

JANUARY 2018

A community magazine serving the residents of Nutley

NUTLEY NEIGHBORS

The Home That Jack Built

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Our Story

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Dominick's early dedication to work laid the foundation for what would become Lynnes Auto Group. He wanted to create a car dealership that combined the comfort of a home with the relationships he witnessed between the local butcher shop owner and his customers. In 1953, Dominick began selling used vehicles on Bloomfield Avenue in Bloomfield, NJ.

Today, Dominick's daughter Julie leads one of

his dealerships. There's no job at Lynnes Nissan City that Julie hasn't worked, as she started out answering phones and then helped customers on the lot. This experience has given her a full understanding of the true value of our customers. Simply put, without you, we wouldn't be here.

Not much has changed about Lynnes Nissan City since it first opened in 1953. It's still in the same location, and we still maintain the hard-working and dedicated attitude that Dominick Tozzo instilled in us all those years ago.



Mr. Tozzo

Happy New Year Nutley Neighbors

The holidays at the end of December leading to the turn of the calendar are one of my favorite parts of the year. It's often the perfect occasion to reflect on and appreciate all the good things the past year has given us and all the good things that are yet to come.

I cannot be more excited as we begin our third full year of *Nutley Neighbors* magazine. What a pleasure it is to work on each issue! Thank you to our residents for sharing your stories and your ideas for the magazine. We appreciate your sincere and positive feedback through all of your comments and letters. This is your magazine and we encourage you to keep participating in it. Please do not hesitate to contact us with any ideas or suggestions for future issues. We love receiving your feedback so we can continue to make *Nutley Neighbors* a better version of itself as each month passes.

The thing I love the most about bringing this publication to life each month is the people I meet along the way. I have gotten to know many more wonderful people in this community over the past year and it's very easy to realize why Nutley is such a tight-knit, proud community. I have lived here for over 30 years and always knew why Nutley is so great, but I realize a lot of folks have not been here for that long. That's something that we want to bring out in these pages each month. The traditions, the history, the pride, and togetherness we see exemplified in Nutley. Over the next year I look forward to meeting more of our neighbors, learning about your stories and why you love Nutley.

I would like to reflect here on all of the new partnerships I have formed and existing partnerships we have developed in the business community. I am grateful for their support in truly making it possible for our residents to receive this publication for free each month. These are some of the finest businesses in the area. Please consider them for the services they provide and acknowledge them for sponsoring our magazine.

Thank you to Joyce Corey, our outstanding writer and Content Coordinator for capturing what our Nutley neighbors have to say each month in such a compelling way. Thank you to our resident contributors, Dave Wilson and



Frankie Turano Jr. Your unique writings and teachings for the Nutley community to feast on every month really elevate our hyper-locally focused publication. Thank you, Marti Golon, for reaching out to me last winter and sharing your vision. Your hard work and dedication to this publication comes out in each and every issue with your ultra-professional designs and layouts. Tammi and Alex, your photography is wonderful and you truly make our publication stand out from the rest.

A fresh New Year is once again upon us. It's the time to be thankful for the wonderful moments and blessings of the past year and to recognize all of our achievements. At the same time, 2018 is a brand new year to begin again, to start strong, and another chance to do everything we plan to do this year. I want to personally wish our *Nutley Neighbors* a very happy, healthy, and prosperous New Year.

From my family to yours - Cheers!

Michael Stefanelli
Publisher



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Salvatore Cocco, Jr. CLU has been with AXA Advisors, LLC since 1995 and has practiced as a generalist in all disciplines of the financial planning services including Investment Planning, Retirement Planning, College Savings, and Insurance. He is a 1977 graduate of Seton Hall University and was inducted into their Entrepreneurial Hall of Fame.



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Dr. Steven Clarke is a nationally acclaimed chiropractic physician who has practiced in Nutley since 1983. He has had extensive experience with virtually every type of pain condition and has worked with tens of thousands of patients throughout the

tri-state area. He was elected and served as the state president of the chiropractic association for four consecutive years and has been a strong advocate of patient rights speaking in Trenton and Washington, DC. He was named New Jersey Chiropractor of the Year for 2006



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Joe Isabella is a Certified Mortgage Planning Specialist (CMPS®). He has been with Investors Home Mortgage since 2010 and is a Circle of Excellence Award winner. Since joining Investors, Joe has helped many families in Nutley and the surrounding area with their home financing needs. He was born and raised in Nutley and still resides in his home town. He is a graduate of both Nutley High School and Montclair State University.



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New Year Happy!

Did you just read that title and wonder if I made a mistake? Usually we all say Happy New Year but today I want to look at things a little differently.

I was thinking that to put the "Happy" before "New Year" is a wish for someone. And, yes, I wish all of you a Happy New Year.

But when the "Happy" comes after "New Year" I think that is a choice. The new year starts at midnight on January 1st regardless of any "happy." Yet, as time moves forward and the calendar pages are turned, hopefully we can see the "happy."

This year, I am going to wish for a Happy New Year and make a conscious effort to be happy. I believe that when we look for "happy" we find it, and I am going to uncover happiness in the people, places, and events around me.

And you know what? It's there. Working on this magazine (for almost three years!) has shown me that. Each month I meet wonderful people and hear their stories. I talk to business owners and the great staff at the library and the Nutley Museum. I write about high school sports and theater productions and meet local authors and artists.

There is a lot of happiness here in Nutley. Your Nutley Neighbors are interesting and smart and creative and a lot of fun.

When you turn this page you will meet a few of them. Like Jack Suffren who is a local legend. He is leading a fascinating life. Many of you might know him from his teaching days (or as the first behind-the-wheel driving instructor at the high school!). Well, he is still impacting lives for the best as he has opened his home to a young man from Ghana.

Creativity is alive and well here as we have stories about the awesome artwork of Denise Costantino, the children's book written by Ilene Dudek and the book of poetry by Noah Roselli, a high school senior.

Dave Wilson shares a unique look at a matriarch in a mansion. Frankie Turano writes about a hometown hero we all know: the American flag.

And a lot of other interesting articles...

Let's start finding the "happy" right here in town.



Joyce Corey
Content Coordinator



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Sam Boateng with Jack Suffren in Jack's Nutley home.

The Home that Jack Built

By Joyce Corey Photography by Photo Arts Productions

Feature Story Sponsored by Pro Staff Institute of Physical Therapy

The best way to meet John (Jack) Suffren is through his life philosophy.

He first gives us a little background: "In my high school and college years, I sang in the Wanamie Methodist Church choir. I was so impressed with the melody and lyrics of one of our anthems that I adopted it as my life philosophy."

The words of that anthem carried powerful images of how to live:

"To make the pathways smooth where other feet must

tread, pluck off the crown of thorns, lay roses in their stead."

"To serve my fellow man with joy."

"Lift up the ones who fall."

"To do my best each day; be kind in word and deed."

Jack Suffren has not only adopted these words as his life philosophy; he has put them in action.

Perhaps Jack is best known as a teacher at Nutley High School. He retired in 2003 after 47 years of service and it's estimated that he has impacted the lives of over 100,000

students throughout his career.

He also coached the bowling and wrestling teams and has the honor of being the first driver's education teacher in the history of Nutley High.

"I began the behind-the-wheel course in 1958 and continued until 1962, when I quit to regain my sanity," Jack quips.

He is a writer with two books in print: *The Striving Reach* and *The Retro Reach*. His third book, *Still Reaching*, is expected to be published soon.

He explains the titles of his books. "They are from a poem by Eleanor Farley where she talks about the striving reach that comes before the end's attained." In each of his books, Jack not only documents the events in his life, but he discusses the motivation and the results of all that he has done.

Or to put it simply— Jack uses words to create a fascinating mosaic of his life. His books are part autobiographical with a delightful mix of anecdotes and good old-fashioned common sense.

Readers will also notice that everything that Jack has



Sam enjoys listening to Jack play on the piano as they share their love of music.

done relates to his life philosophy. He really wants to help people and make a positive impact in the lives of those around him.

As an educator he has done that right here in Nutley, but when Jack had an opportunity to extend his support to Ghana, he didn't hesitate.

On the morning that Pastor Joel

Daniel Hubbard, III of Park United Methodist Church in Bloomfield told his congregation the story of Sam, an African refugee, Jack was not only moved emotionally, he was moved into action.

"When I heard there was a young man from Ghana who had fled a death sentence there, I decided to offer him a place of refuge in my Nutley home. Our pastor told the story of Sam Boateng leaving his home country in 2015 and the often-dangerous route he took to finally arrive in the United States. He eventually became associated with the First Friends organization which was temporarily housing him at the time of our pastor's plea."

Jack's soon-to-be-published book about Sam is called *Still Reaching* and chronicles the young man's trek from

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Jack Suffren is a prolific writer with his third book, Still Reaching expected to be published soon.

Ghana to Panama to San Diego to Nutley.

He quotes Sam in his book: "I now feel safe. I have a home in New Jersey and I am already enrolled in college. My sponsor is trying to help me to possibly save the lives of my family members by bringing them to America. I have been assured that the Methodist church will do everything possible to help my family escape from Ghana."

Currently, Sam is looking for a job locally since he is very anxious to earn money so he can help his family. Jack is one of his biggest supporters and gave an on-the-spot reference for this young man.

"Sam is very intelligent and quite inquisitive. He asks me many questions and takes an active interest in everything around him. At home, he helps me with tasks that I am no longer able to do. But perhaps the most important thing I would like people to know about Sam is that he thoroughly understands the difference between right and wrong. There are no grey areas for him."

Jack Suffren's life seems to have come full circle from the anthem of his home church in Wanamie to his current place of worship in Bloomfield. The ideals of serving one another, lifting up those whom have fallen, and making the pathways smooth were never just lofty words to this man. They were the words that have guided him every day.

Jack built his life—and his home—on a philosophy that has positively impacted the people around him.

Things Jack Suffren Loves About Nutley

5

1. The school system, which he was involved in for many years....
2. ... and the fact that people move to Nutley for the schools.
3. The beautiful parks
4. The diligent police department (and his former students who serve there)
5. The dedicated men and women who coach Nutley's young athletes.

We are always looking for fascinating residents to feature in *Nutley Neighbors*. If you are interested in being included or would like to nominate one of your neighbors please email jhandzo@bestversionmedia.com

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Denise Costantino Creates the Classical "Portofino" Mural Painting for Diamond Springs

By Joyce Corey

It's hard to imagine that just behind the Third River, tucked between a residential neighborhood and through a gate, awaits a modern-day "Cabana Club" styled from the 1950s tradition.

It's truly a hidden gem; you immediately get swept away by its European-style resort club décor. Located at 35 Evergreen Avenue, owner Ed Zazzali acquired the almost three-acre facility in 2003.

Since then Ed's labor of love and hard work helped bring the Beach Club and Café back to life. Besides hosting pool membership from Memorial Day through Labor Day, the Ed Zazzali's Diamond Spring Italian Restaurant and Bar offers fine European cuisine dishes along with live music and entertainment all year long.

The mural, created by artist, Denise Costantino, was completed in stages. She worked closely with the owner to accurately express styles from both his northern and southern Italian family heritage. Costantino suggested a Mediterranean palette of traditional Old-World Italian colors, combined with textures, decorative finishes, such as glazing the walls, and adding various hand painting details including a trompe l'oeil of faux shutters, and stone wall arches and columns.

"I like to create a storyboard," says Costantino. "When working in a large space, sketches, samples, color swatches, and a layout of the interior space helps me in the decision-making process prior to the work initiating."



"Selecting the wall art mural scene was not easy since there are so many beautiful coastal resorts in Italy," she said. "Zazzali decided it had to be Portofino, the Italian Riviera, famous for its waterfront and continuous ring of hotels, restaurants and cafés mirroring the 50's cabana style."

The picturesque highly detailed scene was painted on canvas at the artist's studio using a mixed media of acrylics and traditional washes. The canvas was then installed on site directly onto the wall. The faux shutters

were created by Zazzali who cut flat pieces of plywood. The artist then hand-painted each one, which created the appearance of the three-dimensional slats and gave the arched windows Old-World charm.

It's always wonderful to see Denise Costantino's art, and this mural captures the essence of Diamond Springs and the vision of owner, Ed Zazzali.

For more information be sure to visit her website: www.ddarchitecturaldesign.com

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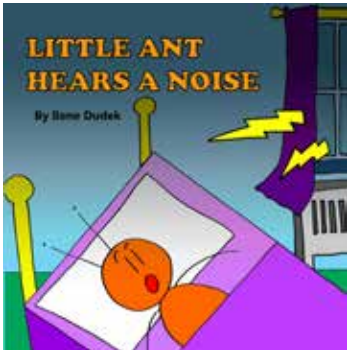
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Ilene Dudek Publishes the Second Book in Her New Children's Series

By Joyce Corey



Little Ant Hears a Noise continues the adventures of a lovable ant. In this book, the ant faces his fear of nighttime noises and learns how the power of imagination can turn those scary sounds into the music of his dreams.

Ilene is a Nutley mom who credits her creativity to real-life issues she

has encountered with her children. "When my sons, Matthew, age 9, and Alex, age 4, hear a noise at night, their imaginations run wild." I thought, "If you can imagine something scary, then why not imagine something beautiful?"

This second book is as delightful as the first one, *Little Ant on the Go*, which was published in June 2017 and is currently available at the Nutley Public Library. The first story was a humorous look at the mishaps and adventures of a little ant and it was well-received by the community.

It was also featured on Spotlight New Jersey on News 12 and shared with several daycares.

Little Ant Hears a Noise can be found at www.littleantstories.com.

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24 Oak Crest	\$446,000	4	2
140 Hillside Ave	\$450,000	4	3
140 Stager St	\$452,500	4	2
7 Willow Pl	\$454,900	3	3
1 Alexander Ave	\$470,000	3	3
320 Winthrop Dr	\$482,500	2	4
54 Clement St	\$485,000	4	3
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Nutley Little Theatre: Top Quality Theatre Right in Your Back Yard

By Penny Paul

For 83 years, Nutley Little Theatre (NLT) has been producing high-quality theatrical entertainment for the enjoyment of Nutley residents and surrounding communities. Started in 1934, NLT prides itself on providing a range of live theatre. The all-volunteer organization presents six mainstage shows per year, showcasing a range of genres including musicals, comedies and drama. It also offers free Reader's Theatre performances, special events, and creative workshops that bring together people from all walks of life in and around Nutley. Benefits for local charities are the hallmarks of every opening night, with half of the proceeds going to worthy non-profit organizations. The members of NLT have been vital contributors to Nutley High School productions, the Historical Society, local churches, civic organizations, and the Chamber of Commerce. Auditions are open to anyone, and craftsmen of all types are encouraged to participate in set building, lighting and sound design. Theatre lovers can also help out backstage or with administrative duties like running the box office.

In many ways, NLT is the best-kept secret in town. Some members have been active for over thirty years! Through its open auditions and ongoing community outreach, NLT continues to attract new blood every year. Actors and theatre-goers alike, including longtime Nutleyites, continue to hear great things about the shows held at the historic red barn on Erie Place. Some have been told about the group's powerful performances and finally decided to see for themselves that great theatre at reasonable prices can



A scene from "Fox on the Fairway." Left: Thespians perform at a recent show



be found right in our town. Many join as members, becoming involved in the

selection of shows for next season and participating both onstage and off.

There is seating for forty-eight patrons, a small snack area, modern stage sound and lighting, heat and air conditioning, along with up-to-date safety features including fire sprinklers. Entry is obtained by ascending the exterior staircase of about twenty steps and there are two bathrooms on the ground floor. Located on Erie Place just off Brookfield Avenue, the theatre has a small parking lot supplemented by on-street parking.

Through its consistent and reliably enjoyable productions of shows by favorites ranging from Shakespeare to



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*Photo courtesy of Chamber Member Randy Frum of Randall Kenneth Photography



Nutley Little Theater is located in a historic red barn at 47 Erie Place.

Rogers & Hammerstein, NLT continues to be an outstanding beacon of civic pride and involvement in the lifeblood of the township. Nutley Little Theatre deserves to be recognized as a vital community organization, one that will continue to bring live theatre to residents of the area for decades to come.

NLT'S UPCOMING SHOWS FOR 2018

- **FEBRUARY** *"Anna in the Tropics,"* the 2003 Pulitzer Prize winner for drama.
- **APRIL** *"Five Women Wearing the Same Dress,"* comedy by the creator of Six Feet Under.
- **JUNE** *"Dinner with Friends,"* Pulitzer Prize winner which combines comedy with drama.

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Your Annual Retirement Check-up – In 3 Easy Steps

Contributed by Michael S. Cocco, CFP®, ChFC® & Salvatore Cocco, Jr. CLU®, Financial Consultants, AXA Advisors, LLC

If you're like most people, once a year you head to your doctor, regardless of whether you think you may need to at the time.

He or she pokes and prods you, gives you a number of tests and asks questions and answers yours. All of this is *de rigueur* for a regular check-up.

Although many may not realize it, when you're old enough to start saving for retirement – which should be as soon as you start working – the best course of action for maintaining a healthy retirement plan is to schedule an annual check-up for it as well.

So to get you started on your annual savings diagnostic, here are three easy steps that you and your financial professional can take together and use as starting points for your own annual retirement check-up – with no shots necessary.

STEP 1: REVIEW YOUR LIFE CIRCUMSTANCES AND RETIREMENT GOALS

Just like with a doctor, you'll want to review your current situation with a Retirement Program Specialist. Has anything significant changed for you since your last review? Newly married or newly divorced? Maybe you've had a child – or are now sending said "child" off to college.



Perhaps you are on the verge of retiring and collecting retirement income. As for your retirement goals, have they changed at all? Will you be retiring sooner or later than you'd originally planned? Has your vision of what you'd like to do in retirement changed? The answers to such questions can definitely have an effect on your retirement planning and how much you'll need to save.


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We take a detailed look at your total financial picture, and start by assessing your current assets and both your short- and long-term financial goals. We take the time to truly understand your objectives, risk tolerance, time horizons, challenges and personal schedule to help you build a practical and sustainable financial strategy to address:

- ▶ Tactical Asset Allocation
- ▶ Cash Management
- ▶ College Funding
- ▶ Estate Planning Strategies
- ▶ Long-Term Care Insurance
- ▶ Life Insurance
- ▶ Retirement Planning



Salvatore Cocco, Jr., CLU
Financial Consultant
salvatore.cocco@axa-advisors.com
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Michael S. Cocco, CFP®, ChFC®
CERTIFIED FINANCIAL PLANNER™ professional
michael.cocco@axa-advisors.com
www.mikecocco.com

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STEP 2 :

REVIEW YOUR INVESTMENT STRATEGY, AND, IF NECESSARY, REBALANCE

Your portfolio's mix of investments should be reflective of your goals, tolerance for risk, and how much time is left before you'll turn those assets into income.

If you haven't revisited your asset allocation (i.e., your investment mix) in a while, some degree of adjustment may be necessary.

But even if your life and goals have not changed significantly, the markets, as you are no doubt aware, are constantly fluctuating, so your particular combination of investments can still become unbalanced. In which case you could take this opportunity to rebalance your portfolio and bring your allocations back in line with your overall strategy.

STEP 3:

ASK YOURSELF: "CAN I AFFORD TO SAVE MORE?"

Even if you feel like you're currently saving enough, it never hurts to save more. Especially when you stop to consider the range of unforeseen circumstances that could arise in your future. Do you have enough set aside for retirement - *plus* a new roof for your house, or to cover medical expenses in the event of an illness? What if the market declines just before your retirement - and you don't have time to make up the difference?

By planning ahead and saving more each year, you'll help your assets grow and compound more quickly - and improve the odds that you can financially compensate for potential curve balls down the road.

So is it time to give your retirement plan a check-up? If so, contact AXA Advisors, and together, you can review the specifics of your situation and ensure that your current savings strategy is still on track to provide a comfortable and secure retirement.

This article has been written by and obtained from an outside source and is provided for general information purposes only. This material is not intended, and should not be relied upon, as investment, tax, legal, or financial advice or services.

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Adopt Us!

Submitted by Montclair Animal Shelter

Are you looking for a jogging buddy? These dogs love to run! **Moose** is a 2-year-old German Shepherd and **Ivy** is a 10-month-old Retriever/Border Collie mix. These breeds historically do not kennel well for extended periods because they need exercise and stimulation. (Even the best kennel is still a kennel.)

Moose does well with female dogs and older children. Ivy will do well in a home with any dog and children. If necessary, either dog can be cat tested by the shelter. Both of these youngsters are fully vetted and microchipped.

If you're thinking about giving Moose or Ivy a new home this New Year, please contact Montclair Township Animal Shelter at 973-744-8600 or email emorgan@montclairnjusa.org for more info.



Ivy

At press time, these animals were available for adoption. If they are no longer available, please consider other wonderful pets at PAWS-Montclair or Montclair Township Animal Shelter waiting for a loving home like yours.

Help stem the tidal wave of homeless animals flooding this country's shelters by spaying or neutering your pets. And if you're going to add a furry friend to your family, PLEASE opt to adopt.



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Make 2018 Your Year to Get Involved with the Nutley Historical Society

By Barry Lenson

Are you the kind of Nutleyite who likes to study our town's fascinating history? Are you also making resolutions for the new year? If so, we have a suggestion for you. Why not make 2018 the year to get more involved with the Nutley Museum and Historical Society? The Society offers great resources for you and your family – and all you need to do is to attend some of the events that are held at the Nutley Museum, which is located at 65 Church Street, a short stroll up the hill from Franklin Avenue.

• When and Where Was the Nutley Historical Society Founded?

It happened back in 1945, when a group of forward-thinking citizens established a society to preserve our town's history. They were motivated, in part, because the Park Street School, a brick school house that was built back in 1875, wasn't being used for too much. The society decided to use that school as a town museum – and 72 years later, the Nutley Museum is still here to enjoy.

• What's in the Museum?

The Museum houses an extensive collection of objects, artworks and documents from Nutley history. You'll find one of America's most important collection of items owned by Annie Oakley, the famous sharpshooter who moved to Nutley in 1892 and stayed for more than a decade. There are also artworks on display that were created by Reginald Marsh, Arthur Hoeber, Gary T. Erbe and other great painters who lived and live in Nutley. There are displays on the history of Nutley sports, businesses, Police and Fire Departments, and more. Plus, special exhibitions are held throughout the year.



The Nutley Museum and Historical Society is located at 65 Church Street.

• When Can You Visit the Museum?

The easiest way to visit is to attend one of the family events that are held throughout the year. There's an Ice Cream Social in the spring, a Pumpkin Festival in the fall, and a Christmas Party in December, complete with carol singing and a beautiful tree to admire. There are also lectures, historical exhibitions and more. Visit www.nutley-historicalsociety.org to learn about upcoming events, or check event listings in Nutley Neighbors. You can also call 973-667-1528 to arrange a private visit and tour.

• What about School Groups?

The Historical Society enthusiastically invites students and teachers from Nutley schools to visit and learn about Nutley history! Call 973-667-1528.

• How Can You Join and Get Involved?

Click the "Join Now" tab on the Nutley Historical Society's website. Student memberships cost \$5.00, family memberships are \$25.00, and there are other levels. As a member, you will receive advance email notifications of upcoming events and other benefits.

• Can You Rent the Museum for Parties and Events?

Yes, you can. The beautiful downstairs room in the Museum, complete with kitchen, is one of the most popular and affordable rental spaces in town. Call 973-667-1528 to learn more.

• The Nutley Historical Society Is Your Place to . . .

Connect with other town history buffs . . . research your town, ancestors, and home . . . enjoy special lectures and events . . . and feel just plain good about living in Nutley! See you there!

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Schedule a Tour or Event at the Nutley Museum

For school groups and private museum tours, please call Kerry Flynn, caretaker, at 973-667-1528, or Suzanne Hagert at 973-667-4270. The Nutley Historical Society is a not-for-profit organization dedicated to serve the educational, cultural, and historical needs of our community.

Young Poet Noah Roselli

By Joyce Corey

Noah Roselli's book, *firestarters: a compilation*, may not have any capital letters but each line is punctuated with thought-provoking words and images.

This is his first published book of original poetry. "I wrote it over the course of several years," Noah said. "The poems, at times, intertwine with and connect to an invisible thread that brings them towards one another in a coherent collection. This is a personal meander through lost and found love, past and future love, all the while weaving man's constant awe and wonder with the stars and his own inner space, and how the two are mostly the same."

Noah began writing in the fifth grade and he poetically captures the reason for his love of words in his book:

You're four times
It's hard to
more likely to have
concentrate on
a road accident
two things
when you're on
at the same time.
a mobile phone.


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Noah is a senior at
Nutley High School.

"sometimes you write to write. sometimes you write because your soul screams, your body aches, your mind casts fire to your lungs—and you must write."

"Social media has a big impact on my writing," he said. "I have an Instagram account where I share my poetry." Besides connecting with readers online, he plans to promote his book through an event at the local library and a presentation at the high school.

Noah published his book through Amazon's CreateSpace. The publica-

tion date was October 6th which is also his birthday. "That was an incredible day. I sold 40 copies that first day and my classmates were texting me and congratulating me in the halls." Noah is a senior at Nutley High School.

"I got a lot of support from my family, friends, and teachers," he said. Right now, he is taking a creative writing class in school and plans to continue honing his skills in college someday.

Although writing will always be a part of Noah's life, his career goals are in a different direction. "I also love math and science and want to study astrophysics."

For now, Noah Roselli will write big thoughts in lower case letters and connect to readers through insights and powerful words.

Words like these:

"these are my words, my fortress, my digitalized empire. these are my thoughts, my desires, my castle. these are times for you, for me, and for healing. these are my words. my hope is for them to become yours, too."

firestarters: a compilation is sold through Amazon.

Pick up a copy and be prepared for your thoughts to be ignited.

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Brix Restaurant and Pizza Bar *by David Wilson*

The bar area is warm and inviting. Below: Cavatelli with Veal Short Rib Ragu is a house specialty.

A person works in the food and beverage industry for fifteen years and sets a goal of having her own place by age thirty. She finds a location that appears modest from the outside but has great potential. Charm, nice decorations, great chef, liquor license, brick-oven pizza, entertainment, and varied menu come together for this must-visit hot spot. Brix, a term used to denote sugar content in aqueous solutions, would add a touch of sophistication. Candace Hodnett brought this to fruition five years ago at 371 Franklin Ave Belleville, in the Belleville Plaza located at Franklin Avenue and Joralemon Street.

There are three separate areas including the casual bar area, a dining room, and an upstairs event room that can accommodate one hundred and twenty guests. Chef



Jackie Fuchs, a culinary school graduate and participant in the Fox TV series *Hell's Kitchen*, uses Italian and French influences in her creations. The dinner menu is ambitious and nightly specials will satisfy the most discriminating palates and appetites. Children are accommodated with menu selections and complementary meals when dining with an adult.

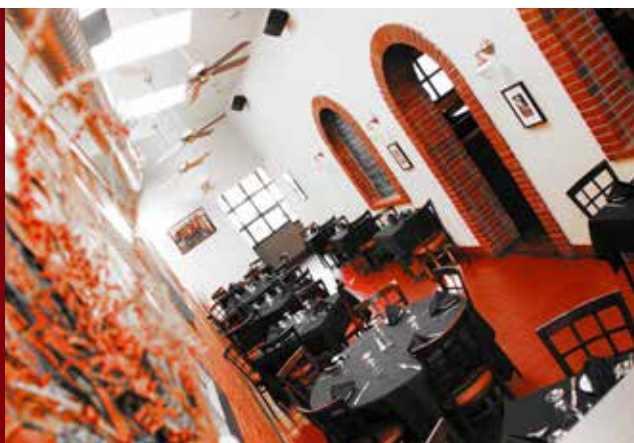
Dianne had the baked zucchini, a specialty made with risotto-sausage-breadcrumb, mozzarella, and marinara. The "small plate" listing is misleading, as this fabulous entrée provided enough leftovers for two more meals! David had the eggplant parmesan special with pasta. This perfectly prepared dish was phenomenal and portions made for another meal the next day. The complementary garlic covered brick-oven pizza was the best we have ever had.

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The only other pizza contender was in Bermuda, but that's too far to travel for dinner. Food and drink prices, including sangria, are very reasonable for the quality and quantity. Should you have a menu favorite not appearing, a simple request to the staff brings your preferred meal. Diners around us all appeared satiated and had the smiles to prove it.

Wednesday through Saturday lunch starts at 11:30am and includes twelve selections, pizza, and anything from the dinner menu. Brix is open for dinner Tuesday through Sunday. Sunday brunch is 11am to 3pm. Happy Hour is 3pm to 7pm. The staff is well versed on menu items and offer tastings of craft beer and sangria. Justin, our server, was attentive and informative. The restrooms are clean, modern and accessible. The bar has several televisions to keep up with a game or favorite show. Parking is free and nighttime overflow can be accommodated in the bank lot next door.

Brix has become a neighborhood favorite for food and entertainment. Wednesday is Latin Fusion night, including dance lessons. Thursday night is karaoke, followed by live music after 9:00pm on Fridays and Saturdays. The bar and dance areas stay open until 2:00 am most nights to accommodate the friendly patrons. Candace is a passionate, "hands-on" owner who takes great pride in her restaurant and customer satisfaction. Their loyalty program awards one specialty pizza after six purchases. Brix is worth the visit for food, drinks and entertainment.

Visit www.brixrestaurantnj.com for more information.

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National Winter Reading Challenge at the Nutley Public Library: Mark Cuban Challenges YOU to Read This Winter!

By Michelle Salimbene Albert,
Senior Librarian



Are you ready for some downtime to counter the hectic holiday preparations? Chill out with a good book, movie or music CD – there are so many to choose from at the Nutley Public Library. Your Nutley Public librarians have compiled an eclectic list of their 2017 favorites.

Escape with a good book. For fiction readers, *The Scribe of Siena* by Melodie Winawer offers true escapist entertainment with its mixture of time travel, history, romance and a touch of mystery. The character-rich *I Found You* by Lisa Jewell is an atmospheric literary thriller where the past and present converge in an intense and suspenseful read. *The Idea of You* by Robinne Lee offers romance with an edge, where a woman of a certain age meets a younger rock star, and grapples with the issues of ageism, sexism and celebrity. Traumatic events in small town life are the focus of the novels *Beartown* by Fredrik Backman where events test the moral convictions of its citizens and *Little Fires Everywhere* by Celeste Ng with circumstances that test the bonds of family, friendship and motherhood. For something a little different, try the graphic novels *Angel Catbird Volumes 1 & 2* by Margaret Atwood, a cat-centric superhero tale.

The Black Hand: the Epic War between a Brilliant Detective and the Deadliest Secret Society in American History by Stephan Lalty is a thrilling nonfiction account of "the Italian Sherlock Holmes" Joseph Petrosino. Military and history buffs will appreciate *Huế 1968: A Turning Point of the American War in Vietnam* by Mark Bowden praised as "an epic masterpiece of heroism and sacrifice."

Teens will love the intrigue and suspense of the science fiction novel *Carve the Mark* by Veronica Roth. The new

fantasy series *The Wizard of Once* by Cressida Cowell is a book to entice even the most reluctant young readers. Graphic novel fans will love the search for true friendship in *Real Friends* by Shannon Hale. The beautifully illustrated *Good Night Stories for Rebel Girls: 100 Tales of Extraordinary Women* by Elena Favilli is a gem of a book

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featuring brief biographies of notable women.

Cozy up with an acclaimed film. *A United Kingdom* is a tale of forbidden love starring David Oyelowo and Rosamund Pike. The sports drama *Dangal* takes us on an inspirational journey that empowers young women to pursue male-dominated industries. Discover the drama, emotion and action that made *Baahubali 2: The Conclusion* Bollywood's highest grossing film for 2017. Immerse yourself in 9th century Anglo-Saxon England in *The Last Kingdom* television series, based on Bernard Cornwell's *The Saxon Stories* novels.

Relax with the feel-good music of Ringo Starr with his 19th studio album *Give More Love* or Pearl Jam's live shows recorded at Chicago's historic Wrigley Field in *Let's Play Two*. You can borrow music on vinyl from the library, such as U2's 30th anniversary edition of *The Joshua Tree*.

Your Nutley Public librarians are always available to offer Reader's Advisory. You will never leave empty-handed from the library!

For more information about our print and digital collection and the different programs that we offer stop by the library, check out our website at nutleypubliclibrary.org, or give us a call at 973-667-0405. The library is located at 93 Booth Drive and is barrier free. Hours: Mon.Tues.Thurs. 9am-9pm/ Wed. Fri.Sat. 9am-5pm.



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EVENTS CALENDAR JANUARY 2018

Jan. 1, Mon.

Monday Night Book Club

@Nutley Public Library,
93 Booth Dr.
Time: 7-8pm
For more information visit www.nutleypubliclibrary.org

Jan. 1, 8, 15, 22, 29, Mon.

Senior Art Program

@Parks and Recreation Bldg., 44
Park Ave.
Time: 1-2:30pm
For more information contact
Linda Hamilton, Senior Citizen
Coordinator at 973-284-4966

Jan. 1, 8, 15, 22, 29, Mon.

Self Help Program: Tai Chi, Qigong, Yoga, Stress Technique & Meditation

@Parks and Recreation Bldg., 44
Park Ave.
Time: 10-11am
For more information contact
Linda Hamilton, Senior Citizen
Coordinator at 973-284-4966

Jan. 2, 9, 16, 23, 30, Tue.

Bridge

@Nutley Public Library,
93 Booth Dr.
Time: 1-4pm
For more information visit www.nutleypubliclibrary.org

Jan. 2, 9, 16, 23, 30, Tue.

ESL Classes

@Nutley Public Library,
93 Booth Dr.
Time: 6:30-8:30pm
For more information about other
class days and times visit www.nutleypubliclibrary.org

Jan. 3, Wed.

Essex County Clerk Program

@Recreation Department,
44 Park Ave.
On the first Wednesday of each
month the Essex County Clerk's
office is available at the Recreation
Department for residents to
obtain passports and Notary Public
services.
Time: 2-8pm Cost: Free
For more information visit www.nutleynj.org/recreation

Jan. 3, 10, 17, 24, 31, Wed.

Gleeful Wellness

@Recreation Department, 44 Park
Ave.
Time: 10-10:45am
For more information contact
Linda Hamilton, Senior Citizen
Coordinator at 973-284-4966

Jan. 3, 10, 17, 24, 31, Wed.

Senior Bingo

@Recreation Department,
44 Park Ave.
Time: 12:30-3pm
For more information contact
Linda Hamilton, Senior Citizen
Coordinator at 973-284-4966

Jan. 3, 10, 17, 24, 31, Wed.

Wednesday Afternoon Knitters

@Nutley Public Library,
93 Booth Dr.
Come share your love of knitting
and crocheting with both beginning
and experienced knitters. Meet
fellow knitters, brush-up on
your skills, and learn some new
techniques. Please bring your own
supplies.
Time: 1-3pm

For more information visit www.nutleypubliclibrary.org

January 4, Thu.

Nutrition Support Group

@Clara Maass Medical Center
The Cancer Center Resource
Room
1 Clara Maass Drive, Belleville
Nutrition therapy is essential for
the treatment of chronic diseases
such as cancer, diabetes, and heart
disease. Patients can speak with a
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as it relates to their diagnosis and
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973.450.2328.

Jan. 6, Sat.

An Hour of Power – Marilyn Rivers

@Nutley Public Library,
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**Jan. 21, Sun.
Kingsland Manor Open House Tour**

@3 Kingsland Street
Come explore the historic homestead of the Kingsland family and beyond, set within park-like grounds overlooking a pond and waterfalls.
Time: 1-4pm
For more information visit www.kingslandmanor.org

**January 22, Mon.
Breast Cancer Support Group**

@Clara Maass Medical Center – Cancer Center
1 Clara Maass Drive, Belleville
Whether coping with a recent diagnosis or survivorship, we invite you to share your journey with others. Light refreshments will be served.
Time: 4PM

If you are interested in attending a Breast Cancer Support Group Session, call Joanna Tortora at 973.844.4150.

**January 25, Thu.
Comprehensive Blood Screening**

@Cancer Center Conference Room
Clara Maass Medical Center
One Clara Maass Drive Belleville
Screening includes a complete cholesterol profile and glucose test in addition to other elements including electrolytes and complete blood count. Entire test includes: Comprehensive Metabolic PNL (Sodium; Potassium; Chloride; Glucose; Blood Urea Nitrogen; Creatinine; Bilirubin, Total; ALK Phosphatase; SGOT/AST; Total Protein; Albumin; Calcium; CO2; and SGPT/ALT), Iron, Lipid Profile (Cholesterol IN IL; Triglyceride; HDL Cholesterol; and LDL Cholesterol), CBC (White Cell Count; Red Blood Cell Count; Hemoglobin; Hematocrit; MCV; MCH; MCHC; RDW; Platelet

Count; and Mean Platelet Volume) and T4 Free.
Time: 7 a.m. to 9 a.m.
Preregistration required. To register, please call 1.888.724-7123

Nutley Department of Public Affairs

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Nutley NJ Young Women's Initiative
Nutley NJ Military & Veteran's Affairs Bureau
Nutley NJ Department of Public Affairs Pet Health Resource Center
Nutley NJ Bernie's Club

Nutley Health Department

They conduct a number of health workshops throughout the year as well as provide resources to some of the finest health service organizations in New Jersey. These resources include home care planning, family/caregiver support and respite, medication

management options and home safety. They also conduct screenings for skin cancer, adult vision, and colorectal cancer. Immunizations and a children's clinic are also available.

Call for more information: 973-284-4976
www.nutleynj.org/content/public-health-hursing.html%20

Nutley Corps

Nutley students from grades 6 to 12 are invited to assist the Department of Public Affairs with a number of our senior citizens, health and veteran programs, and other community services. Nutley Corps is a very rewarding and educational experience for all the students who participate. Email Commissioner Rogers for more information: commissionerogers@nutleynj.org www.nutleynj.org/content/nutley-corps.html

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American Patriotism

By Frankie Turano

I came to the realization that in every town in the United States of America, a truly dignified and sacred hero exists.

The American Flag.

In my heart of hearts, I believe we are privileged to have the most beautiful flag in the entire world. Yes, of course, I am biased just as you are, but I am truthful. It is only my opinion, but I will not waiver from it.

You will find that there is a considerable amount of information on the history of the flag, so I will just highlight the basics. The current design is in its 27th rendition since 1777. The stars on the flag represent the fifty states. The first state to join the Union was Delaware and the last state to join was Hawaii. The colorful stripes have meaning as well. Red is for hardiness and valor, white signifies purity and innocence, and blue denotes vigilance, perseverance, and justice. Bringing together these colors and stars is a symbol of the freedom, liberty, and human rights this country stands for.

You are already aware that I have a relationship with our



veterans, many in my own family, and the highest regard I have for them. I actually think of them every day, not just holidays when we are told that we should give them a passing thought as we bite into the obligatory hot dog or hamburger. No, I have talked with enough veterans and seen enough documentaries to know that the red in the color of the flag actually means the blood spilled on the battlefield.

If blood is spilled, then an intense sorrow and pain,

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both physically and mentally, will undoubtedly follow. To be in that horrifying moment in combat, when blood and chaos of other human beings surround you, as the shrieking sound of mortar shells rain down upon your position, and friends with whom you just had a cup of coffee with that morning, now have bullet-ridden bodies strewn across the battlefield and you will now have to live with that image for the rest of your life. But I was told it was the rancid smell of death that will never leave your senses, and the soldiers I spoke with prayed to God that I would never have to experience that moment.

When the United States Marines took Mount Suribachi on the island of Iwo Jima during World War Two, they raised the American flag high into the air, captured in the historic photograph taken by Joe Rosenthal. The Marines, battle weary and exhausted, were now infused with pride, and it is said, they continued to fight with a new enthusiasm just by the sight of that beautiful flag and what it represented.

This is not dissimilar to what a military uniform symbolizes and the men and women wearing that uniform embody. Anyone who heeds the call to serve our beloved country, during peace time or at war, should be considered a hero. The definition of a hero, a person noted for feats of courage especially one who has risked or sacrificed his or her own life, is and should be most justly applied to the men and women serving in all branches of our military. Every so often, one individual separates

himself or herself to an even higher level, by presenting the ultimate sacrifice with their own lives. For that, I am truly grateful.

Veterans will always say that the true heroes are the soldiers who have given their lives on the battlefield. The courage to fight and die is what they deem hero status.

I believe it is more.

It takes courage to fight on a foreign land, where other human beings were ordered to kill you. It takes courage to live with the daily undercurrent of fear that this may be your last day on earth and that you may never see your loved ones again.

It takes courage to come home to reclaim your voice, as you search for your path in life and find a firmer footing. It takes courage to start a family after witnessing the dark and twisted and evil side of humanity, as you were a

spectator to the horror. It takes courage to bring children into this world, knowing that the possibility exists that they may see the horror of war in their lifetime.

And it takes courage to deal with the anxiety of everyday life.

There can be no courage without fear. Fear is the one emotion that lets us know that we are alive. Overcoming that fear and moving forward in life after an indescribable experience such as war, is the very definition of the word courage. For men and women to sign up willingly or to accept being drafted into the military, or just the basic concept that they had a strong desire to serve their country so that others can live in peace, is my definition of a hero.

Thus, every American veteran is my hero. To be called a veteran is as symbolic as the American flag. A veteran represents a monument to what is truly attainable and that is pride with a quiet dignity.

Like moonlight on the pavement, a veteran is a shining example of all that is good in this ever-so-shadowy world.

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Meet a Matriarch in a Mansion *By David Wilson*

The home is a three-story, seven bedroom, four bath, Victorian shingle-style house built in 1884. The property is almost one acre and was part of the Satterthwaite holdings which covered a large area of the Nutley Park section. Landscaping includes oaks, magnolias, azaleas, open lawn area, and a rose garden. A carriage house is part of the estate. The home has a wrap-around porch on two sides.

These type of buildings were constructed from 1879-1890 at the end of the Stick and Queen Anne, and were designed to bring back functionality and practicality with free-flowing floor plans, open porches, and numerous connections to the outdoors.

Structures were designed with irregular roof lines and the exterior was covered with shingles to appear rustic, yet have a level of prestige when set on large properties by the ocean and on inland estates. These were large homes built for the wealthy and their household staff. There are four wood-burning fireplaces that were retained during renovations in the 1920s.

So where is this home located? 232 Highfield Lane behind a hedgerow of rhododendrons.

The main floor consists of a living room, receiving room, dining room, kitchen, staff area, and toilet room. There are built-in sitting areas and cabinets. An exterior hatch for the ice man exists too. The window glass is original to the home, as evidenced by the wavy or distorted look. Elaborate layers of plaster moldings and wall panels add charm and character. Rooms are enhanced by period furniture and art work.

There have been four owners: 1884 Catherine and Laurence Hopkin, 1891 Alice and George Bayne, 1912 William Longfelder and Jennie Blum Longfelder (Ruth Bedford's Aunt Jane), and 1967 Stanley Bedford and Ruth Grey Bedford.

The improvements and additions to the home were overseen by Aunt Jane. Uncle Bill was a laundry supply



*The mansion is located at
232 Highfield Lane*

mogul and owned Little Falls Laundry. There are no plans or timelines for these modifications that centered around entertaining and additional bedroom space for daughters Myra and Marjorie. Visitors include sharpshooter Annie Oakley, Nutley luminaries, politicians from all levels, Governor Tom Kean, and the thousands that have attended events during the past one hundred years.

Ruth and Stanley met at the Nutley Young Republican Club in 1952 during the Eisenhower years. Stanley practiced law in a Newark law firm prior to becoming a state superior court judge. Ruth was secretary to W. T. Grant, the owner of a department store chain. The late Judge Bedford hosted many parties and weddings in the yard. Current owner, Ruth Bedford, a life-long Nutley resident of almost one hundred years, continues to live in and oversee the property. She actively supports many charitable and social causes throughout the area.

The Blum family, of which Ruth is a descendant, arrived from Alsace Lorraine and two of the ten siblings founded butcher shops in Nutley. Abram Blum (Ruth's grandfather) had a horse-drawn butcher wagon and became the first mayor of Nutley, thereby establishing the family's place in political history.

Look for community events at Ruth Bedford's, including the Lollipop Party, political meet-and-greets, fundraisers, and social gatherings. Tours of the home and grounds are available at these events.

Information compiled through original deeds and interviews with Ruth Bedford.

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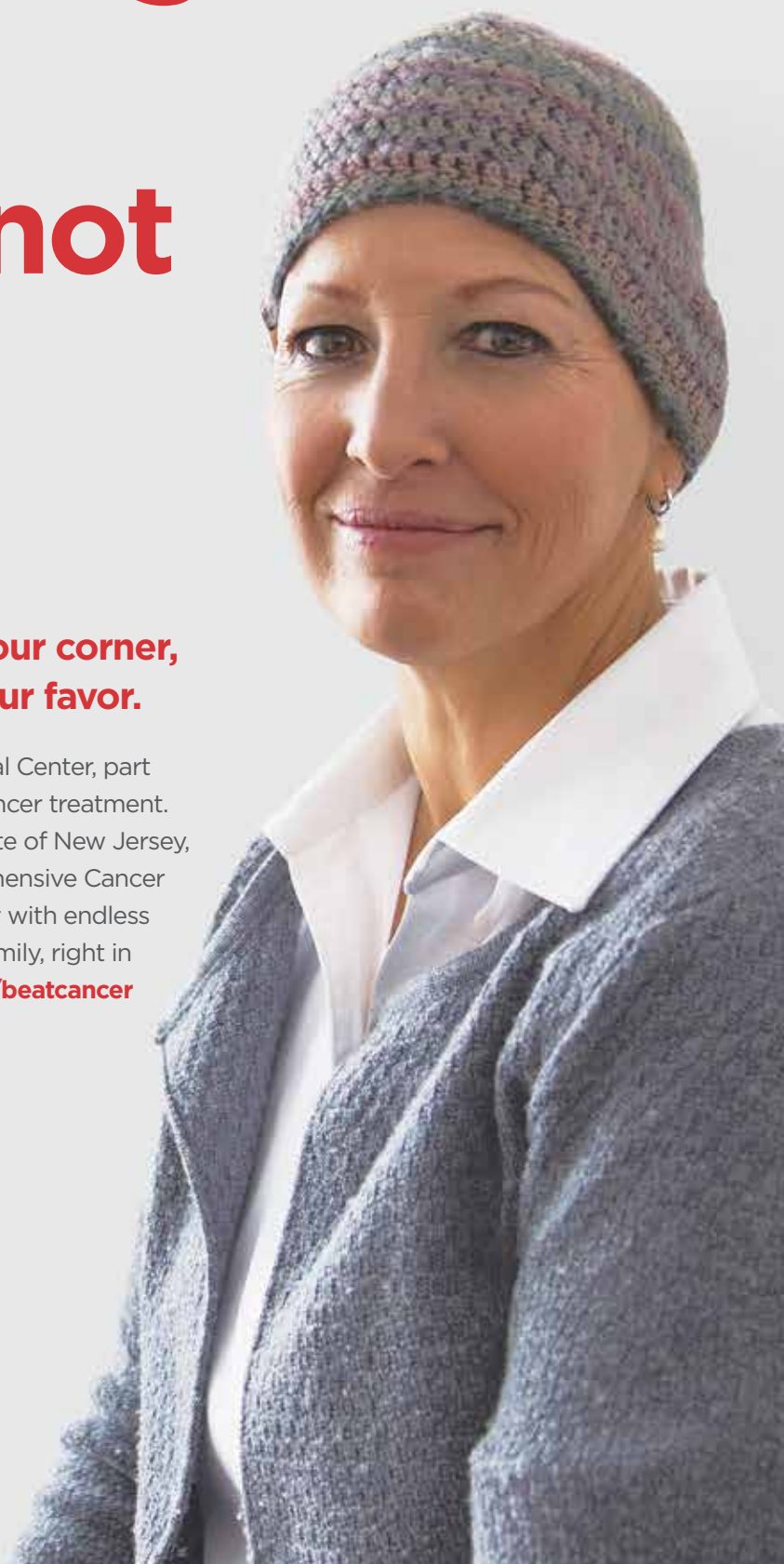
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