

FEBRUARY 2021

A community magazine serving the residents of Nutley

NUTLEY

NEIGHBORS



Family Keeps Them Running

*Jason, Erin, Colin,
and Mikaela Staggars*

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March 25.....	May 1
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May 25.....	July 1
June 25.....	August 1
July 25.....	September 1
August 25.....	October 1
September 25.....	November 1
October 25.....	December 1

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Letter to Residents



Short Isn't Less

Did you ever wonder why February is so short? Not that I mind really. I am not a fan of winter, so I am not looking to add days to this month.

First thing I discovered was a conspiracy theory about February. (Cue the drum roll.)

Apparently, there is a rumor that Augustus Caesar stole a day from February to add to the month that is named after him - August.

As intriguing as that may sound, the real reason is that the first calendar was only 10 months long. Since farming was such a big deal in ancient Rome, no one bothered to name the time between harvests. They just called it winter which pretty much summed up this cold, dark time.

But a calendar with only 10 months began to fall out of sync with the Lunar calendar. To fix this, January and February were officially added to the lineup.

Sounds like a good plan right? It would have been if the ancient Romans weren't superstitious. They thought even numbers were unlucky so the months were either 29 or 31 days but that still didn't sync up with the phases of the moon.

One of the new months had to be an even number and February was chosen to have 28 days. (Let's not even talk about leap year ok?)

You may be asking yourself what all of this has to do with Nutley and this issue of the magazine. Good question.

I used to think February was just a month to speed through since it wasn't long and probably not too important.

I was wrong. When you read through this issue you will see that our Nutley community values every day in every month, whether it's 31 or 28 days.

We have articles about the civic mindedness of the NHS girls' soccer team and the boys' wrestling team. They each gave back to the community in practical ways.

And in case you wonder if one person can make a big difference, Dr. George Bronson Philhower was a Nutley neighbor from the past whose contributions to this town are still being talked about today.

But let's start with the cover story about the Staggers family. Jason and Erin met on their college track team and, since then, they have married and added two little 'teammates' to their home: Colin and Mikaela.

Both Jason and Erin are teachers (a job that was made more challenging during the COVID restrictions and lockdowns) but they always have time to enjoy their family which is the best thing we can do in a short (or long!) month.

Here's hoping that mini-sized February will give us all opportunities to maximize our involvement in town.

Joyce Corey Content Coordinator

Expert Contributors

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with hopes of providing a one stop shop for excellent eye care, eyewear and personalized service for the community.



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Doctor Dominick J. Ligresti is a Medical Doctor who is a Board Certified Dermatologist (which is the highest degree in medicine and dermatology). He is also an Adjunct Professor of Dermatology and Clinic Chief at Mount Sinai School of Medicine in NYC. He teaches medical doctors from Hackensack University Hospital. He successfully treats all skin

diseases for adult and pediatric patients, including advanced painless allergy testing. Ligresti Dermatology Associates is a full service dermatology practice including cosmetic dermatology for antiaging like: Restylane fillers, Botox/ Dysport, Chemical Peels and Microdermabrasion. The office is located at 175 Franklin Ave. Nutley.



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2020 Nutley Real Estate Summary

SOLD PROPERTIES

Condominiums & Cooperatives.....	45
Town Homes	36
Single Family Homes	252
Multi-Family Homes.....	24

RENTED UNITS..... 131

DATA RETRIEVED FROM GSMLS

Best Version Media does not guarantee the accuracy of the statistical data on this page. The data does not represent the listings of any one agent or agency but represents the activity of the real estate community in the area. Any real estate agent's ad appearing in the magazine is separate from the statistical data provided which is in no way a part of their advertisement.

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The Balsanio family:
Matthew, Sal, Sharon, and P.J.

Feature Story

Family Keeps Them Running

By Joyce Corey Photographs by Randall Kenneth Photography

Jason and Erin Staggars met on their college track team and that encounter literally set the course of their lives together.

"I was 20 when we met at Kean University," Erin said. "Jason and I were jumpers, mostly the high jump and pole vault."

"I think I did most of my running trying to get back to campus for track practice," she joked. "I chose to do my student teaching in Elizabeth, New Jersey so I could make it back to Kean University for practice."

Erin was hired in that school and worked there for a year. "I then returned to Kean where I got my master's degree

and worked as a graduate assistant at the Kean University Child Care and Development Center for two years."

She returned to the school in Elizabeth where she worked until her maternity leave.

"I was transferred to a different school in September of last year and am now teaching kindergarten remotely," Erin said.

Jason graduated from Kean University with a BA in Recreation Administration and a specialization in community recreation.

"I'm a paraprofessional at Wayne Hills High School and head coach for cross country, winter track and field, and the boys' spring track and field," Jason said.

The couple was married on July 13, 2014.

Joining their family 'team' is Colin, age 5, and Mikaela, age 2.

Going from college track teammates, to spouses, to parents has the Staggers running yet again, but in different directions.

"As a family we are pretty active," Erin said. "We enjoy hiking and water sports, like tubing and water skiing."



"I do a lot of running and biking," Jason added.

"And here's a secret from someone who was on the college track team: I am not crazy about running," Erin jokes. "I love the sport, but I do not like running."

The exception, however, is one of the family's newest activities.

"With the lockdown, we wanted to make sure we were all getting enough

exercise, so we started jogging through town with the stroller," Erin said.

"Colin enjoys running and he is also a member of the club I help run," Jason said.

He is referring to Pure Acceleration Track Club which he co-founded with a few other people.

"We started the group about five years ago," he said.

"Before the COVID restrictions, we met three times a week and would have meets that were age-appropriate distances for the runners. We have kids from 5 to 18 years old training and competing. Right now, we have about ten kids, 8th grade and younger, on the team."

Besides his interest in running, Colin loves arts and crafts with many of his creations displayed throughout the house.

Two-year-old Mikaela isn't up to jogging yet, so her

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5

Five Things the Staggers Family Loves About Nutley

1. Schools
2. Quiet neighborhoods
3. Good location
4. Santa's helicopter visits
5. Events through the Parks and Recreation department

activities are a bit limited.

"She is very interested in babies and animals at the moment," Erin said.

Noodle, the family pet, is a 10-year-old Wheaten Terrier who is exceptional with the children.

"He's also very good with wild animals in our yard," Erin jokes. "He doesn't even notice them even after we point them out!"

Choosing to live in Nutley was a relatively easy decision for the Staggers.

"We are in the Radcliffe section," Jason said. "As teachers, we were both impressed with the schools here."

"Our house is also close to family," Erin added. "Both sides of my family now live in Nutley. Being near to them makes this the perfect place for us to live and raise our children."

"Although I grew up in Ocean County, I love our home on Newman Avenue," Jason said. "The neighborhood is quiet and peaceful, and everyone looks out for each other."

"I love being able to walk to my cousin's house and feel safe doing so at night," Erin said.



When they are not in the neighborhood, they enjoy visiting Erin's parents at their vacation house in upstate New York.

"They live on a lake where we go fishing, tubing, swimming, and water skiing," Jason said. "This past summer Erin and the kids spent the whole season there to avoid contact with the coronavirus, while I coached the cross country team at Wayne Hills."

While the COVID restrictions and uncertainties have been looming over all our Nutley neighbors, the

Staggers have a motto that gives us all hope.

Never give up.

Erin, Jason, Colin, and Mikaela Staggers are certainly off to a running start as a happy and busy family. While the course of life may have some obstacles in it at the moment, they are all in the winner's circle. ■

We are always looking for fascinating residents to feature in Nutley Neighbors. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com.

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An Important Message from the Friends of the Nutley Public Library

Submitted by Joyce Corey

To all the supporters of the Nutley Public Library:

The Friends of the Nutley Public Library hope that you and your family are staying safe and well during this pandemic. It has changed everyone's lives, but we are proud that the library staff has bounced back and is ready, willing, and able to serve the townspeople of Nutley. The library has regular hours when patrons can do contact-free pickup of books they have ordered and other times when the library is open for patrons to enter and browse. Also, there are many virtual programs available for children, teens, and adults. Check the library website for details and be sure you are included on the Friends email list.

The Friends of the Library have been meeting virtually with our big topic being fundraising. We were unable to conduct our April and October book sales last year. We missed doing these activities, as we missed seeing all of you. These have been our two biggest yearly fundraisers. We did manage to fund all the summer reading programs and are sponsoring other virtual programs as well.

But we need YOUR help. Please consider supporting the Friends. All of the money we collect goes directly to enhance the library's offerings, particularly for children. While public funding covers the library's basic operating expenses, the Friends funding allows the library to offer some really special activities enjoyed by many. Your support will help us continue to sponsor all the wonderful programs and events we in Nutley have come to expect.

Dine for Dollars Program with the Friends

COVID-19 has certainly impacted all of us. As we continue to overcome the setbacks it has caused, we feel you may want to help us by participating in a fundraising venture which the Friends of the Nutley Library is organizing. We are sure there are days when cooking dinner for yourself or your family is not an option for a busy person or family. By participating in Dine for Dollars, you can help us in supporting the numerous free programs the Nutley Library offers to our patrons.

To coordinate funding to support these programs, from time to time we will publicize local restaurants interested in donating back to the Nutley Library. This will only be successful if our friends and families order takeout, dine in, or have food delivered from that particular restaurant on the date provided. By presenting a copy of the flyer at the time of purchase, showing the flyer on your mobile device, or letting the restaurant know when calling, a percentage of your receipt will be donated to us which will help greatly in being able to continue the wonderful programs offered by the Nutley Library.

It's a win/win situation. Not only will you be supporting some of our local restaurants and the Nutley Library but enjoying some of the finest meals Nutley has to offer. We thank you and hope you will join us in supporting our efforts. Please check the Friends' website and Facebook page for local restaurants currently participating and the latest communication. ■

Friends Website: nutleypubliclibrary.org/friendsofthelibrary/

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Soccer Team Still Scoring Goals

By Joyce Corey

While this past year has certainly sidelined many events, the Nutley High School girls' soccer team played a full year—safely and successfully. They even managed to make a positive impact on the community at a time when it was most needed.

Their team goals remained steadfast in an unusual and uncertain year and applause for their accomplishments is well-earned.

"I am extremely proud of this young group of women," said Coach Mike DiPiano. "This season was very different with the guidelines dealing with COVID. Not only did they navigate a full schedule and two state games, they still managed to give back to their community in the middle of a pandemic."

DiPiano, Nutley High School's head coach, had many victories in soccer, wrestling, and softball during his 11-year career. Yet, completing this memorable season with the girls' soccer team brought the 'win' right into the community.

"It's easy to play the game you love but giving back to the community is a lesson that I hope they keep with them and carry into the future, whether in college or



their adult lives," DiPiano said.

On the field, the team ended their season with an 8-7-1 record. Individual achievements went to:

Mackenzie Albert: 2nd team All State Group 3, 1st team All SEC Liberty Division



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Catelena Robson: 1st team All SEC Liberty Division
Natalie Ruffino: 2nd team All SEC Liberty Division
Rachel Echeverria: 2nd team All SEC Liberty Division
Sydney Hess and Mikayla Schoch: All SEC Liberty Division
 Honorable Mention

Off the field, the team scored big victories by donating to Relay for Life and the Nutley Family Service Bureau.

The Pink Out Game was played on October 28th against Belleville.

'Who Do You Play For?' was the theme (and was stenciled on the back of their jerseys). Each year, the team donates money to Relay for Life in memory of a family member, friend, or neighbor. Each girl wore a wristband with the name of the person they were playing for.

This past year, they raised \$500 in memory of Lauren Vitiello, Nutley resident and graduate of Class of '95 who passed away in 2020.

Last year they donated money in memory of Phil Priolo, also Class of '95, who was a former Nutley varsity soccer player who passed away in 2019.

Previous donations have been made in honor of some of the players' mothers who have battled and defeated cancer, those being Dayna Hess and Maria Marucci.

In total, the girls' soccer team has raised over \$5000 in the last eight years for Relay for Life.

They also recognized the needs of Nutley Family Service Bureau's food pantry and donated over 40 bags of groceries to them this past August. Each coach and player donated at least one full bag.

"I am extremely proud of their efforts on the field and in the community," DiPiano said. "All the girls have high standards; it's who they are and it's why this team is so great." ■

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To apply for Mary: www.yellowbrickroadrescue.nj.com/cat-adoption-application/ or email us at yellowbrickroadnj@gmail.com.

Submitted by Jersey Pits Rescue Inc

Kane was brought to a local animal control facility experiencing a medical issue that his family could not afford to treat. He has since received required medical attention and is cleared for adoption! Kane has remained so sweet and yearns for affection despite all he's been through.



He is about 8 years old and is great with other dogs. He would love to cuddle on the couch with you or go for a walk. Kane desperately craves companionship and will be the most loyal friend you could ever ask for. He is about 45 pounds and walks nicely on leash. He is eager to find his forever home and family. Could it be you? Apply today! www.jersey pitsrescue.com ■

Business Profile

Moscara Realty

By Joyce Corey

Moscara Realty has been helping families find their way home for years. Not only is this business family-owned, but they are family-focused, and have led many of our Nutley neighbors to the perfect spot to put out their welcome mats.

Their mission has been the same since 1955: to provide the highest quality real estate services that meet the needs of both sellers and buyers by fostering a culture of respect, integrity, partnership, accountability, and collaboration.

And how are they doing that?

By actively participating in civic affairs, schools, churches, and commercial ventures.

Moscara Realty doesn't just sell houses; they make *Nutley Neighbors*.

Mike Moscara tells us a little about how his family's real estate business started here in town.

"My mother, Marie George Moscara, lived in Nutley Park and graduated Nutley High School in 1944," he said. "Loving the town she lived in and being a woman before her time, she embarked on a real estate career with the Anna Liebau Agency in Nutley in 1948. My mother's drive and ambition provided the initial start to our family's entrance into the real estate business."

Mike's father had served in Europe during World War II and when he returned stateside, he got his real estate license.

"He worked for other offices before he and Mom eventually opened up their own company, Moscara Realty," Mike said. "They set up shop on Centre Street in Nutley in 1955. They operated out of the front porch of the home we lived in. The business grew and thrived, and my parents,



Mike, Steve and Nick Moscara



in addition to also raising five children, kept busy serving the people of Nutley and the surrounding towns."

While it might seem that raising a large family and running a successful business would leave them with little free time, the opposite was true.

"Both of my parents looked for ways to participate in the community, whether at town churches, schools, or through

activities sponsored by the Rotary and Nutley Elks Clubs, League of Women Voters, Nutley Chamber of Commerce, or youth sports leagues," Mike said.

By being an active part in the community, Moscara Realty became a very real presence in town.

The vision of Marie George Moscara to serve the town that she lived in and loved is kept alive by her children and grandchildren.

"In 1975, my brother Stephen and I entered the business," Mike said. "David and Dennis joined us in 1985 and continued the drive to provide the community with quality real estate services."

Their sister, Marie, upholds the family commitment to serving the town as a kindergarten teacher at Yantacaw School in Nutley.

In 2015, Mike's son and third generation family member, Nick Moscara, joined the business and continues the tradition to serve customers with the same integrity and



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commitment that has been a hallmark of the company since 1955.

Nick said, "It's special to be involved in a family business that continues to thrive amongst the many corporate offices that have popped up over the years."

While the idea of one woman's dream of working in real estate leading to a third-generation successful family business might be surprising to most, for the Moscara family, they take surprises in stride.

"There are many funny stories that we can share," Steve said. "One, in particular, involved our dad. He had just finished a listing appointment and when he returned to his car, a convertible, he found a dog sitting in the backseat. A stranger walking by helped him coax the dog out of the car."

And not to be outdone by surprises in this business, Mike also sold houses to "Southside" Johnny Lyon and Frank Vincent.

What isn't surprising is that the real estate business has changed a lot in the 65 years since Moscara Realty first operated from a front porch on Centre Street.

Mike assures us that his office "keeps up with the latest technologies and business applications that will ensure



Marie and Michael Moscara who started the business (above). Michael Moscara, center (top).

that the entire real estate process will meet our clients' needs."

While Marie couldn't predict all the advances in technology, she would understand that the company's motto, 'It's not just business; it's personal', doesn't need a computer connection.

Moscara Realty runs on people power. They have remained a constant in an ever-changing world by focusing on their clients, one conversation at a time.

They look beyond the sale to the people who live here, work here, and become our neighbors. ■

Moscara Realty is a family-owned and operated, independent, full-service real estate company that has been serving Nutley and the surrounding areas since 1955.

Their office is located at 165 Franklin Avenue, Nutley. Other licensees in the office

are Paul Abate, Jorge Alfonso, Rosemary Domaleski, Phyliss Guerino, Nina Kotowski, Lorraine Kucinski, Camille Maas, Maria Strama, Anthony Tuosto and Joanna Zurlo. Visit their website, www.moscararealtors.com or call them at 973-667-1732 for more information.

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Dr. George Bronson Philhower MD

PART TWO: THE LATER YEARS *By David Wilson*

Dr. Philhower was a pillar of Vincent Methodist Church (VMC) serving as Board President for 27 years. During his tenure, the 1930 educational wing was constructed, and the chapel was named in his honor. Local artist, Virginia Bennett, was commissioned by G.R.R. Symonds to paint a life-size portrait of the doctor that hung in the VMC board room. The oil painting disappeared one night in 1946 and was compared to the Mona Lisa theft. Years of searching have failed to locate this artwork and the insurance settlement paid one hundred dollars. It was either saved by an admirer or destroyed by an enemy, but no one knows for sure.

Many lives were saved over the years by Doctor Philhower. A 1930 news clipping credits him, Dr. Harry Cherashore, and four police officers with saving Abram Blum, our first mayor, who was overcome by gas and revived with an inhalator. Coincidentally, Philhower unsuccessfully ran for Commissioner in 1932 against the advice of friends; his health was failing, but he was determined to win the election.

The doctor's life takes a tragic turn after a 1934 car accident. His broken femur never healed, and a tumor grew in his leg. The final eighteen months of his life were spent in St. Barnabus Hospital, Newark. He was still very popular and over 1,000 people visited him, bringing flowers, cheer, and food. His most cherished treasure was a baseball signed by all the NY Giants. He kept this on display and all the medical staff were required to visit him and hear fabulous polo ground stories or listen to radio broadcasts on game days.

Dr. Philhower passed on May 22, 1935, at age 72, from a hemorrhage. The last letter he received that morning was from the Nutley Commissioners re-appointing him Superintendent of Parks.



Philhower headstone Vincent Methodist Church



Philhower reunion 1932

He served in all his civic capacities without remuneration and joked that as soon as a salary was associated with the job, somebody else grabbed it. He laid in state at the Philhower Chapel and is interred at the VMC cemetery on Passaic Avenue. He was memorialized in a resolution, bound in leather, prepared by the *Nutley Sun*, and presented to son George B. Philhower Jr. The guiding spirit of Dr. George B. Philhower MD was evident in many history articles, including two books, Ann Troy's *Nutley Yesterday, Today* and Barbara Bennett's *Oh, Me!* and the archives of the *Nutley Sun* and Nutley Public Library.

Researching back over 100 years was challenging and I have to acknowledge the help and permissions of Nicholas Van Dorn from the Nutley Library, Ivan Stiles Family Portraits copyright holder, VMC Historians Carol Greengrove and Louise Cimaszewski, and the Nutley Historical Society. Don and Marie Freibergs from philhowerfamilyassociation.org solved the biggest obstacle of locating a clear photograph of George. A 1932 Philhower family reunion at VMC celebrating the 1748 arrival in Philadelphia of Phillip Wulhauer and Anna Maria Müller on a ship, *The Patience*, out of Rotterdam, provided the only known picture to date.

The Rutgers Alexander Library has a Philhower collection that may yield more insight into this remarkable man who helped guide Nutley through many tumultuous and formative years. ■

David Wilson is the author of Fire in Our Lives, a book containing stories, experiences, and advice from his forty-year career in public safety. Available at Amazon, Barnes & Noble and Google Play.

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Stocking the Pantry with Hope and Love

Submitted by Joyce Corey

Throughout the pandemic, there has been a constant conversation about how to make good use of one's time. Coach Michael Blanchard is trying his best to do that for the over 90 wrestlers in the Nutley Jr. Raiders wrestling program.

"We can't have a season right now, but we are still a team. I'm trying to keep our group engaged and focused on positive ways to use our collective energy. We're sliding from disappointment to achievement - with purpose, with truth, with passion, and with love for one another."

On Friday, December 11th, the program was able to deliver over 60 bags and boxes to the Nutley Family Service Bureau Food Pantry. The food drive was conducted with a massive social media campaign that generated a large response from the whole town. The hope and love that was delivered came at a time when many families are suffering under the oppressive weight of COVID-19.

"No one does anything alone in this life. I was fortunate to have a lot of good people helping us be successful in this endeavor," Blanchard stated.

Special thanks to small business owners, Jason Braitsch and Chapman Manzer. Both helped donate pounds of pasta, beans, and other non-perishable items. Their contributions accounted for about a quarter of the donations. Jason owns and runs local deli Vilardo's and Chapman owns and operates Manzer's Landscaping and Design, located in NY. Both are Nutley residents who understand



Coaches and kids helped move the food into the pantry on Friday, December 11th (above). Five cars full of donations to help stock the Nutley Family Service Bureau Food Pantry at a time when COVID-19 has caused many families to suffer (left).

the value of giving back to the community. Additional thanks

to coaches Darren Finkelstein, Saverio Marinelli, Mike Siljanoski, Anthony Haines, and Chapman Manzer for helping load up their cars to get the goods to the pantry. Many young wrestlers helped with bringing the food into the pantry.

"Our young people have learned the value of compassion and selflessness throughout our drive," Blanchard continued.

"We have so much gratitude to the many who donated for the drive. The gifts of food and non-perishable items will help so many families. Thanks also to Peg Conca and the many others at Nutley Family Service Bureau Food Pantry for helping us coordinate our efforts." ■

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Getting Crafty!

By Michelle Palmer

It's time to celebrate the amazing future builders, artists, and crafters in our town.

These children have been working so hard with virtual school as well as growing more independent while creating some very impressive projects. Enjoy the masterpieces made with these little hands and big minds. Watching our children grow while making these beautiful family moments is so incredible.

At age seven, David is very proud of his drawings and completion of wooden puzzles. He constructed this wooden horse all by himself. He is super talented and excited to show his horse off to the community.



Charles with his Lego wreath

Although the holiday season has ended, this craft is one that will be cherished forever. AJ decorated this sweet picture frame to remember Christmas 2020. It fills his parents' hearts



David with his wooden horse puzzle

with love and happiness seeing him create this awesome craft.

There's nothing that warms the heart like this smile and the wonderful experience of learning something new with your family. Three-year-old Milila and the Rosado family started making candles together. They learned how to melt the wax, color it, and add a pleasant-smelling scent. Milila was very excited to see how her first homemade candle turned out.



AJ's Christmas picture frame

Charles is an excellent Lego builder and has designed some pretty complex structures. Showing concentration and lots of focus, he created a wreath made completely of Lego pieces. He even has a whole room dedicated to his Lego buildings. This wreath will certainly be a special treasure to the Myers family to celebrate his great skills.

Let it snow! Let it snow! Four-year-old Ava made a paper bag snowflake. This craft is the perfect example of how to recycle a shopping bag into something very pretty. Creativity flowed through the house as the Velazquez family searched for fun activities to do at home. Ava had fun using glitter, glue, and even confetti to complete her winter art project. ■



Milila with her candle

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Ava's paper bag snowflake

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EVENTS CALENDAR FEBRUARY 2021



At the time this magazine went to print, all event times and locations were accurate, but please check event websites for the most current information. Some events may have been postponed or canceled.

Feb. 1, Mon.

Virtual DISH! The Monday Night Cookbook Club

@virtual event from Nutley Public Library
Each month, participants will choose, prepare, and share a DISH! from a selected cookbook. Then, gather online to discuss each other's recipes, cooking techniques, and share stories. This month's book is *Salt, Fat, Acid, Heat* by Samin Nosrat. Registration is required. Zoom connection information will be emailed to participants prior to the meeting.
Time: 7-8:30pm
For more information email michelle.albert@nutleybccls.org or call 973-667-0405 x2623. To register visit www.nutleypubliclibrary.org/dish-cookbook-club/

Feb. 2, 16, Tue.

Board of Commissioners Meeting

@virtual event
The regularly scheduled meetings of the Board of Commissioners will take place via Zoom webinar for 2021.
Time: 7pm
For more information visit www.nutleynj.org/board-of-commissioners

Feb. 6, Sat.

All Recovery Meeting (Online)

@virtual event from Clara Maass Medical Center
All Recovery Meetings are non-denominational and offer an opportunity to focus on the hope found in recovery. Recovery does not happen alone. Join this group and connect with others who are initiating and maintaining a recovery

lifestyle. All Recovery Meetings are facilitated by trained and certified IFPR Peer Recovery Specialists and provide social support for those seeking or maintaining recovery, as well as family members, friends, and supporters of those who have been influenced by substance use.
Time: 12-1:30pm
For more information, other dates and times, and meeting links, visit the Clara Maass Medical Center event calendar at www.rwjbh.org/events/

Feb. 6, Sat.

Embellishing Inspirational Quotes

@Montclair Art Museum, Leir Hall, 3 South Mountain Ave., Montclair
Create your own mantra! Do you have a special saying that inspires you? Spend quality time turning words into art that can be displayed or given as a gift.
Time: 1-3pm
Cost: \$44 members. \$55 non-members.
For more information, supply list, and safety protocols, visit www.montclairartmuseum.org/events/yard-school-art/embellishing-inspirational-quotes

Feb. 10, 24, Wed., Feb. 11, 25, Thurs.

Food Pantry Distribution

@Nutley Family Service Bureau, 169 Chestnut St.
For information or to schedule an eligibility appointment call 973-667-1884. All calls and appointments are confidential.
Time: 2-5pm Wed., 10am-1pm Thurs.
For more information visit www.nutleyfamily.org/food-pantry/

Feb. 13, Sat.

Origami Club

@virtual event from Nutley Public Library
For ages 7 and up. Learn the beautiful art of origami from artist Nobuko Okabe in this hands-on, virtual workshop. Each registration includes a kit of supplies to pick up beforehand. Register to receive Zoom program link and password.
Time: 3-4pm
For more information call 973-667-0405 x2623 or visit www.youthservices.nutleypubliclibrary.org/

Feb. 13, Sat.

Vision Board Workshop

@virtual event from Montclair Art Museum Yard School of Art
Create a collaged vision of what makes you feel healthy, safe, and cared for. Gather words and images from found materials (magazines, books, and other sources in your home or online). Use mixed media such as bubble wrap printing, paper, embellishments, and glue to create an inspirational wall hanging. The sky is the limit!
Time: 3-5pm
Cost: \$40 members. \$50 non-members.
For more information and supply list visit www.montclairartmuseum.org/events/yard-school-art/vision-board-workshop

Feb. 16, Tue.

Anti-Valentine's Day for Teens

@virtual event from Nutley Public Library
Anti-Valentine's Day is an unofficial holiday for those who do not enjoy celebrating Valentine's Day. This holiday is celebrated among friends and no significant others. Even if



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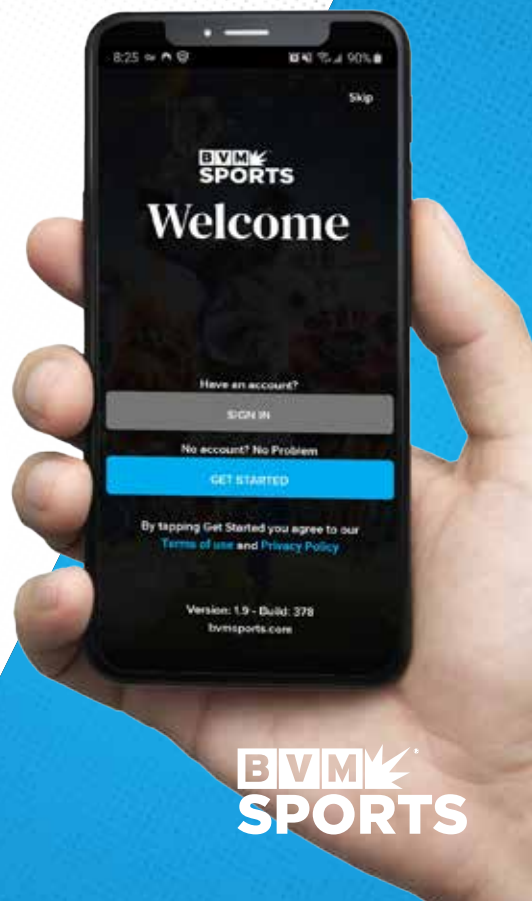
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