\$420,000	41
90 N Spring Garden Ave.	\$995,000	\$975,000	32
38 Myrtle Ave.	\$450,000	\$485,000	10
536 Bloomfield Ave.	\$495,000	\$505,000	16
116 Joerg Ave.	\$799,900	\$800,000	40
73 Prospect St.	\$399,000	\$375,000	15
Median List Price		\$489,900	
Median Sale Price		\$485,000	
Median Days on Market		30	

GSMLS Data: Single Family, Condominiums/Cooperatives, and Town Houses
January-February 2023

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Is this Spring the right time to sell your home? Let's talk.

The median sold price in Nutley has increased by 33.76% since 2019*

*Data collected from GSMLS
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Kristofer Updike, José Pietri-Coimbre, Clara Pietri-Munoz Enter Stage Left

By Joyce Corey

Photographs by
Carly Ann Photography



Imagine for a moment you are sitting in a theater and the lights go out, signaling the start of the play. The setting is familiar to you; it's a house in the Spring Garden section that was sold last year.

From stage left, our cover story family enters. Kristofer, José, and Clara take their places as the music quietly begins. Four cats prance onto the stage, glancing at the audience with a mixture of curiosity and feline disdain.

The date is October 1, 2022, and we welcome our newest *Nutley Neighbors* as they open the door to their new home.

They wave and take a bow and we settle in to hear their story.

Ah, yes, Shakespeare was right. "All the world's a stage..."

And isn't it wonderful to meet new neighbors and to scoot over a bit to make room for them?

Kristofer and José are not only new to Nutley, but they are also newly married.

"José and I met twice online right before the pandemic lockdown," Kristofer said. "The first time on Facebook Match, then on OK Cupid. After the second time we decided to meet in person and the rest is pandemic history."

The couple married last June in a memorable event.

"The wedding was special because all our closest friends and family gathered on a Sunday which was also Juneteenth and Father's Day," Kristofer said. "My mom, Susan Updike, officiated our wedding, and it was a very warm celebration of love and friendship."

Although Kristofer and José 'matched' online, in real time, they soon found that they shared creative professions that would make even

Shakespeare proud.

"I have a triple major in theatre, film, and art, and a graduate degree in acting," Kristofer said. "All of that I have used to build a career in film and television. I work for NBC creating and developing children's television shows for the streaming platform Peacock."

José's creative endeavors have taken him in a different direction.

"I graduated from the Puerto Rico Conservatory of Music where I specialized in violin and voice performance, fol-

lowed by graduate studies in music at Queens College, C.U.N.Y. in New York City," José said. "I am originally from Puerto Rico and am now a very active freelance performer and recording artist in the tri-state area and a passionate music educator. I am a classical and opera singer and play the violin and viola. I am pleased that my business of sketching and drawing is ever increasing; I specialize in realistic portraits, animals, and nature scenes."

While their respective careers are centered on creativity, it's no surprise that their not-at-work moments are also filled with artistic pursuits and making the world around them a little bit better.

"I love design, architecture, crafts, politics, and gardening," Kristofer said. "I participate at numerous NBC sponsored organizations and previously volunteered



at the national call-in center for The Trevor Project."

"I would listen to music all day if I could," José said. "And dancing hip-hop is a hobby. I am an avid nature photographer with a particular passion for flowers and bees. As a practicing Catholic, I have participated for decades in many church and community activities."

Sharing their lives and their home is Clara Pietri-Munoz, José's daughter and Kristofer's stepdaughter.

"Clara is 15 and is a very talented student at Bergen County Academies where she is a freshman and a member of the track team," José said. "She is in their pre-med program, and she hopes to work in the healthcare field in the future. She enjoys baking, reading, listening to all genres of music, spending time with friends, and has a love of animals."

Loving animals is important for this family who calls their home Casa de Gatos (House of Cats).

"Cassie and Felix are 10 years old and are Bombay black cats," Kristofer said. "Sam and Cooper are 6 years old and are Toygers. All four cats recently met for the first time when we moved into our house in Nutley in October. It can still be a little like the Sharks and the Jets, but gradually every day gets better as they learn to become cat friends."

Kristofer and José give high praise to their neighbors.

"We moved here because we fell in love with the house, the street, and the neighborhood," José said.

"We really like our neighbors and are getting to know them more and more," Kristofer said. "We are still so new we say hi to everyone on the street. We have found our direct neighbors on both sides and right in front to be very helpful,



5 Things They All Love About Nutley

1. Location
2. Landscaping
3. Architecture
4. Elements Massage
5. Easy commute to NYC

warm, open, and accepting of us as a couple. People are very friendly and generous with helpful tips on caring for a home and finding the right service people to connect with. We hope over the years to build a strong community here and to get to know more and more people."

As Act 1, featuring the lives of Kristofer Updike, José Pietri-Coimbre, Clara Pietri-Munoz, comes to a close in this article, their roles as our *Nutley Neighbors* are just beginning.

"We look forward to getting to know everyone and joining the community," Kristofer said. "We would love to have our neighbors over for wine and we look forward to starting new friendships."

I'm sure we will be seeing more of this family as they bring their creativity and love

of this town into our community.

For now, we applaud their decision to live in Nutley and to share their lives with all of us! ■

We are always looking for fascinating residents to feature in *Nutley Neighbors*. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com.



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Financial Planning for Your Growing Family

Contributed by Michael S. Cocco, CFP®, ChFC® Beacon Wealth Partners



My family is growing. How can I be ready financially? Of the many changes children bring, one you may not expect is the cost.

A financial professional can help you get your finances in order, from estimating childcare to creating a college fund.

The USDA estimated raising a child from birth to age 17 would cost an average, middle-income family \$233,610. Although those expenses don't come all at once, this is something to consider before you have your first child. Your financial professional will get you started on important tasks including:

■ UPDATE YOUR BENEFICIARIES

Review retirement accounts, company benefits, and life insurance plans to list the correct beneficiary, the person who will inherit these assets. The primary beneficiary is typically your spouse or partner, but you may wish to add your child as a secondary beneficiary.

■ BUDGET

Additional expenses should be added to your budget, like childcare and diapers. Also discuss how your income may change if you need to cut back on work to care for your child.

■ PLAN FOR CHILDCARE

For working parents, childcare costs can become a major part of your budget. Child Care Aware of America reports the national average yearly cost of childcare for infants to 4-year-olds was between \$8,000 (for home-based care) and \$10,000 (for center-based care). Local costs vary widely so be sure to check your specific region.

■ CONSIDER LIFE INSURANCE

To ensure your child is taken care of in the unlikely event you pass away, ask about buying life insurance. It's relatively inexpensive for people in their childbearing years and your financial professional can help you find a policy to provide income and security to your loved ones.

■ MAKE A WILL

You'll also want to create or update your will. Name the people who would take care of your children and direct your assets appropriately.

■ START SAVING FOR COLLEGE

It's never too soon to start saving for your children's education. By 2038, when today's newborns matriculate as freshmen, the average cost for in-state tuition and room and board is expected to reach \$278,199. But this is a bargain compared to out-of-state or private college expenses, which are expected to reach \$448,996 and \$569,261, respectively. Although many students receive financial aid, the more you can contribute to their college fund, the greater choice they will have selecting schools.

Your financial professional can show you how to use tax-deferred vehicles to accumulate money for education. In such plans, you invest after-tax dollars into an account, which grows tax-free until your child enrolls in a qualified educational institution. You then withdraw these assets tax-free to pay for education expenses. Most plans can be transferred from one child to another or could be used to pay for private high school.

■ CHILDREN ARE EXPENSIVE, BUT YOU'VE GOT THIS

Having a baby is a big responsibility and can be expensive. But by working with your financial professional, you can devise a plan for financial security for now and beyond. Why not get started today? ■



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Celebrating National Library Week, April 23 - 29 There's More to the Story!

Submitted by Jeanne Sylvester, Supervising Librarian

National Library Week is an annual celebration highlighting the essential role that libraries, librarians, and library workers play in transforming lives and strengthening communities. This year's theme is "There's More to the Story," and the Nutley Public Library happily offers the community much more than just the stories found in the books, films, and songs in the library collections. Library programs such as crafting classes, live music performances, story times, gaming programs, museum passes, and more, provide opportunities for entertainment, learning, and community connection for all ages. Access to technology, the internet, and digital resources highlight the Nutley Public Library's multi-faceted story.



During National Library Week, the Nutley Public Library encourages all community members to visit the library in person or online to explore and access the wide variety of services and programs for all ages. The library offers almost 100,000 items in its book and media collections, as well as millions of digital ebooks, audiobooks, films, and music to be streamed or downloaded through Libby, hoopla, Kanopy, and more. Unique displays throughout the library highlight these collections, and encourage browsing, borrowing, and connecting.

During National Library Week there will be many story time programs for children, a Saturday drop-in craft for kids and their families, and special after-school events for students. The Friends of the Nutley Public Library will be holding their semi-annual book sale from April 27-29 to raise funds for special library programming. Celebrate National Library Week with us at the Nutley Public Library. ■

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Why Do I Get Cavities If I Don't Eat Sugar?

Contributed by Dr. Shefali Pilar, Smile Today Dentistry of Nutley

You brush your teeth twice daily, eat healthy food, drink water, and hardly eat sweets. So, why are you getting cavities? Although sugar is often seen as the leading cause of tooth decay, even if you never eat sugar, you can still get cavities.

THE SCIENCE BEHIND CAVITIES

To really understand how a cavity forms, it's important to know what dental plaque is. Plaque is a sticky film that forms on your teeth and makes them look and feel fuzzy when they are not brushed. After eating, the bacteria in plaque breaks down sugar to produce acid that attacks your enamel for at least 20 minutes. This acid demineralizes and weakens enamel resulting in tooth decay. When plaque is not removed regularly, it creates inflammation, gingivitis, and hardens into tartar which can lead to gum disease and bone loss over time.



RISK FACTORS FOR TOOTH DECAY There are some obvious risk factors for tooth decay and others which may surprise you.

DIET A diet high in sugary and acidic food and drinks will contribute to tooth decay since bacteria breaks down sugar into acid. Carbohydrates are essentially sugars and they are also found in healthy foods such as whole grains, dairy, fruits, and even vegetables.

FREQUENT SNACKING Acid usually stays in your mouth for about 20 minutes. Constant snacking or sipping drinks keeps your mouth in a continuously acidic environment.

DRY MOUTH Saliva is beneficial in washing away bacteria and neutralizing acids. Saliva is significantly reduced with tobacco use, some medical conditions, high blood pressure medications, inhalers, and antidepressants.

POOR DENTAL HYGIENE Not brushing or flossing at least twice daily causes plaque to be left on teeth.

INADEQUATE FLUORIDE Fluoride is a mineral that is proven to strengthen enamel and fight off decay.

WORN DENTAL RESTORATIONS Fillings and crowns are not meant to last a lifetime. They will wear down over time and create places for plaque and bacteria to hide.

MISALIGNED TEETH Poorly positioned teeth can be harder to clean around, resulting in plaque being left behind.

TIPS FOR PREVENTING TOOTH DECAY

- The key to preventing tooth decay is to minimize oral bacteria and acid development.
- Be aware of your diet and frequency of eating.
- Right after eating, drink plenty of water to help rinse away bacteria. Chew sugarless gum containing xylitol which has been proven to regulate the acidity in the mouth, inhibit bacterial growth, and stimulate saliva production to clear away food debris.
- Wait 30 minutes after eating acidic or sugary foods to brush your teeth to avoid rubbing sugar and acid into your teeth. Rinse with water instead.
- Maintain good oral hygiene and don't forget to floss daily to reach the spaces between teeth.
- Use fluoridated toothpaste and ask your dentist about fluoride varnish applications.
- Get professional dental cleanings at least twice a year or more frequently if you are prone to gum disease or decay.

Now that you know it's not necessarily sugar that causes cavities, go enjoy a little treat. ■

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Let's Get Gardening!

By David Wilson

Recent years have seen an increase in the planting of home vegetable gardens. High prices of produce, the desire for fresh and chemical-free vegetables, fear of supply interruptions, and just a good old-fashioned need to get outside and grow something are motivators.

You, too, can become a participant in a healthy and rewarding activity. Following organic practices is a must, including selecting GMO-free plants and seeds. Locate a section of your yard that receives 6 to 8 hours of sun, water supply, and access for equipment and participants. This can be a fun family project with educational, nutritional, and physical benefits.

Think outside the box and consider front yard gardening, not just back yard locations. The soil will probably need to be amended with compost, commercial soil blends, fertilizers, and other elements. A soil test with Rutgers Extension University or private lab can help you select the right soil boosters and adjust your PH levels, which are essential for nutrient uptake.

This soil building step will be the most physical and important part in ensuring success. Gardening will take time and be weather and calendar sensitive so start small, maybe 100 square feet. Plant vegetables you enjoy and look for shorter season and compact varieties so results can be enjoyed sooner, especially if children are involved.

When selecting seeds and plants be sure to include some flowers and herbs which can help to attract pollinators and deter some pests. A garden should be eye and stomach pleasing. Critter control with fencing, repellants, ultrasonic devices, scarecrows, and netting is essential to prevent the heartbreak of overnight raids. Water supply to supplement the rain can be achieved with



water barrels that collect rainwater off your roof or with a hose from your outdoor faucet.

Folks who don't have good yard locations, or any yards at all, can participate in the Nutley Community Garden which started 9 years ago, as the result of a grant awarded to the Nutley Health Department. Funded by Partners for Health Foundation, and a collaboration between the Nutley Health Department, the Nutley Department of Public Works, Greenutley, and the Nutley AMVETS, gardeners get a 4ft. by 8ft. raised bed, guidance from Master Gardeners, water barrels, fencing, and comradery of new and veteran gardeners. Contact Meredith Blank at mblank@nutleynj.org or 973-284-4976 for more information.

The Nutley Community Garden's "Grow a Row" program is a source of fresh, local produce donated to the Nutley Family Service (NFSB) Food Pantry. Located behind AMVETS Post 30, the garden includes 21 accessible planting beds. Participating residents and organizations plant their own plots and donate

at least one row of produce to the NFSB Food Pantry and to the Vincent United Methodist Church Care Kitchen, which provides meals to individuals, families, and seniors three Saturdays each month.

So, make the decision to plant a small garden and enjoy the experience and fresh produce! ■

FINANCIAL PLANNER
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Celebrating Creativity!

By Michelle Palmer

Spring is finally here and it's time to make more fun, new memories and to celebrate our children's creativity! Whether you danced across a stage, designed a new cartoon, or crafted up a sweet piece of art, the love for expressing what makes you happy is beautiful.

Giavanna and Luna had a wonderful time at the art class offered at the Nutley Parks and Recreation Center. They are proudly showing their sweet animal portraits. This was such a fun way to explore their talent together.

Vienna celebrated being 100 days smarter with a unique project. She decorated a donut with 100 heart sprinkles to remember the fun occasion. Her love for learning and crafting brings her many happy moments throughout the entire school year.

Jack started his own YouTube channel. He loves creating animation and plush toy videos. He pours plenty of enthusiasm and creativity into his content. He even has a shirt



Amazing animal art



Sprinkled with love

displaying the logo of his channel.

Nine-year-old Abigail has brought so much joy to her family through her musical talent. She performed beautifully at her recital and is incredibly passionate about playing the piano. This is certainly a moment to treasure for many years to come. ■

Michelle Palmer is the author of a children's book, *Brinco Finds His Way Home*, which is available at Amazon and Pretty Handy in Nutley.



Jack's adventures



Abigail's recital



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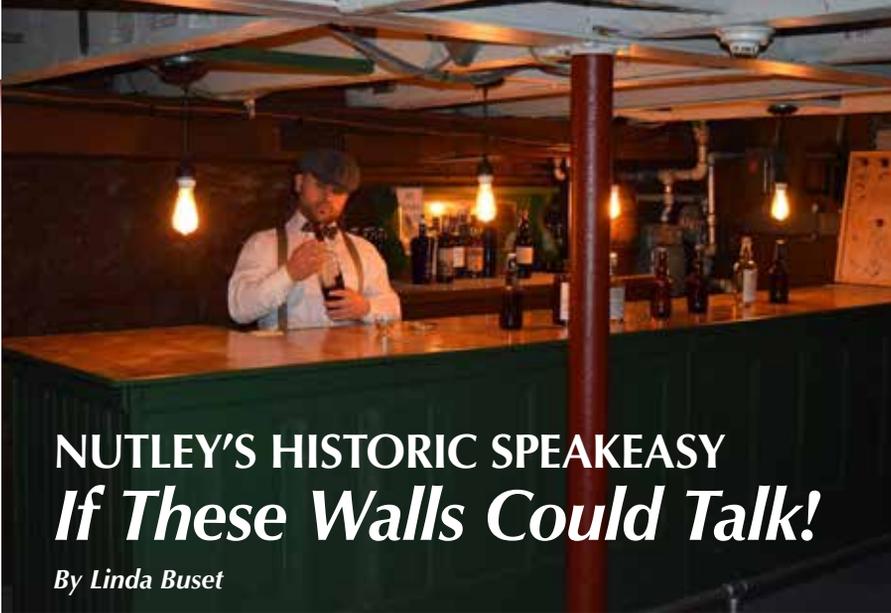
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NUTLEY'S HISTORIC SPEAKEASY *If These Walls Could Talk!*

By Linda Buset

The speakeasy, located in the basement of the Kingsland Manor, has quite a history as well as quite a few interesting stories and tall tales attached to it. When the town of Nutley purchased the historic home, a master plan was created and the speakeasy was one of the last things on the list to be restored.

In 1910, Daniel R. McGinnity, a nationally known sports promoter, bought the Kingsland Manor. He used Nutley as a training camp for his prize fighters, and after his death, his son, Bernard "Bus" ran the speakeasy during Prohibition from 1927 to 1933. Bus was a newspaperman and cartoonist, and he utilized his talents to decorate the walls with cartoon characters from that period.

Through the years of restoration, the cellar had become a storage area, but the town cleared it out, leaving only the bar's footrail that was cemented in the floor, and faded murals painted on the stone walls.

The Board of the Kingsland Manor searched for an artist to restore the speakeasy cartoons. Once they found their artist, Anthony DiNoia, they looked to Essex County for a local art grant. The County had been very supportive of their restoration efforts in the past and they enthusiastically approved the grant application and their shared support of a young artist.

When the Kingsland Manor applied to be on the National Register of Historic Places in 1978, it was the first application to ever include a speakeasy.

Plans for restoration began in 2016 and continued through 2019. When the Manor was closed during the Covid lockdown, the walls, floor, and ceiling were painted. Using paint chips, Ricciardi Paints analyzed the colors to get the right match. Once it was painted, the bar was built from old wood panel doors.

Dot Greengrove revitalized interest in following the master plan to restore the speakeasy and the drawings on the walls. She researched cartoon characters from the 20s



Members of the historic Kingsland Manor pose in period costumes after having a roaring good time at a special event commemorating the 100th anniversary of Prohibition (above).

and 30s to bring authenticity to the murals. This was Dot's last project for the Manor she so loved. If anyone can be said to be the person behind the restoration, it was Dot.

Most of the work was completed in 2020, except for the murals, and the Kingsland Manor held an event to commemorate the 100th anniversary of Prohibition with everyone dressed in costumes of the era.

Although the activities of the Manor during the Prohibition era are not as historically significant as other periods, it is part of the past of this historic home. Many people who were patrons of the speakeasy came forward with interesting information, like Bucky Williamson. He was a bartender in the speakeasy as a young man, and was interviewed in 1977 when he was in his sixties.

Now that the murals are restored, the Kingsland Manor will hold a reveal with the

artist. Please check their website, www.kingslandmanornutley.org for the big announcement; you will not want to miss this colorful piece of Nutley history. ■




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Nutley UNICO Scholarship Program and Fundraising Event

By Lorraine Kucinski



Nutley UNICO 1st VP Danielle Ferrara Manganello, Nutley UNICO President Dan Carnicella, UNICO National EVP Cav. Ralph Contini, MariaRose Contini, First Lady Maggie Pettinato, National President Peter Pettinato, Mark DiMaggio and Sal Ferrara, Nutley Raffle Committee

For more than 60 years, the donations from Nutley UNICO and its members have helped Nutley students and families with their educational pursuits. To date, they have contributed over \$500,000 in scholarship awards.

Annually, Nutley UNICO, Inc., makes available 25 scholarships to Nutley students who will be attending an accredited college or university program. Three of these scholarship awards are distributed equally over 4 years. The remaining 22 scholarships are distributed on a one-time basis. (For additional information please refer to the Nutley UNICO website at www.nutleyUNICO.org)

Every year, Nutley UNICO runs a 50/50 raffle to raise money for the 3 scholarships that are awarded over a 4-year period, and the remaining scholarships are family endowed. The latest drawing was held on February 1 at Nanina's in the Park in Belleville. Attending the meeting was the UNICO National President Peter Pettinato and First Lady Maggie Pettinato, National Executive Vice President Cavalieri Ralph Contini, and his wife MariaRose. 113 members and guests attended the dinner and drawing.

The winners: 1st prize Arthur Tuosto, 2nd prize Marty DePalma, 3rd prize Frank Tidona, 4th prize Ida Ferraro, and 5th prize Rosie Barbosa.

UNICO National is the largest Italian American Service Organization in the USA celebrating 100 years of Service Above Self 1922-2022. Nutley Chapter of UNICO has been promoting and preserving its Italian heritage since 1959. ■

Adopt Us!

Submitted by Nicole Milici, Jersey Pits Rescue Inc.

Loyal companion in search of his forever person or family!

Rusty is a very sweet dog who is probably 2 or 3 years old and weighs 60 pounds. He is well-behaved, takes lots of naps, is generally neutral on walks, and responds well to commands and training. He loves meeting new people and will happily go on long walks and bike rides.

His foster mama shares: "He is such a loving dog and likes to be cuddled in right next to you. As he gets tired, he will curl up in a ball on his own in a nice tight space like an armchair or against pillows. He sleeps in my bed and snuggles himself closely to me. If I take too long brushing my teeth at night, he will jump out of bed to come check on me! Rusty does great in his crate when left alone for my long work shifts. He's generally a very low maintenance dog and an incredible source of companionship and comfort."

Rusty would make an excellent companion for his forever family. He is housebroken and a very respectful house guest. He would do best as your only pet.

Please visit www.jerseypitsrescue.com to apply under the applications tab or email us if we already have your application.



Submitted by Christa Milici, Yellow Brick Road Rescue NJ

Gia is an 11-month female who loves to purr and play! She is cat and kid friendly and still young enough to adjust to dogs. She loves to be right next to her person. She is microchipped, FIV/ FeLV negative, stool tested, dewormed, UTD on vaccines, and spayed. \$150 adoption fee and application apply. ■



To apply for Gia: <https://yellowbrickroadrescue.com/cat-adoption-application/> or email us at yellowbrickroadnj@gmail.com

APRIL 2023 EVENTS CALENDAR

Apr. 3, Mon.

The Ribbles Build a Residence | Friends of the Nutley Public Library

@Nutley Public Library, 93 Booth Dr.

For all ages. No registration required. Traveling Lantern Theater Company presents an interactive performance celebrating creativity and engineering! Mr. and Mrs. Ribble are newly-wedded insects with no place to live and little Ribblyroos on the way. With help from a bird architect, a construction worker ant, and the audience, they will build their beautiful dream home in the nick of time! **Time:** 11am

For more information visit www.youthservices.nutleypubliclibrary.org or call 973-667-0405 ext. 2623

Apr. 7, Fri.

gARTbage Art Contest

@Essex County Environmental Center, 621-B Eagle Rock Ave., Roseland

Pre-registration required. This contest takes a creative approach to protecting our planet from plastic pollution by pulling plastics out of the waste-stream and transforming them into works of public art. Contest participants are challenged to be thoughtful and creative in crafting art made from single-use plastic garbage (non-recyclable plastics). Team and individual projects

are welcome. Projects must be crafted to withstand the elements, as they will be showcased in an outdoor setting on the grounds of the Essex County Environmental Center. Winning entries will be displayed during the week of Earth Day! Grand prizes are awarded to entries that place 1st in their categories; 2nd and 3rd place entries will be recognized with a plaque, certificate, and a small gift from the Environmental Center.

Time: Apr. 7 registration ends | Apr. 15, 11am-2pm project drop-off

For more information visit www.essexcountyparks.org/facilities/environmental-center/calendar/gartbage-art-contest. To register call 973-228-8776 or email tcasella@parks.essexcountynj.org

Apr. 11, Tue.

Tips for Maximizing Garage Sale Revenue

@virtual event via Zoom

The days of just putting a 'garage sale' sign on your front lawn are long past in today's internet and social media world. In this session, Mike will share tips and strategies designed to help you make more money at your next garage sale. You will receive a confirmation after registering. One day before the event, you will receive an email

with directions on how to login via Zoom. **Time:** 7-8pm

For more information and to register visit <https://bccls.libcal.com/event/10206225>

Apr. 13, Thurs.

Jaycees 51st Distinguished Service Awards Dinner

@Valley Regency, 1129 Valley Rd., Clifton

In honor of the 2023 recipients.

Time: 6:30pm **Cost:** \$50.00 per person/cash bar **For tickets** call Dr. Steven Clarke at 973-235-1515. For ad book call David and Dianne Wilson at 973-667-4690

Apr. 15, 22, Sat.

Colonial Tea Tasting & Talk

@Kingsland Manor, 3 Kingsland St.

2023 marks the 250th anniversary of the Boston Tea Party. Please join in the Kingsland Manor Ballroom for a Colonial tea tasting and talk! Learn about the British East India Company and the five teas that were tossed overboard 250 years ago at Griffin's Wharf in Boston, Massachusetts. Enjoy sandwiches, desserts, and Colonial teas in a historic setting as we travel back 250 years!

Time: 1pm Apr. 15; 3pm Apr. 22

Cost: \$25 per ticket

For more information visit www.kingslandmanornutley.org

Apr. 22, Sat.

Earth Day 2023

@Essex County Environmental Center, 621-B Eagle Rock Ave., Roseland

For all ages. Bring your family, friends, and neighbors to the annual outdoor Earth festival. Enjoy a day filled with crafts, games, recreational opportunities such as canoeing and hiking, demonstrations, information, and a local eco-vendors sale, with Environmental Center staff and partner groups on hand to guide you throughout the day. **Time:** 11am-3pm **Cost:** free event; items may be for sale **For more information** call 973-228-8776 or visit www.essexcountyparks.org/facilities/environmental-center/calendar

Apr. 22, Sat.

Hudson Valley Chamber Musicians

@Nutley Public Library, 93 Booth Dr.

A one hour program of a quintet of chamber musicians that will consist of music from Baroque to Contemporary periods. Also included will be some lighter pieces, possibly a Joplin Rag. Many of the pieces performed have been arranged by the musicians to accommodate their complement of instruments. **Time:** 2-3pm

For more information visit <https://bccls.libcal.com/event/10206241>

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