

DECEMBER 2020

A community magazine serving the residents of Nutley

NUTLEY NEIGHBORS

A Toast to the
Martin Family!

Photograph by
Randall Kenneth
Photography



Best Version Media



We Take Pride in Your Care

Dr. Frank Femino specializes in hip and knee replacement surgeries using minimally invasive techniques and routinely performs partial knee replacements as an outpatient procedure.

Dr. Stephen Ducey specializes in sports medicine and performs arthroscopic procedures to knees, shoulders and hips as well as performs shoulder replacement surgery, anterior cruciate ligament reconstruction, articular cartilage surgery and patellofemoral realignment.

Dr. Seth Queler expertise in treating foot and ankle disorders enables patients to become fully functional once again. Emphasis is on conservative treatments such as Biologics, PRP and Hyaluronic acid (gel).



FEMINO-DUCEY-QUELER ORTHOPAEDIC GROUP

Payment Plans Available Regardless of Insurance Status

**45 Franklin Avenue
Nutley, New Jersey 07110**

p: 973-751-0111

f: 973-251-9029

femino-duceyorthopaedics.com



IN ALLIANCE
WITH
**EQUITABLE
ADVISORS**

973.667.8650

As a platinum group within Equitable Advisors focusing on wealth management services, our mission is to bring a high level of value to our clients through sound, objective strategies.

Please visit our website to learn more:

www.beaconwealthpartners.com

- ▶ Investment Portfolio Management
- ▶ Retirement Planning
- ▶ Estate Planning Strategies
- ▶ College Funding
- ▶ Health & Life Insurance
- ▶ Long-Term Care Insurance
- ▶ Employee Group Benefits



Michael S. Cocco,
CFP®, ChFC®
**CERTIFIED FINANCIAL
PLANNER™ professional**
mcocco@beaconwealthpartners.com



Salvatore Cocco, Jr. CLU
Financial Consultant
scocco@beaconwealthpartners.com



Daniel Cocco, CPFA
Financial Consultant
dcocco@beaconwealthpartners.com

356 Franklin Avenue, Nutley, NJ 07110 ▶ Tel: (973) 667-8650

Securities offered through Equitable Advisors, LLC (NY, NY (212) 314-4600), member FINRA, SIPC (Equitable Financial Advisors in MI & TN). Investment advisory products and services offered through Equitable Advisors, LLC, an SEC-registered investment advisor. Annuity and insurance products offered through Equitable Network, LLC. Beacon Wealth Partners is not a registered investment advisor and is not owned or operated by Equitable Advisors or Equitable Network. CFP® and CERTIFIED FINANCIAL PLANNER™ are certification marks owned by the Certified Financial Planner Board of Standards, Inc. These marks are awarded to individuals who successfully complete the CFP Board's initial and ongoing certification requirements. PPG-156512(9/20)(exp 9/22)

Offering exceptional
mortgage products
for *all* lifestyles.

 **investorsHome**
mortgage A Wholly Owned Subsidiary
of Investors Bank



Joe Isabella, Loan Officer
NMLS #347880

973.960.1000

jisabella@myinvestorsbank.com

Joe Isabella
Loan Officer

Member FDIC  Equal Housing Lender



Best Version Media®

Publication Team

Publisher:
Michael Stefanelli



Content Coordinator: Joyce Corey
Designer: Marti Golon
Contributing Photographer:
Randall Kenneth Photography
Contributing Writers:
David Wilson, Frankie Turano Jr.

ADVERTISING

Contact: Michael Stefanelli
Email: mstefanelli@bestversionmedia.com
Phone: 973-277-7301

Feedback/Ideas/Submissions: Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 25th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: jcorey@bestversionmedia.com.

Content Submission Deadlines:

Content Due:	Edition Date:
November 25.....	January 1
December 23.....	February 1
January 25.....	March 1
February 25.....	April 1
March 25.....	May 1
April 25.....	June 1
May 25.....	July 1
June 25.....	August 1
July 25.....	September 1
August 25.....	October 1
September 25.....	November 1
October 25.....	December 1

Any content, resident submissions, guest columns, advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted. All content submitted is done so at the sole discretion of the submitting party.
© 2020 Best Version Media. All rights reserved.

The End of the Year!

It's December. The month that officially puts an end to 2020. Guess what? I have mixed feelings.

I most definitely want to say goodbye to this year, but there have been some things that were pretty good too.

Although this year has been fearful and stressful, I appreciate where these months have taken me as a human being. I have seen gentleness and patience, as well as a deeper sense of empathy.

After the initial shock and panic back in March, (and that what-is-going-on moment with the toilet paper crisis!) I think we all settled down to see the best ways we can meet this unprecedented challenge.

We became aware of the most vulnerable people around us and looked to keep them safe by shopping for them or running errands. Wearing masks and washing our hands became a strategy to fight the unseen and seemingly unpredictable virus. We respected and complied with the executive orders to close schools, churches, and restaurants.

We were all on the same side—looking to survive and to overcome the biggest and baddest obstacle of our lives.

And somewhere along the way, we realized that living is the next step after surviving.

It's not enough to just test negative; we need to live in the now, even if the now is not exactly something we would have chosen.

We found ways to enjoy (yes enjoy!) staying at home. We finally had time to read, cook, clean, or take day-long naps if we needed them. We were free to feel happy, sad, fearful, or confused. We walked in our neighborhoods and parks to shed some pounds, (after eating all the snacky-snacks), but the exercise also improved our mindset and health.

We were free from routines even though we were chained to a world-wide crisis. And guess what? I have never felt more human.

I realize that we really are all in this together and, therefore, I can be patient with people, respect their feelings, and look for ways to soften the sting of this harsh time in history.

As I have been writing for this magazine for over five years, I have met so many *Nutley Neighbors* who understand that the beginning of our universe starts right here in our hometown. Kindness and acceptance are also our neighbors, and I am very happy I got to know them better this year.

As you turn the pages and read this month's stories, please remember that even though the world is a bit scary now, the people and businesses in our magazine are the constants in our lives that anchor us to the present and give us the ability to trust in the future.

Goodbye 2020 and welcome to a new year that will change us, challenge us, and bring us together as neighbors and, most importantly, as fellow human beings.





**OPEN FOR DINING THURSDAY
FRIDAY & SATURDAY**

**Accepting Reservations for
Private Parties & Events**






160 Franklin Ave • Nutley, NJ • 973.662.0242
www.mammavittoria.com • info@mammavittoria.com

 Find us on Facebook
www.facebook.com/mammavittoria

Joyce Corey Content Coordinator

Expert Contributors

To learn more about becoming an expert contributor, contact BVM at mstefanelli@bestversionmedia.com or phone (973) 277-7301



BEACON WEALTH PARTNERS, EQUITABLE ADVISORS, LLC

As a platinum group within Equitable Advisors and a local family office, they focus on wealth management, retirement planning, insurance, and group benefits.

Their mission is to bring value to clients and families through sound and objective strategies. Michael, Daniel and their father Salvatore are graduates of Nutley High School and have obtained professional degrees and certifications with a combined 60+ years of experience. Michael is a CERTIFIED FINANCIAL PLANNER™ professional (CFP®), meeting rigorous education, fiduciary training and ethical standards, while serving clients' best interests to prepare them for a more secure tomorrow.



FEMINO-DUCEY-QUELER ORTHOPAEDIC GROUP

Orthopedic surgeons specializing in joint replacement, sports medicine and foot and ankle surgery. Each physician of FDQ is distinctively skilled in his area of expertise.

Patients from as far as Europe and Asia

have sought out Dr. Femino for hip and knee replacement surgery. Local sports teams rely on the expertise of Dr. Ducey to get them back on the playing field after injuries sideline them. Dr. Queler's expertise treating the foot and ankle enables patients to become fully functional once again.



INSIGHT EYE & VISION CARE

Dr. Theresa Radtke is a 2016 graduate of the Arizona College of Optometry. Through completing a residency and clinical rotations focused in Ocular Disease, she honed her skills in diagnosing and treating a full spectrum of eye conditions. InSight Eye & Vision Care is a full service optometric practice and optical shop she opened in 2017

with hopes of providing a one stop shop for excellent eye care, eyewear and personalized service for the community.



Best Version Media®



LIGRESTI DERMATOLOGY ASSOCIATES

Doctor Dominick J. Ligresti is a Medical Doctor who is a Board Certified Dermatologist (which is the highest degree in medicine and dermatology). He is also an Adjunct Professor of Dermatology and Clinic Chief at Mount Sinai School of Medicine in NYC. He teaches medical doctors from Hackensack University Hospital. He successfully treats all skin

diseases for adult and pediatric patients, including advanced painless allergy testing. Ligresti Dermatology Associates is a full service dermatology practice including cosmetic dermatology for antiaging like: Restylane fillers, Botox/ Dysport, Chemical Peels and Microdermabrasion. The office is located at 175 Franklin Ave. Nutley.



THE CENTER FOR ORAL & MAXILLOFACIAL SURGERY AND IMPLANTOLOGY

Dr. Philip M. Echo D.M.D has been practicing Oral and Maxillofacial surgery in the area for over 20 years. The Center for Oral & Maxillofacial Surgery & Implantology is committed to making every aspect of your care as pleasurable as possible.

Providing Quality Merchandise & The Finest Service For Over 32 Years.

Trio
JEWELERS

Custom Designs & Repairs
By Our Expert On-Site Jeweler

301 Franklin Ave. • Nutley
973-667-8628

Open Tuesday Thru Saturday



Expert Eye Care Latest Eye Wear



InSightEyesNJ.com



DR. THERESA RADTKE (973) 594-0020

Styertowne Shopping Center LOWER LEVEL 1053 Bloomfield Ave. Clifton

\$99 eye exam
for first time patients

\$100 off your next purchase
of sunglasses or eyeglasses

Most Insurance Plans and FSA Accepted

Nutley Rental Property Market Snapshot

HOME SIZE	NUMBER LISTED	AVERAGE PRICE PER MONTH
One Bedroom	35	\$1540
Two Bedroom	71	\$2194
Three Bedroom	17	\$2569
Four+ Bedroom	5	\$2460

DATA RETRIEVED FROM GSMLS
FROM OCTOBER 27, 2019 - OCTOBER 27, 2020

Best Version Media does not guarantee the accuracy of the statistical data on this page. The data does not represent the listings of any one agent or agency but represents the activity of the real estate community in the area. Any real estate agent's ad appearing in the magazine is separate from the statistical data provided which is in no way a part of their advertisement.

Home Roots. Local Expertise.
RUBINO RYDER TEAM



Award Agency

210 Franklin Ave Nutley NJ, 07110

Office: 973-661-3808

Each office is independently owned and operated



Mary Broker Sales Associate | **Michael** Sales Associate

Cell: 973-477-3657 | RubinoRyderTeam@gmail.com

RUBINORYDERTEAM.COM





The Martin family, clockwise from top left: Mike, son-in-law Justin Paglia, Lisa, Kelly, Shayne, and Caroline (Paglia)

Feature Story

A Toast to the Martin Family!

By Joyce Corey Photograph by Randall Kenneth Photography

Let's raise our glasses to toast the Martin family this month! As Nutley residents, they have given us a sense of normalcy in a year that was anything but normal.

Mike Martin, the owner of Nutley Wine Shop, navigated the COVID-19 restrictions to keep staff and patrons safe, allowing him to keep his doors open. As an essential business, customers were able to buy comfort beverages at a time in our lives when stress and anxiety were at an all-time high.

Lisa Danchak-Martin, trustee on the Nutley Board of Education since 2011 and current vice-president, was at the forefront of making decisions about schools, from virtual learning to creating a restarting plan.

And in between all this, Mike and Lisa enjoyed being parents to Caroline (Paglia), Shayne, and Kelly. They also shared the fears and frustrations this year brought and looked for ways to lighten the load and the moods of those



Lisa and Mike and a dazzling skyline!

around them. This family truly captures the spirit of living here in town!

Would you be surprised to find out their story starts right here in Nutley?

"Lisa and I knew each other in Nutley High School," Mike said. "I graduated in 1979 and she graduated in 1980."

"But we became friends when we both worked part time at Nutley Wine Shop, which was then called Buy Rite," Lisa added.

"We started dating in 1986 and got married in 1989," Mike said.

Yet, two things remained constant in their lives: their love of Nutley and the wine shop where their relationship officially started.

"I bought the wine store in September 1999 and that's when I changed the name to its current one," Mike explains. "So far, I have been working there steadily since 1986."

He puts in a lot of hours, making for very long days, and weekends and holidays are always especially busy times.

"Even though I have a degree in electronics technology, I fell in love with the wine shop," he said. Mike has become a connoisseur of wines and quality craft liquors. To better serve his customers he travels to France, Spain, Germany, California, and Kentucky to decide on the best selections to feature in his shop.

"I concentrate on getting wines from local producers, not corporate companies," Mike said. His goal has never wavered all these years: he wants to give customers a variety of the best quality wines and liquors. He has a Facebook page for Nutley Wine Shop that features updates and photos.

The shop also has an extremely popular and loveable employee named Stella.

"In the early stages of the pandemic's restrictions, I was running the store with very limited staff. For most of the day I was alone. That's when I decided to bring our black Lab, Stella, to work. She kept me company for hours and even after some of the restrictions were lifted, she is still here



Mike at Nutley Wine Shop

putting smiles on people's faces."

Lisa, a project manager for Dun & Bradstreet, has been handling the aftermath of the pandemic's constraints in a different way.

"As the vice-president on Nutley's Board of Education, we had to make some hard decisions in favor of the safety of students and teachers," Lisa said. "Our restart plan was carefully crafted to take everything and everyone into consideration."

Lisa's dedication on the board has been proven throughout the years, and she

and the board members have handled the uncertainties of this year well.

It's to her credit that she never wavered from her initial reasons for getting involved.

"I was active in the PTO when our children were younger," she said. "Then I participated in many events and activities with Nutley Academic Booster Club. This organization is for students in kindergarten through sixth grade and they do some amazing things. We hosted a poetry festival, street fair, and history and science fairs with over 150

Feature Story Sponsored by Michael's Roscommon House



**MICHAEL'S
ROSCOMMON HOUSE**
Belleville NJ
Est. 1982



**Family
Owned
and
Operated**



Now Open for Indoor Dining!

Kitchen Open 11am-11pm

Bar Open till 2am

Saturday & Sunday Brunch Til 3pm

◆ ***Full Line of Packaged Goods Including Beer, Wine & Liquor Available***

◆ ***Check Out Our Facebook & Instagram Pages for Our Daily Specials***

531 Joralemon St. Belleville

973-759-0060

***See Our Full Menu at* WWW.MICHAELSROSCOMMON.COM**





Stella at work!

students. I continue to be impressed with the projects these kids do; one student explained the physics of baseball!"

Unfortunately, the restrictions enacted this year have put many events like these on hold, but Lisa remains optimistic.

The Martin family also participated in a student exchange program to share their family, home, and community.

"In 2005, Mike and I were watching the news and there was a story

about exchange students that landed at Newark airport and, due to unforeseen circumstances, there were not enough families to host them," Lisa said. "Mike and I looked at each other and said we knew we should help out. It's been a very rewarding experience. We have hosted eight students from Austria, France, Germany, and Italy."

"Our daughter spent her junior year of high school living with an Italian host family and attending an Italian high school," Mike said. "The student we hosted from Italy, Alessandria, spent a year with us; she attended and graduated from Nutley High School. It was a great cultural experience for our family."

While the Martin family's thoughts reach beyond the local community, the pandemic has curtailed their recent travel plans.

"We were going to go to Normandy for the D-Day celebration but that was canceled," Mike said. As a World War II hobbyist, this was a major disappointment, but Mike acknowledges that "this year is one of uncertainty."

Another cancellation was the dinner to honor the recipients of the Nutley Jaycees award. Mike was chosen



Justin and Caroline

Businessman of the Year for 2020.

Yet, despite the lockdown and the resulting let-downs this year, the Martin family is glad to be living here in town.

"Nutley is the center of the universe," Mike said.

"Whenever we go on vacation, we always meet someone from here. This even happened while in Paris!"

"This is our third house in Nutley," Lisa said. "We loved the block parties we had at our first home. Hopefully, after the COVID restrictions we can do things like that again. We really would not want to live anywhere but here."

Both Mike and Lisa agree that it's important to "know your neighbors."

When difficult things happen, like most of 2020, having neighbors you trust around you makes things a whole lot better. Mike and Lisa Martin are Nutley Neighbors that do just that. ■

We are always looking for fascinating residents to feature in Nutley Neighbors. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com.

5

Five Things The Martin Family Loves About Nutley

1. The parks
2. Wonderful people!
3. Community spirit where everyone comes together to help others
4. Old town charm with houses of different types of architecture
5. Proximity to New York City, stadium, mountains, the shore and the Poconos





THE JOB HAINES DIFFERENCE

Assisted Living Long Term & Respite Care Sub-Acute Rehabilitation

**For More Information and to
Take a Tour Call 973-743-0792**

Established in 1897. Job Haines Home has been a Regional Leader in Senior Care for Generations.




WWW.JOB-HAINES.ORG 250 BLOOMFIELD AVE BLOOMFIELD

What Was It Like to Grow Up in Nutley 100 Years Ago?

By Barry Lenson, Art Historian,
Nutley Historical Society

People often say that Nutley is a great town to grow up in . . . it always has been. Those people are telling the truth, as you can see in this selection of historical photos of Nutley children from the collection of the Nutley Historical Society.

All of these photos were taken about 100 years ago, and all of them prove that Nutley has always been a great place to be a kid.

Enjoy this window into the past! ■



A little girl named Frances at 22 months old

The Nutley Historical Society is a not-for-profit organization dedicated to serve the educational, cultural, and historical needs of our community. They are located at 65 Church Street, Nutley and can be reached by phone: 973-667-1528.



Studio portrait of a little girl



Out for a walk in a wicker baby carriage

Nutley History



Two little girls all dressed up with somewhere to go



Yantacaw School students in 1902



Class picture circa 1900



*Our Family Serving Your Family with
Dignity, Respect and Compassion Since 1941*

MEMBER OF THE NEW JERSEY
PREPAID FUNERAL TRUST FUND

INDEPENDENT
& FAMILY OWNED

Anthony A. Biondi, Jr.
Manager, NJ Lic. #3893

Anthony A. Biondi, Sr.
Director, NJ Lic. #2350



540 Franklin Avenue • Nutley, New Jersey 07110 • 973.661.2800 • Visit us at: www.BiondiFuneralHome.com

Nutley Thriving Survivors Taking a Walk

By Joyce Corey

Nothing can stop Nutley Thriving Survivors! When their signature October walk was canceled because of the pandemic's restrictions, the walk went viral.

Everyone who registered received a pink sweatshirt, a pink mask, and was invited to walk through town, take photos, and post them on the group's Facebook page.

To see additional photos or to find out more about Nutley Thriving Survivors, Inc. visit their Facebook page. ■



Top: At town hall. Left: Cheryl Gaccione and Nick in masks. Right: Town hall ladies. Above: Fazio kids on bench

**Mortgage Rates are
Back to 7-Year Lows!**

guaranteedRate®

Brendan McMullen

VP of Mortgage Lending

o: (973) 939-8662 c: (201) 478-0006

brendan.mcmullen@rate.com

Rate.com/BrendanMcMullen

139 Chestnut St. Nutley, NJ 07110



NMLS ID #2611 (Nationwide Mortgage Licensing System www.nmlsconsumeraccess.org)
NMLS ID: 786168, LO#: NJ - Licensed

**Call or Stop in to our
Brand New Location in Nutley
for a consultation**

Kimberley A. Donohoe

• ATTORNEY AT LAW •



**General practice
specializing in:**

- Special Needs
- Real Estate
and Municipal
Court Matters
- Estate Planning &
Administration

.....
You can trust in over
20 years experience
in handling
guardianship cases
for young adults
through the elderly.

Nutley, New Jersey

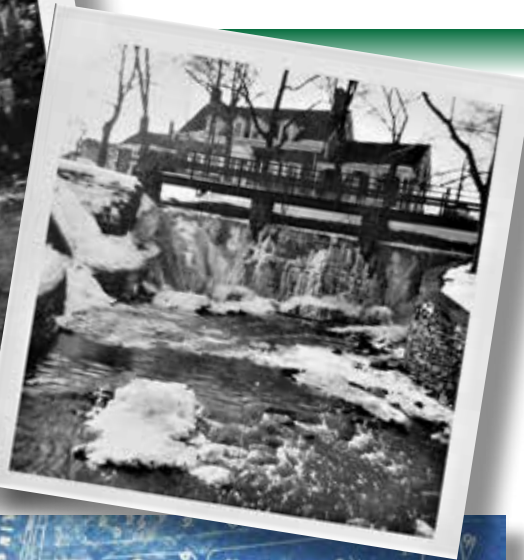
Phone (973) 562-0079 • Fax (973) 562-0075

KimberleyDonohoeEsq@verizon.net

Kingsland Park Waterfalls

PART 2 OF A 2-PART SERIES

By David Wilson



The pond served many recreational purposes including fishing, boating, ice skating, and even swimming. The 1936-37 engineering plans show some WPA projects for park improvements that included dredging and leveling of the river beds, new brownstone access steps, and concrete reinforcement of the main dam. The dredged materials were deposited along the riverbanks for economy and soil replenishment.

Additional improvements in 1957 involved lowering the dam by two feet to help alleviate flooding conditions upstream and more dredging to remove snags and weeds that impeded water flow. Newly exposed brownstone wall was repointed. Much of the dredged material was deposited on the south end of the pond, expanding the area for the future United Nations Garden. Lastly, in the mid-sixties, more dredgings were deposited on the riverbanks to create the channels we have now. The only reminder of the pond is the brownstone stairs-to-nowhere at the bottom of Howe Avenue that used to end at the water's edge and allowed for feeding ducks and recreation access.

The area still serves us with its beauty as a back drop for many celebratory pictures of graduations, weddings, engagements, and nature photos. People fish the dam hydraulics and search for crayfish. The upper island is only accessible for the adventurous that waded the stream and then climb the buttresses to the top. A local kid's goal was to have enough traction, speed, and strength in their legs to make the run up the steep cement ramp with fishing pole in hand. Wow, we were kings of the world!

In the array of pictures, we can see a foot bridge from the late 1940s spanning the secondary dam in front of the Manor. Another picture shows a great boulder on the lower island that many a child climbed and was photographed on. When the walls of the lower island were raised, the boulder disappeared and I have not found anyone who knows its whereabouts.

My friends and I spent many hours exploring this kid's wonderland. One time we found a rock conglomerate that had chunks of gold in it; we were rich, until it proved to be fool's gold. The arch bridge under Kingsland Road

Top left: Robert and David Wilson 1958. Top right: 1940s frozen spillway with foot bridge to island and Kingsland Manor. Left: 1936 work map by Dudley R. Shepard, town engineer

was our spot for catching twenty-four-inch carp. We accepted the dare to walk the dam and some even rode their bikes across. During the winter we ice skated until curfew on the frozen channels and tended the bonfires. The clear, cold, starry nights and full moons, with the thunder of cracking ice

will forever remain in our memories.

Another personality of this dam arises after storms that either make the water roar or freeze into a magnificent frozen masterpiece. Be sure to bring a camera when you visit. This area is so steeped in history and I thank everyone who supplied stories, pictures, blueprints, memories, and news articles on this picturesque area of Nutley: John Demmer, Leon Kish, Frank DeMaio, Amanda Weischedel, Ray and Robert Wilson. ■

David Wilson is the author of Fire in Our Lives, a book containing stories, experiences, and advice from his forty-year career in public safety. Available at Amazon, Barnes & Noble and Google Play.

The Right Realtor Makes a Difference

CALL TODAY FOR A COMPLIMENTARY MARKET ANALYSIS



Margaret Cozzarelli

973-667-3000 • Office

973-951-6705 • Cell

244 Chestnut St.

Nutley, NJ 07110



Each office independently owned and operated



Bees are Nutley Neighbors Too!

By Joyce Corey

When we're thinking of our Nutley neighbors, let's remember the bees. Our entire planet owes thanks to this amazing, yet under-appreciated insect. The greatest contribution of bees is the pollination of the plants that produce 90% of the world's food.

While we cannot put out a welcome mat for them, Nutley has been encouraging bees to stay in town. We have plenty of parks with bee-attracting plants and a great garden center with knowledgeable staff to point out the best food sources for our pollinating little friends.

David Wilson, one of our magazine's contributing writers, has created a nurturing environment right in his backyard for these vital insects. His organic lawn and garden is home to a very active bee colony that returns the favor by pollinating his vegetable plants.

In a different way, Denise Costantino, a local Nutley artist (ddarchitecturaldesign.com) welcomes bees with her paintbrush, by creating an inspiring mural for a local shop.

"I love watching bumblebees tap dance among my lavender beds, then tango with a butterfly, and go off to pollinate the next neighbor's garden patch," she said.

These summer day observations were sketched in her notebook and then came alive on the walls of



Hyssop Beauty Apothecary, located on the corner of Bloomfield Avenue and High Street. The botanical floral design features climbing leaves and a bee who is happily enjoying the flowers.

Shop owner, Mary Spinella, asked Denise to include a few hand-painted hyssop, rose, lavender, and hibiscus plants.

"I asked Mary about the significance of hyssop and she said it is a beautiful, thick, green and purple hedge with bluish purple flowers. Gardeners plant it in flower beds to attract butterflies and bees," Denise said. "In fact, the shop's name comes from this ancient herb that is used for purification and cleansing."

To further enjoy the contribution bees make in Nutley, the local farmers market features honey made right here in town.

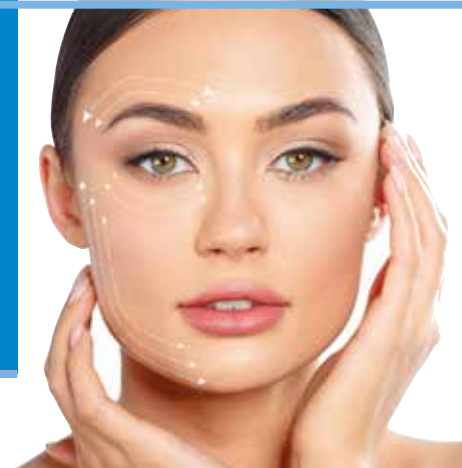
As our Nutley neighbors, bees are ideal. They give us so much and it's wonderful how the town welcomes them with plants, beehives, and even a mural! ■

Ligresti

DERMATOLOGY

General & Cosmetic
Dermatology Serving Adult
& Pediatric Patients

175 Franklin Avenue, Suite 103
(1st floor) Nutley, NJ



Look Great Feel Great

- Surgical Procedures
- Skin Care Products
- Cosmetic Services
- Advanced Allergy Testing
- Botox/Dysport
- Microdermabrasion
- Dermal Fillers
- Chemical Peels
- Restylane

(973) 759-6569
LigrestiDermatology.com

Randall Kenneth

PHOTOGRAPHY

Capturing your most cherished memories



Weddings - Anniversaries - Engagements
H.S. Seniors - Portraits - Headshots
And so much more!

Randall Kenneth Photography
862-208-2807
www.randallkenneth.com

Pet Corner

Adopt Us!

Submitted by Yellow
Brick Road Rescue NJ



Meet Ruby! Ruby is a 6-month-old female. She is very sweet and would make the perfect addition to any family. She loves to purr and snuggle each night. She is dog, cat, and kid-friendly. She is microchipped, FIV/FelV negative, stool-tested negative, dewormed, UTD on vaccines, and spayed. \$165 adoption fee and application apply.

To apply for Ruby visit www.yellowbrickroadrescue.com/cat-adoption-application/ or email us at yellowbrickroadnj@gmail.com

Submitted by Jersey
Pits Rescue Inc

Leo joined us this summer and he was a total wreck—physically, mentally, and emotionally. He was seized off a property with 11 other dogs in South Jersey and sadly, our little friend Leo was the most traumatized and abused



out of all of them. When we first pulled him, he was in total shock. As time went on and he started coming out of his shell, we began to realize the depths of his emotional suffering. Leo was becoming more reactive to dogs and seemed like he could never ever relax. He couldn't shut his mind off. We started in-home training, but it became clear he needed more.

Leo has been working with our friends at Bullies Behaven, and we are truly stunned by the progress he has made. He is much more relaxed, happy, and balanced now. His reactivity and nervous, impulsive energy are no longer apparent. We are grateful that he can finally feel relief and peace from his past of torture. Leo is young, about 1 or 2 years old and weighs about 35 pounds. He is looking for experienced fosters or adopters without other pets or children. Leo comes completely professionally trained but he needs a family that is willing to provide him with the structure he needs. Leo truly deserves this chance more than we can even express. If you're interested in fostering or adopting Leo, please apply today at www.jerseypitsrescue.com. ■

RECOVR
ACUPUNCTURE & SPORTS REHAB
Dr. Alan M Genitempo, LAc, DACM



10% OFF
Any Cash Package

One coupon per person. Must present AD along with coupon. Expires 01/01/2021

ONE FREE
Cupping Session

One coupon per person. Must present AD along with coupon. Expires 01/01/2021

259 Washington Ave, Nutley, NJ

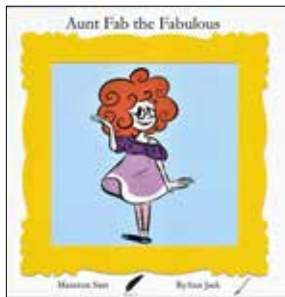
973-320-9325
www.recovrnj.com

SCAN TO
VISIT OUR
WEBSITE



Aunt Fab the Fabulous

By Maureen Saar



I've always enjoyed expressing myself through writing. Most of my writing has been in the context of my professional life as a teacher of the blind and visually impaired. Over the years, I have also written many poems to celebrate milestones in the lives of family and friends, most of

them on the playful side to be read on the occasion to capture memories and elicit some laughs. My most heartfelt writing has been in the form of poems written for each of my five grandchildren when they were toddlers.

My inspiration for the book, *Aunt Fab the Fabulous*, came when I was at a family party and someone mentioned that Aunt Fab was coming. Aunt Fab turned out to be the nickname of Suzanne Cozine, who was raised in Nutley, and it was given to her by her many nieces and nephews in the Cozine, Keating, and Saar families. The nickname sparked my imagination and I told her that someday I would write a book about an Aunt Fab.

I started writing *Aunt Fab the Fabulous* in the car while returning from a visit to Vermont. It's been my habit to write while traveling when my husband is driving. I had recently retired and decided now was the time. When I got home and checked the mail, there was a brochure from Montclair Library's Adult School announcing the course Writing Children's Picture Books. Talk about serendipity! The timing was perfect and I signed up for the course which was taught by a professor from Montclair University. Following the course, a few of us remained together as a writing group and we have all self-published and have works in progress.



RyAnn Jack, illustrator, and brother, Nathan Niskach



Maureen Saar, author

In *Aunt Fab the Fabulous*, I have attempted to capture the notion that an ordinary day can turn into an extraordinary day when having fun is the only goal. (It is the same sentiment expressed in my poems for my grandchildren.) The book is written in rhyme and is geared toward young children in pre-school through third grade. In the book, I have provided space for a child to personalize the story

by writing his/her "Aunt Fab's" name and drawing a picture. I've had the opportunity to read my book at Lacordaire Academy in Montclair and at Montessori Minds in Belleville and have found that the children are eager to share their own "Aunt Fab" experiences during discussion and follow-up activities.



RyAnn Jack, illustrator

Illustrations are key to a children's book and I was fortunate that my niece, RyAnn Jack, had already illustrated a published book. When I saw her work, I asked if she would be interested in working with me. She is extremely talented, and I am so grateful for the way her original drawings have brought my story to life. What might be interesting to some is that RyAnn has Asperger's which in no way defines her, but rather is a testament to all that she is and has achieved. She is a remarkable young woman. RyAnn is presently working on illustrations for my second children's book, a Christmas story, called *Sam and the Family Tree*. ■

Aunt Fab the Fabulous is available online at Amazon or through the author at maureensaar@gmail.com

The Community School in Nutley
Celebrating 50 Years!

For further information:
www.communityschoolnutleynj.com
Email: csnutley@optonline.net
973-661-0789

Infant Toddler Program
200 Highfield Lane

Full Day Program
100 Vincent Place

Half Day Program
10 St. Paul's Place

- Serving children 3 mos.—5 yrs. • Experienced & Certified Staff
- Individual Classrooms • Art, Music, Yoga & Movement Weekly
- Using Creative Curriculum, a research based program
- State Licensed • Participating in Grow NJ Kids • Summer Program

★★★★★
4-Star Rating
from Grow
NJ Kids

Nutley Public Librarians Select Their Favorite Books, Movies, and Music for 2020

By Michelle Salimbene Albert, Acting Director

As the darker and colder winter days come upon us, it is the perfect time of year to curl up with a good book, get cozy, and watch a film, or relax to the sounds of music. The following is a list of favorite books, movies and music suggested by your local librarians.

■ CURL UP WITH A GOOD BOOK

For fiction readers, *The Lending Library*, a heart-warming debut novel by Aliza Fogelson, tells about the journey of a daydreaming book lover who opens her own lending library after her local library closes indefinitely.

Filled with hope, humor, and four-legged love, *Who Rescued Who* by Victoria Schade, is a light-hearted, feel-good rom-com about a Silicon Valley social media influencer who, while settling her family's affairs in the English countryside, rescues a dog and realizes there is more to life than "likes."

The Searcher by Tana French follows a recently divorced and retired Chicago police officer who settles in a remote Irish countryside town and reluctantly assists in the search for a missing boy.

The Vanishing Half by Brit Bennett tells the story of twin girls who grew up in the segregated south and ran away at the age of sixteen. Told over a span of forty years, familial values, privilege, racial identity, and lies are explored through the sisters' disparate lives.

Graphic novel fans will appreciate *Battle Born: Lapis Lazuli*, written and illustrated by infantry Marine and Iraq veteran Maximilian Uriarte. This epic saga is told from the voices of a new generation of military veterans set in the backdrop of the snow-capped mountains in Afghanistan's Badakhshan Province.

Graphic novel fans will also enjoy *The Adventure Zone: Petals to the Metal*, authored by the McElroy family and illustrated by Carey Pietsch. This was adapted from the superb podcast "The Adventure Zone," where three brothers and their dad play a tabletop RPG in realtime and embark on adventures which include new friendships, pining for outlaw lovers, and a rollicking race.

For non-fiction readers, *The Gift: 12 Lessons to Save Your Life*, by ninety-year-old holocaust survivor and psychologist, Dr. Edith Eger, takes the reader through a series of lessons learned from the life struggles of her clients which she feels will help guide us in overcoming mental blockades and the everyday challenges we encounter.

In *No Time Like the Future*, Michael J. Fox shares personal stories and observations about illness and health, aging, the strength of family and friends, and how our perceptions about time affect the way we approach mortality.

Let's face it, even though we have all been told we can be anything we want, for the majority of us, this simply isn't true. Relatable, insightful, and hilarious, Samantha Matt's *Average is the New Awesome: A Manifesto for the Rest of Us*, encourages us to embrace the awesomeness of being average



and accept that good enough really is good enough.

Gardeners and flower enthusiasts will enjoy *The Complete Language of Flowers: A Definitive and Illustrated History* by S. Theresa Dietz. This is a comprehensive dictionary for over 1,001 flower species from around the world paired with stunning visuals and the history and symbolism of each flower.

Let watercolor author and artist Ana Victoria Calderon guide you as you explore and create expressive palettes and paintings while following *Color Harmony for Artists: How to Transform Inspiration into Beautiful Watercolor Palettes and Paintings*.

In her third cookbook, *East: 120 Vegan and Vegetarian Recipes from Bangalore to Beijing*, Meera Sodha draws on ingredients and techniques used throughout Asia to create easy-to-follow recipes to make in a hurry.

Preschool-aged children will be inspired reading *When Grandpa Gives You a Toolbox* by Jamie L.B. Deenihan, a story about a boy who is disappointed with his grandfather's gift, until he learns he can build the gift he wanted using his own two hands and the tools inside the box.

Elementary-age children will enjoy reading *Normal: One Kid's Extraordinary Journey*, a biography by Magdalena Newman. This is a touching memoir about the real-life experiences of a child with craniofacial differences, and the support and love from all those around him.

Donut the Destroyer by Sarah Graley is a Continued →

D&L AUTOMOTIVE

Foreign & Domestic Repairs
Established 1974

**251 Washington Ave.
Nutley**

(973) 667-4688

**Complete
Automotive Services**

Emission Repair Facility
Brakes • Tires
Batteries • Electrical

Oil Changes

Electronic Computer
Diagnostics

Shocks & Struts

Front End Specialist
Mufflers & Exhaust

Classic Cars Welcome

NJ STATE
INSPECTION FACILITY

www.DandLAutomotiveNJ.com



SHARE YOUR STORIES

Do you know any local student athletes, coaches or teams who deserve some recognition? Tell us why! Visit our website to submit your articles and videos so we can feature the go-getters and MVPs in your neighborhood.



**SUBMIT
YOUR
STORY
TODAY!**



**BVM SPORTS:
ONE PLACE.
ALL SPORTS.**



DOWNLOAD THE **BVM SPORTS**
APP ON YOUR MOBILE DEVICE

► JOIN US ON SOCIAL MEDIA



Continued from page 15

hilarious and unique graphic novel about a girl who lives in a world where everyone is born with a superpower and must decide if they will use that power for good or evil. With a first name "Donut" and a last name "Destroyer," Donut has a difficult time convincing her schoolmates that she chooses a life of heroism, different from her villainous family.

■ WATCH A FILM

Presented by Bleeker Street and ShivHans Pictures, "Hotel Mumbai" follows the victims and survivors of the tragic November 26, 2008 terrorist attacks on the iconic Taj Mahal Palace Hotel in Mumbai, India, where guests and staff became trapped in a heroic, days-long fight for survival.

Adapted from the literary classic and starring Harrison Ford, Walt Disney's film "Call of the Wild" tells the story of Buck, a domestic dog uprooted from his California home and brought to the wilderness of the Alaskan Yukon during the Gold Rush of the 1890s.

Based on the book by Peter Carey and starring George MacKay and Russell Crowe, "True History of the Kelly Gang" is the story of Australian bushranger Ned Kelly and his gang as they escape from authorities during the 1870s.

Winning a record-setting nine Emmys for its final season including Emmys for its stars, Catherine O'Hara, Dan and Eugene Levy, and Annie Murphy, binge watch the six seasons of "Schitt's Creek," a hilarious sitcom about a wealthy family who suddenly find themselves forced to face their newfound poverty in a quirky, rural town.

■ RELAX TO THE SOUNDS OF MUSIC

"Letter to You" is Bruce Springsteen and the E Street Band's letter to us all. This twelve-track album was recorded in Springsteen's New Jersey home last November and is his first album with the E Street Band in over five years.

Elton John, "Jewel Box" is a boxset by the Rocketman that encompasses album tracks, demos, B-sides, and other rarities with nearly sixty songs never released.

In his surprise new album, "Long Violent History," Kentuckian Tyler Childers compiles a collection of instrumentals, bluegrass, and folk that fans will recognize, along with lyrics that speak out about social injustice and responsibility.

Imagine being able to book one of your favorite bands to perform at your high school. Danny Scher, a student at Palo Alto High School in California in 1968, did just that. Thelonius Monk and his band were on tour in California and were able to schedule time to perform a set at Danny's high school. Digitally remastered from archived tapes stored in Danny's family home attic for decades, we can now hear the complete concert played over fifty years ago.

In addition to the librarians' favorites listed above, there are thousands of items to choose from at the Nutley Public Library and throughout the Bergen County Cooperative Library System (BCCLS) that will satisfy interests across all ages. As always, be sure to ask your librarian for additional suggestions throughout the new year. ■



Individual Therapy & Counseling
Family Therapy
Online Counseling
Major Health Insurance Carriers Accepted

Anxiety • Addictions • Trauma
Child and Adolescent Issues • Anger

862-930-5700 Simona Cassatly
EDM, LPC, CCTP

TimeToHealCounseling.com
1018 BROAD ST. SUITE 6, BLOOMFIELD NJ 07003



GOOD VIBES

Now offering personally distanced Indoor classes.
8 Person Max
Spaced 8ft. Apart
& Partitioned

Live stream & on demand classes still offered.

FIND OUT MORE AT:
WWW.GOODVIBESYOGABAR.COM
OR EMAIL INFO@GOODVIBESYOGABAR.COM



Your Hometown Realtor for 60 Years

"Its Not Just Business, Its Personal."

Member NUTLEY Chamber of Commerce

Family Owned Business since 1955

973.667.1732

165 FRANKLIN AVENUE NUTLEY
www.MoscaraRealtors.com

Do You Know the Value of Your Home?

With this ad get a **COMPLIMENTARY MARKET ANALYSIS** No obligation.







C. Walter Searle Insurance Agency, LLC

ROBERT SEARLE
410 Franklin Avenue, Nutley, N.J. 07110
Cell (973) 650-0954 • Fax (973) 235-1730
rsearle@searleinsurance.com

At the C. Walter Searle Insurance Agency we have been serving the insurance needs of individuals, families, and businesses in NJ since 1926.

- Home Insurance
- Auto Insurance
- Business Insurance
- Health Insurance
- Life Insurance

Contact us for a free quote! (973) 667-2577 www.searleinsurance.com

EVENTS CALENDAR **DECEMBER** 2020



At the time this magazine went to print, all event times and locations were accurate, but please check event websites for the most current information. Some events may have been postponed or canceled.

Dec. 1, 15, Tue.

Board of Commissioners Meeting

@virtual event

Please take notice that the regularly scheduled meetings of the Board of Commissioners will take place via Zoom webinars for the remainder of 2020. Members of the public may participate by utilizing their PC, iOS, or Android device to visit the Zoom link or by dialing in through their telephone.

Time: 7pm

For more information, Zoom access link, and call-in numbers, visit www.nutleyfamily.org/meeting-agendas-and-minutes

Dec. 2, 16, 30, Wed., Dec. 3, 17, 31, Thurs.

Food Pantry Distribution

@Nutley Family Service Bureau, 169 Chestnut St.

For information or to schedule an eligibility appointment call 973-667-1884. All calls and appointments are confidential.

Time: 2-5pm Wed., 10am-1pm Thurs.

For more information visit www.nutleyfamily.org/food-pantry/

Dec. 3, Thurs.

Fall Mental Well Being Workshop

@virtual event from Nutley Family Service Bureau

Amy Celento instructs NeuroMovement: Connecting Mind and Body. Nutley Family Service Bureau is pleased to announce that the Fall 2020 Mental Well Being

Workshop series is continuing virtually. During this time of crisis, optimizing mental well-being is especially important. The offerings focus on mind-body yoga, beneficial across the age range. The sessions are led by certified instructors who have expertise in the specific yoga being presented. No yoga experience is necessary to participate.

Time: 7-8pm

Cost: Free

For more information call 973-667-1884 or visit www.nutleyfamily.org/resources/workshops/

Dec. 5, Sat.

All Recovery Meeting (Online)

@virtual event from Clara Maass Medical Center

All Recovery Meetings are non-denominational and offer an opportunity to focus on the hope found in recovery. Recovery does not happen alone. Join this group and connect with others who are initiating and maintaining a recovery lifestyle. All Recovery Meetings are facilitated by trained and certified IFPR Peer Recovery Specialists and provide social support for those seeking or maintaining recovery, as well as family members, friends, and supporters of those who have been influenced by substance use.

Time: 12-1:30pm

For more information, other dates and times, and meeting links, visit the Clara Maass Medical Center event calendar at www.rwjbh.org/events/

Dec. 5, Sat.

Electronics Recycling Collection Day

@Municipal Parking Lot 7, 1 Franklin Terr. (on Franklin Ave. behind Bella Luce)

Please note the new social distancing guidelines: All items must be placed in the trunk of

your vehicle, you will need to stay in your vehicle at all times, and workers will not take items directly from either yourself or the back seat of your vehicle. Acceptable items for collection are as follows: computers, laptops, fax machines, microwaves, monitors, printers, scanners, stereos, speakers, VCR or DVD players, and televisions.

Time: 9am-1pm

For more information call the Department of Public Works at 973-284-4984

Dec. 5, Sat.

Joe Fischer's Holiday Magic Show

@virtual event from Nutley Public Library

This favorite magic show has gone virtual! A holiday program for all ages.

Time: 11am

For more information, Zoom link and password, and to register visit www.youthservices.nutleypubliclibrary.org

Dec. 7, Mon.

Chesstronauts

@virtual event from Nutley Public Library

For grades 3-8. Learn to play chess from the Chesstronauts, five students from Montclair Kimberley Academy with a passion for chess. Via their online chess platform, they can teach everything from basic chess moves to advanced strategies. All skill levels welcome! Participants will receive a Zoom program link and password after registering.

Time: 4-5pm

For more information and to register visit www.youthservices.nutleypubliclibrary.org

Dec. 7, Mon.

Dungeons and Dragons Club

@virtual event from Nutley Public

Library

For grades 6-8. Discover the awesome world of D&D at this virtual meet-up!

Time: 6:30-7:30pm

For more information and to register call the Children's Desk at 973-667-0405 x2623

Dec. 7, Mon.

Virtual DISH! The Monday Night Cookbook Club

@virtual event from Nutley Public Library

Each month, participants will choose, prepare, and share a DISH! from a selected cookbook. Then, gather online to discuss each other's recipes, cooking techniques, and share stories. Registration is required. Zoom connection information will be emailed to participants prior to the meeting.

Time: 7-8:30pm

For more information email michelle.albert@nutleybccls.org or call 973-667-0405 x2623. To register visit www.nutleypubliclibrary.org/dish-cookbook-club/

Dec. 17, Thurs.

Comprehensive Blood Screening Program

@Clara Maass Medical Center (Cancer Center Conference Room), 1 Clara Maass Dr., Belleville Screening includes a complete cholesterol profile and glucose test in addition to other elements including electrolytes and a complete blood count. Preregistration is required.

Time: 7-9pm

Cost: \$40 payable at time of screening For more information and to register call 1-888-724-7123. For a full list of what is included on the blood test, visit www.rwjbh.org/events/event/?event=15783



**Live Music Thursday,
Friday, Saturday!**

Check Website, Facebook or Instagram for Details



**We Carry
Every
NFL game!**

**Sunday Brunch
12-4pm**



789 BLOOMFIELD AVE. NUTLEY 973-542-8676 theoakleykitchen.com



Your Community Funeral Home
Professional, Compassionate Service 24 Hours a day, 365 Days a year

John F. Brown
 Manager
 License No. 2633

267 Centre Street
 Nutley, NJ 07110
www.swbrownandson.com
 (973) 667-0875

Participant in the NJ Prepaid Funeral Trust Fund

PETRELLA PAVING & MASONRY

Residential • Commerical • Industrial

Family Owned and
 Operated Since 1912

- **ASPHALT**
- **SEAL COATING**
- Belgium Blocks
- Steps & Patios
- Pavers
- Water Drainage
- Sidewalks
- Retaining Walls



Fully
 Insured &
 Bonded

973-661-9393

35 Park Ave Nutley, NJ
www.petrellapaving.com



Important Phone Numbers - www.NutleyNJ.org

Emergency 911
 Police Department..... (973) 284-4940
 Fire Department (973) 284-4940
 Town Hall (973) 284-4951
 Library (973) 667-0405

Parks and Recreation (973) 284-4966
 School District..... (973) 661-3500
 Chamber of Commerce (973) 667-5300
 Public Affairs & Health Dept. (973) 284-4976
 Public Works (973) 284-4958



CT Scan Guided Dental • Implant Placement
 Extractions • Wisdom Teeth • Joint Disorders (TMJ)
 Bone & Soft Tissue Grafting • Facial & Oral Trauma
 Treatment of Tongue Tie • Facial & Oral Pathology
 Surgical Orthodontics (Exposure of Impacted Teeth)
 Surgical Endodontics (Apicoectomy)

~We Accept Most Dental Insurances~

DR. PHILIP M. ECHO D.M.D.
187 WASHINGTON AVE.
SUITE 1B • NUTLEY
973.667.5844

On Call For Emergencies - 24 Hours A Day

www.EchoOralSurgery.com