

A community magazine serving the residents of Nutley

JULY 2023

NUTLEY NEIGHBORS



THE SIGNORILE FAMILY

Changemakers



Best Version Media

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June 25.....	August 1
July 25.....	September 1
August 25.....	October 1
September 25.....	November 1
October 25.....	December 1

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Letter to Residents

Making Change

One of my first jobs was in retail and I had to learn how to *make change*. That expression is dated now since cash registers compute the amount of change a customer gets back, which leaves out the thinking of the cashier entirely.

I guess that is part of progress since it helps to eliminate cashier error, but I also see it as taking a step backwards. Making change used to require thought on the cashier's part and a focus on the result. With this automated system for making change, the cashier just follows directions, trusting that the register gives the correct response.

But what happens when life asks you to make a change?

On this month's cover is the Signorile family—Dawn, John, and Johnny. Their lives and home were forever changed when Gianna passed away on December 20, 2021 from a rare form of liver cancer, fibrolamellar carcinoma (FLC). She was 21.

As parents, Dawn and John could not change the outcome of this disease. Johnny became one of his sister's caregivers but wasn't able to alter the prognosis.

But together, they took on the role of changemakers. They started a nonprofit, Gianna's Cheers for Hope, which raises money and awareness for FLC. They also tangibly and emotionally support families who are caring for a child with cancer. The Signorile family *makes change* in response to what they have been given.

As I was working on this month's issue, I was happy to see that there are other instances of this happening.

In our Hometown Heroes feature, we remember Nutley resident Pervis Robison, Jr., Seaman, United States Navy. He died in 1963 aboard the USS Thresher, a submarine that was conducting diving exercises off the coast of New Hampshire. His short life and tragic death led to changes that revolutionized Naval submarine design and construction. Read Bill Chivil's article to find out more.

Making change seems to be a healthy response to what happens to us and brings the community together. In our sports feature, the Nutley Jr. Raider Competition Cheer team did just that to support their much-loved coach, Jaime Ardizzone.

As we read through these pages, let's applaud the changes that make our lives better in spite of our circumstances.

Joyce Corey Content Coordinator



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Pet Corner

Adopt Us!

Submitted by
Christa Milici,
Yellow Brick Road
Rescue NJ

Billy Jean is a 2-year-old female. She spent the first part of her life outdoors but is now happy to be inside. She is looking for a family who will understand that she needs a lot of time to adjust to a new home. She gets along with cats but is not a fan of yappy dogs, although she should be fine with a quiet dog. No young kids since she is very shy. She is spayed, microchipped, vaccinated, and FIV/FelV tested prior to adoption. \$150 adoption fee and application apply. ■



To apply for Billy Jean:

<https://yellowbrickroadrescuenj.com/cat-adoption-application/> or email us at yellowbrickroadnj@gmail.com

Submitted by Nicole Milici, Jersey Pits Rescue Inc.



Dottie recently joined our rescue after being surrendered to a local inner-city pound due to landlord issues. She is estimated to be about 4 months old, and she is as sweet as she is cute. She is doing wonderfully in

her foster home but would absolutely love a forever home and family of her own. She is dog and child-friendly and would make a great addition to any active family. If you are looking to add a beautiful young pup to your family, Dottie is the one for you. ■

Visit www.jersey pitsrescue.com to apply.

*All dogs under 6 months old are required to go into a home with another resident dog.

2023 Real Estate Snapshot In Nutley*

PROPERTY ADDRESS	LIST PRICE	SALE PRICE	DAYS ON MARKET
300 Centre St.	\$479,000	\$425,000	29
77 Evergreen Ave.	\$445,000	\$427,500	10
15 Conover Ave.	\$489,000	\$430,000	98
25 Woodland Ave.	\$449,000	\$430,000	37
86 William St.	\$515,000	\$470,000	162
172 Columbia Ave.	\$399,900	\$475,000	6
74 Satterthwaite Ave.	\$399,000	\$475,000	13
23 Evergreen Ave.	\$449,900	\$502,151	9
36 N Spring Garden	\$469,000	\$520,000	10
73 Mapes Ave.	\$510,000	\$575,000	10
275 Prospect St.	\$535,000	\$600,000	10
38 Mount Vernon St.	\$659,999	\$682,000	25
14 Nutley Ave.	\$690,000	\$705,000	76
41 Yantacaw Pl.	\$699,000	\$725,000	15
28 Nelson Pl.	\$654,900	\$730,000	10
136 Mount Vernon St.	\$749,999	\$740,000	8
18 Hudson St.	\$595,000	\$750,000	19

*GSMLS Data: Single Family, Condominiums/Cooperatives, Town Houses January-May 2023



Home Sold on Grant Ave. Nutley

Median List Price **\$489,900**
Median Sale Price **\$502,151**
Median Days on Market **19**

Best Version Media does not guarantee the accuracy of the statistical data on this page. The data does not represent the listings of any one agent or agency but represents the activity of the real estate community in the area. Any real estate agent's ad appearing in the magazine is separate from the statistical data provided which is in no way a part of their advertisement.

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The Signorile Family Changemakers

By Joyce Corey

Photograph by Carly Ann Photography

"The only constant in life is change." –HERACLITUS

I'm sure that all of us have experienced changes throughout our lives and have even come to expect them. While those changes could encompass a myriad of things and affect your lives in either small or large ways, there may come a time when a change defines you and shapes your future.

That's what happened to the Signorile family—Dawn, John, and Johnny—after Gianna passed away on December 20, 2021 from a rare form of liver cancer, fibrolamellar carcinoma (FLC). She was 21.

Grief and sadness embraced Dawn and John, as they could do nothing to help their daughter battle this rare cancer. Johnny, who is now 18, was one of his sister's caregivers. Gianna's medical diagnosis was unexpected and never completely understood. It was a change that shattered them.

But it did not silence them. Out of their grief they became changemakers.

"Gianna's passion and joy for life was the inspiration for why we started our nonprofit organization, Gianna's Cheers for Hope," Dawn said. "We hope to transform our grief into a path of hope for children battling pediatric cancer and to support their families as well. Ultimately, we aim to be changemakers, just as Gianna was herself." (You can read more about Gianna's Cheers for Hope in this month's Charity Spotlight.)

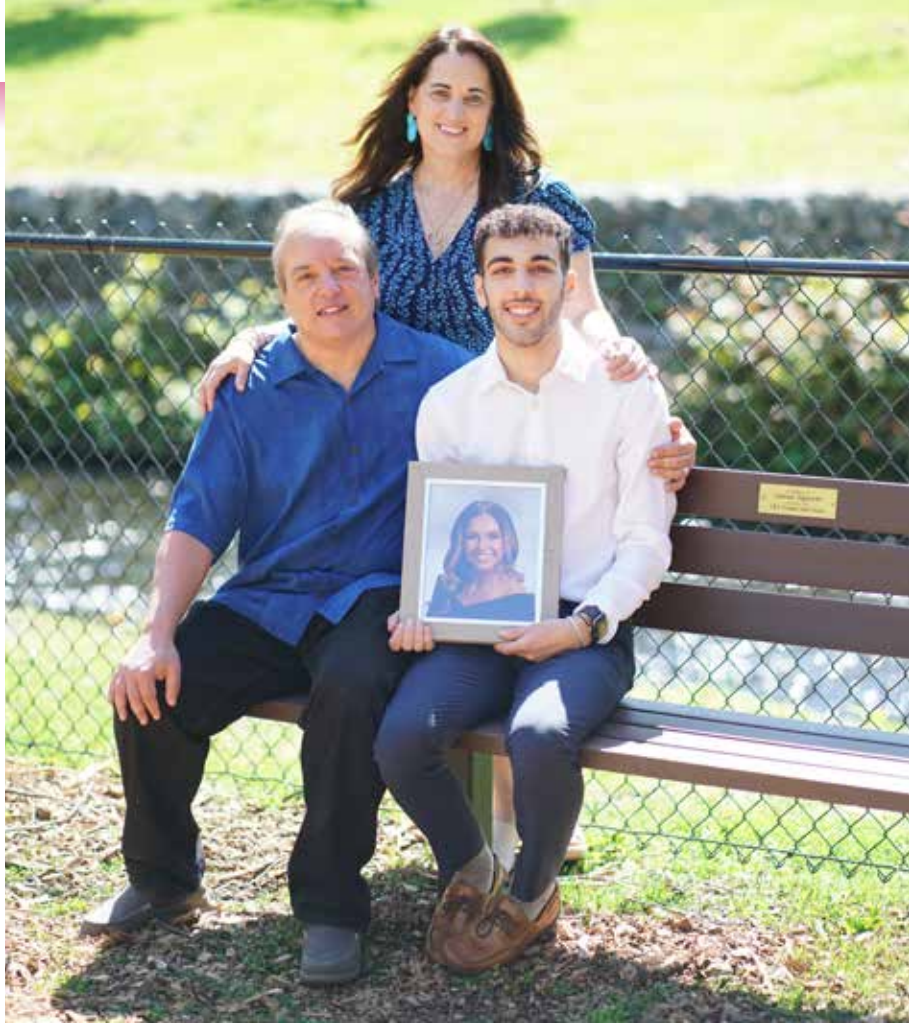
Johnny, a 2022 graduate of Nutley High School, is attending Northeastern University in Boston and majoring in health science.

"I plan to become a pediatric doctor," he said. "Gianna is my biggest inspiration and reason for wanting to be a doctor."

Although the Signorile family has endured a momentous change, there is also a comforting constancy in their lives.

"We truly enjoyed living and raising our children here for the past 32 years," Dawn said. "Nutley has a small-town feeling filled with people and families who have big hearts. We were blessed to meet wonderful families as our two kids went through Nutley schools, playing sports, and attending camps, programs, and events. The Radcliffe School, where our children started, was excellent. The teachers and staff looked after our kids as if they were their own. The friends our children made remain their closest friends."

Dawn and John are both educators, which makes



their praise of the Nutley school system even more special.

"After getting married and moving here from Jersey City, where we both grew up, we lived on Cleveland Avenue for 14 years," Dawn said. "We were then looking in nearby towns for a home and decided to stay in Nutley because it offered more for our family, and we loved living here. We purchased our present house on Chestnut Street. It was the best decision we made to stay in Nutley."

"John and I went to St. Peter's College in Jersey City," she said. "I later went to Montclair State College where I received my master's degree in reading and graduated from

the Reading Specialist Certification program. We are both educators and truly love our careers. John was a computer technology teacher at P.S. 23 in Jersey City and then went on to teach third-grade math and science at the same school. He also taught computer science at Dickinson High School in the evenings. He retired last year after teaching for 30 years. I have been teaching 27 years as a special education teacher at Tenafly High School and I also teach English and reading to special education students."



When Gianna and Johnny were growing up, they were each active in the many sports Nutley has to offer.

"Gianna played soccer, dance, track, basketball, and softball but her passion in high school was cheerleading," Dawn said. "She was the captain of the Nutley High School Squad in her senior year. She coached little girls in cheerleading and went to cheering camps in town. Johnny played youth soccer, Little League and ran track. Both children were straight A students and in the National Honor Society. Johnny was a member of the student council as well. Gianna worked while she was in high school at Little Angels Daycare in Nutley. Johnny taught third grade CCD at St. Mary's Church here in town."

The constancy of a caring community formed the foundation for the Signorile family and instilled strength in them. Which is why in September 2019, they were able to withstand the harsh changes that came into their lives.

"My daughter and I were diagnosed on the same day in September 2019," Dawn said. "Gianna was misdiagnosed with a non-cancerous liver tumor, and I was diagnosed with triple-negative breast cancer. I underwent surgery followed by 16 rounds of chemotherapy and 25 rounds of radiation. In April of 2020, I finished treatment and a month later



5 Things the Signorile Family Loves About Nutley

1. **Beautiful parks** that run through the town
2. **Quaint small-town feel** and family-centered people
3. **Italian delis** and restaurants
4. **School system**
5. **Sports** programs and community events

Gianna was rushed to the emergency room and was diagnosed with fibrolamellar carcinoma."

But once again, a caring community was foremost in their lives, this time to give them hope and help.

"The community is amazing and helps one another," Dawn said. "When our daughter became ill with cancer, the people of the town and neighbors lifted us up. They gave us dinners, baked pies, sent flowers, cards, gift cards, and dedicated a tree and bench in front of Nutley High School in Gianna's name. This town has shown us so much love that it really comforts us and helps ease our pain. We feel truly blessed to be a part of this genuinely loving and caring community."

Out of these changes came a family of changemakers.

Their nonprofit, Gianna's Cheers for Hope, raises money for fibrolamellar carcinoma research and provides practical assistance to families who are caring for a child with cancer. Johnny's goal of becoming a pediatric doctor was inspired by his sister's life and her courage.

Changes may be a constant in life, but for Dawn, John, and Johnny Signorile, their empathy and genuine goal of making the world a better place turned them into changemakers. And that's an important role to fill in our world. ■

We are always looking for fascinating residents to feature in Nutley Neighbors. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com.

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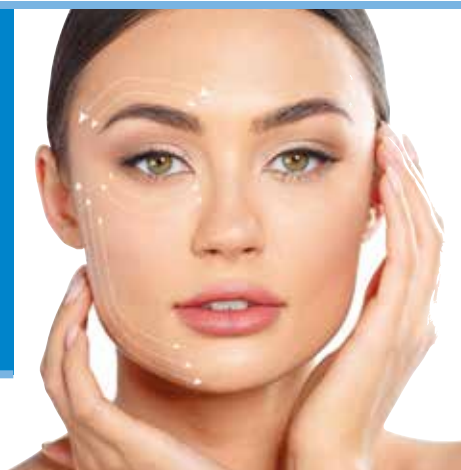
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Gianna's Cheers for Hope

By Joyce Corey

Sometimes a voice is never silenced—and that's a good thing.

This is true of Gianna Signorile, a 21-year-old Nutley resident who passed away on December 20, 2021 from fibrolamellar carcinoma, a rare form of liver cancer. Her parents, Dawn and John, and her younger brother, Johnny, wanted to honor Gianna's memory and to help other people in similar situations.

Gianna's Cheers for Hope was created to give a voice to this medical condition and to give hope to families.

"On May 26, 2020, during the height of the COVID pandemic, we received news that turned our world into a total nightmare," Dawn said. "At the age of 19, our beautiful, vibrant daughter was diagnosed with fibrolamellar carcinoma (FLC), which affects only 1 in 5 million children and young adults. We were devastated to learn that there was very little chance of curing Gianna's cancer completely. Since this type of cancer was so rare, only a handful of doctors knew of the disease, which left very minimal treatment options."

As parents, Dawn and John did everything within their ability to help their daughter battle cancer.

"Our research led us to Rush University Hospital in Chicago where Gianna endured a 16-hour surgery to remove all the cancer," Dawn said. "Gianna had many unfortunate and serious complications following the surgery which led her to postpone treatment, which she later began closer to home. Unfortunately, a mere 4 months after her surgery, the cancer returned. She continued aggressive treatment at NY Presbyterian and attempted to find normalcy by taking a full semester load of classes at Fordham



University and renting an apartment near campus."

"Gianna fought this disease with immense bravery that was unimaginable to many," Dawn said. "A month before her passing, the doctor mentioned hospice, but Gianna planned a trip to Nashville with her friends instead."

"Eighteen days after she went to Nashville and eighteen months after her diagnosis Gianna earned her wings," Dawn said.

Gianna's Cheers for Hope, a nonprofit 501(c)(3) organization was incorporated on March 13, 2022. The name of the foundation reflects one of Gianna's favorite activities: cheerleading.

"Our mission is to raise money for fibrolamellar carcinoma research, provide scholarships to Nutley High School seniors who demonstrate the qualities Gianna lived by, and give toys and gifts to children who are suffering from cancer," Dawn said. "We also provide monetary help to families that are struggling with caring for a child with cancer."

The Signorile family understands the sadness and uncertainty that surrounds a cancer diagnosis. Out of their pain comes a desire to help those around them.

"If you know of a family who needs help, please ask them to contact me," Dawn said. "I can be reached at sigdawn@optonline.net or through our website www.giannashope.org. We are hosting a tricky tray on November 1 at Valley Regency and would love to see our *Nutley Neighbors* come to this event."

Gianna Signorile's strength and bravery is still being heard. ■

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60 Years Later, Nutley's Loss Still Resonates

Pervis Robison Jr. *Seaman, United States Navy*
Dec. 15, 1941 - April 10, 1963

USS Thresher 1961-1963

By **Bill Chivil**

The sky was overcast as people filed into the small park located inside Portsmouth Naval Shipyard. The modest patch of greenery was home to the USS Squalus memorial.

The World War II era submarine had sunk in 1938 while conducting diving exercises off the coast of New Hampshire. 26 of her crew members drowned, but 33 were rescued. After months of salvage efforts, the sub was recommissioned as USS Sailfish and deployed to the Pacific.

On this day, April 15, 1963, eight rows of folding chairs were set up in front of the memorial to commemorate another submarine; one that had not survived a mishap. The USS Thresher had sunk five days earlier off the coast of Cape Cod while conducting diving exercises. She now sat at the bottom of the North Atlantic in over 8,400 feet of water. No rescue was possible for the 129 men aboard.

Family members, friends, and colleagues were gathering to pay respects, but the shipyard workers still wearing their hardhats brought a poignancy to the somber ceremony—many had helped build the 278-foot vessel.

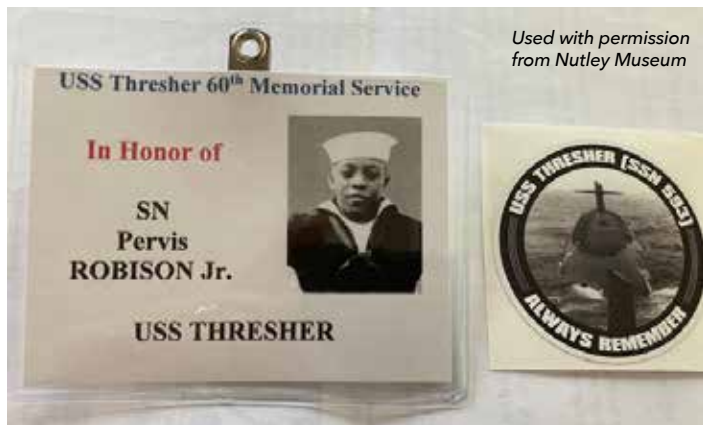
Seaman Pervis Robison, Jr., a Nutley resident, served aboard the USS Thresher. He had been assigned to the ship after serving on the staff of commander, Submarine Development Group 2, where he received a letter of commendation for his outstanding performance of duty.

On April 15, 2023, I attended the 60th memorial for the USS Thresher at Traip Academy in Kittery, Maine. Due to the advanced age of Thresher family members, the logistics of hosting the event at the shipyard proved to be too complex.

Retired Vice Admiral Al Konetzni and Captain Michael C. Oberdorf, USN, Commander at Portsmouth Naval Shipyard both spoke. New Hampshire Senators Jeanne Shaheen and Maggie Hassan also gave remarks. But the memories shared by Bruce Harvey, son of Commanding Officer John Wesley Harvey, hit home. He shared many details of his father's life and career, including how, on the day after the sinking, US government officials had come to his home to inform his mother that the Thresher was lost. As Bruce noted dryly, "we already knew that dad was not coming back."



USS Thresher taken at sea July 24, 1961 (above) Official US Navy photograph, from the collections of the Naval History and Heritage Command.



Used with permission from Nutley Museum

After the ceremony, I noticed a table filled with name tags, each with a name and photo of someone who had served aboard the Thresher. Many had already been claimed, but dozens sat waiting for family members who had long ago reunited with their lost loved ones. I brought Pervis' name tag back home and donated it to the Nutley Museum.

The USS Thresher sailed on its final voyage from Portsmouth harbor 60 years ago. But those who gave their lives in the line of duty, including Commanding Officer Harvey and Seaman Robison, will never be forgotten.

The sinking of the Thresher ultimately led to SUBSAFE, a program that revolutionized Naval submarine design and construction, and instituted advanced training. Its changes have likely saved thousands of lives. To this day, no SUBSAFE-certified American submarine has been lost. ■

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Cheerleading for Life

By Joyce Corey

The Nutley Jr. Raider Competition Cheer team embodies the meaning of cheering someone on. So much so that they continued cheering their way right off the mat and right into the Nutley community and the heart of their coach, Jaime Ardizzone.

The team consists of 24 athletes in grades 5-8. Over half of the girls were new to the team while another 13 were 8th graders in their last season. These athletes created the strong bonds and cohesive teamwork that led them to the title of grand champions.

"Last year was the first year since 2019 that Nutley had a competitive cheer team due to COVID. I took over as head coach when we were given the green light to return," says Coach Ardizzone.

In their second year back, "the girls competed in 5 local competitions from January through March where they took first place in their individual division (8th and under division) in all 5 comps. They achieved their personal best score this season as well as a title of Grand Champions."

The Jr. Raiders Cheer team didn't just tumble into the top spot. "The girls faced some adversity coming into the season with illness and injury both plaguing the team. They kept pushing forward, working hard day after day to rearrange, recreate, and execute despite that adversity. They remained

determined and driven as a team and left their hearts out on the mat week after week."

But they weren't satisfied with just a flawless record. They turned their cheers right back to their coach.

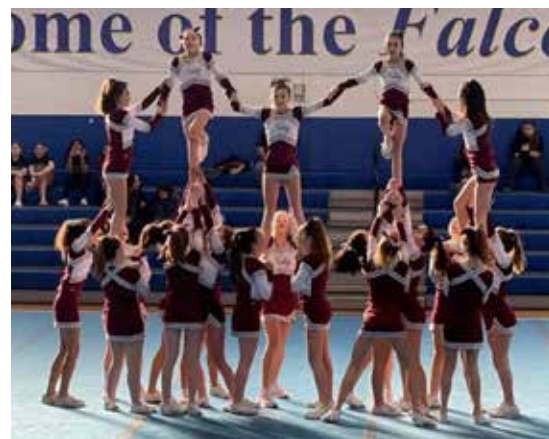
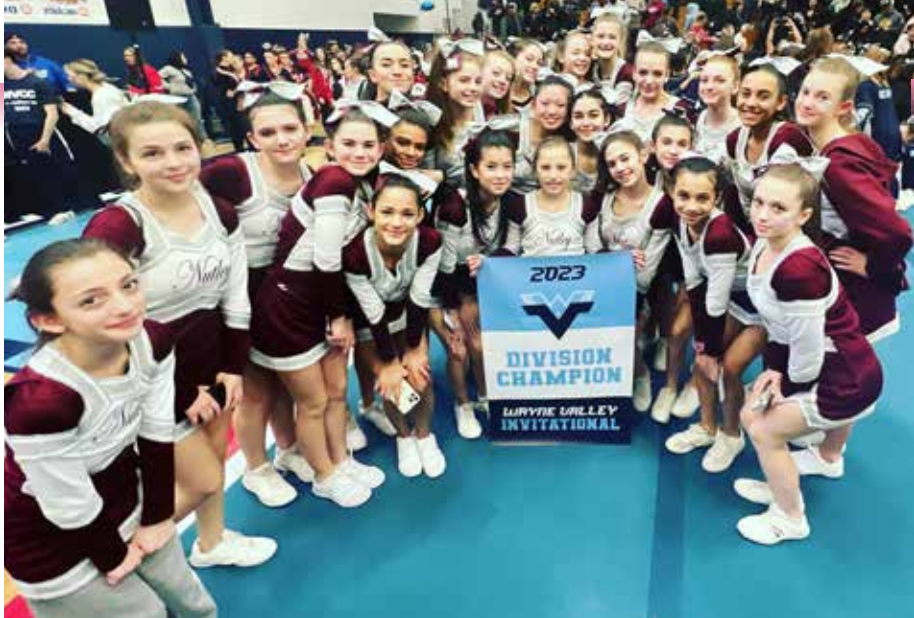
"Two years ago, I was diagnosed with a rare cancer called uveal melanoma. Since my diagnosis, I have had radiation along with numerous surgeries," says Coach Ardizzone. "A few months back, I had another minor surgical procedure on my eye and showed up that same evening to practice. As I explained to the girls why I couldn't get on the practice mat to stunt with them like I normally did, the topic of cancer and Relay for Life came back up." Coach Ardizzone had previously declined joining Nutley Relay for Life because she is "a very private person and didn't want the attention on myself."

Her team's enthusiasm changed her mind. "I asked if they would be interested in creating a team and raising awareness about cancer via Nutley Relay for Life; they all hopped on board without question," says Coach Ardizzone. "Cheer Away Cancer #Jaime'sJourney was born."

The undefeated cheer team has made quite an effective Relay for Life team as well. "We have already raised over \$4900 with a Toe-Touch-a-Thon, a Pinot's Palette paint night, selling Hope Door Hangers, and our newest venture of Flocking."

"It was a jam-packed, emotional journey for us this season," Jaime Ardizzone said. "I am amazed at the level of talent I have seen on this team and the bonds that were created. I am sad to see the season end but am already looking forward to next season!"

Let's cheer them on as they cheer others on. ■





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Should I Sell While Having a Low Interest Rate?

Contributed by Cathy Kelly,
Century 21 Award

As a realtor, it's important to educate homeowners on the benefits of listing their home for sale, even in a high interest rate environment when they own a low interest rate mortgage. While it may seem counterintuitive to sell a home with a low interest rate mortgage, there are several reasons why it may still be a good idea.

First and foremost, the housing market is constantly changing, and interest rates are just one factor that can impact the value of a home. While interest rates are important, they are not the only factor that determines a home's value. Other factors such as location, condition, and demand are equally important and can have a



Expert Contributor

significant impact on a home's value.

Secondly, homeowners who are looking to sell their home and upgrade to a larger or more expensive home may actually benefit from the current high interest rate environment. While it's true that higher interest rates can make it more expensive to borrow money, they can also make it easier to qualify for a larger loan. This is because lenders typically require borrowers to have a higher credit score and a larger down payment when interest rates are low. However, when interest rates are high, lenders may be more willing to

lend to borrowers with lower credit scores and smaller down payments. Additionally, homeowners looking to sell and move into a new situation shouldn't be deterred from purchasing in a higher rate environment because refinancing is always an option. In fact, you should shop around lenders to see which ones might offer free refinancing terms if rates dramatically change within 12-24 months of your new purchase.

Thirdly, homeowners who are looking to downsize or move to a more affordable area may also benefit from listing their home for sale in a high interest rate environment. This is because higher interest rates can actually help to cool off a hot housing market, making it more affordable for buyers to purchase a home. This can create more competition among buyers and lead to higher offers for homes that are priced competitively.

Finally, homeowners who are looking to sell their home in a high interest rate environment may actually be able to sell their home for a higher price than they would have been able to in a low interest rate environment. This is because higher interest rates can make it more expensive for buyers to borrow money, which can lead to lower demand for homes. However, this can also lead to a shortage of homes on the market, which can drive up prices for homes that are available. ■

Take the first step towards selling your home for the best price possible! Contact Cathy Kelly to request a complimentary market analysis at 201-232-8583, clkelly7@aol.com, or www.clkellyrealtor.com



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Art Inspired by Reading, Learning, and Travel

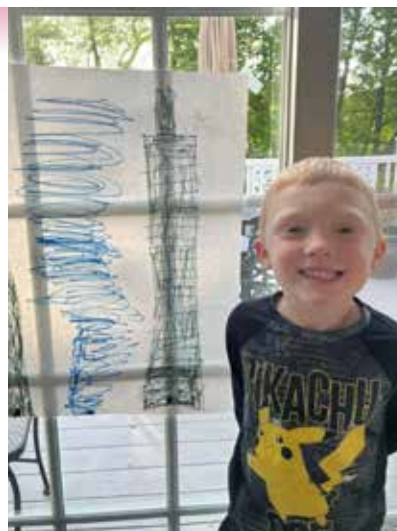
By Michelle Palmer

Vincent is only 5 years old but already has a great love for drawing. He is very happy to show his picture of New York City and a tornado. He learned that the Empire State Building is one of the tallest in the city and challenged himself to draw it.

Liliana is 8 years old and is a big fan of Harry Potter. She created this adorable penguin book report for her third-grade project in Radcliffe school. She had a great experience turning her assignment into a craft that was eye-catching and a reminder of why she loves books. This project perfectly combined her love of reading and crafting.

Daria is 6 years old and loves animals as well as nature. She was inspired by Franz Marc's famous work called *Blue Horse*, and she used her imagination to put this vibrant masterpiece together. Creating and coloring the horse made a treasure to be enjoyed for years to come. ■

Michelle Palmer is the author of a children's book, *Brinco Finds His Way Home*, which is available at Amazon and Pretty Handy in Nutley.



Featured Article



Image Courtesy: Darren Carroll/
Cabo Collegiate/Rice Athletics

Raghav Chugh remains motivated as golf career blooms at Rice

By Isaiah Butler,
BVM Sports Journalist

Raghav Chugh established himself as one of the best collegiate golfers in the country with Conference USA Freshman of the Year Honors in 2022. Now the Rice University standout aims to become the next Indian golfer to make it to the PGA Tour, and he's carrying plenty of motivation to make that dream a reality. Growing up, Chugh was interested in cricket, the most popular sport in India, but with most of the country playing it, he and his family soon realized that his talents might be on the links...

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Best Summer Reading 2023

Submitted by Jeanne Sylvester, Supervising Librarian

Summer is here and that means the Nutley Public Library will have many books for you to enjoy by the pool and lake, or on the beach or your couch! A good book can make any day feel like an escape, a getaway, or inner vacation. We have suspenseful thrillers, steamy romances, light and easy reads, rich and detailed histories, true-crime stories, memoirs, and much more, so there's something sure to please everyone.

Many of these books are by best-selling authors, but several are from new and promising authors. Come to the library and check out our book displays that will feature many great summer reads. Don't forget about our digital collections of eBooks and eAudio-books available from hoopla and Libby for streaming or downloading on your smart device. Be sure to make a visit to the Nutley Public Library part of your vacation or staycation planning!

The theme for this year's summer reading program is "All Together Now." So come to the library to get some great books, attend a fun program, and let your love of books, reading, and community bring us "All Together Now." Be sure to sign up for the Adult Summer Reading Program online, as all Nutley participants will be eligible to win prizes from local merchants at the end of the summer.



■ Popular Fiction & Thriller

The Celebrants by Steven Rowley

The Darlings by Hannah McKinnon

Drowning by T.J. Newman

The Five-Star Weekend by Elin Hilderbrand

Happy Place by Emily Henry

The Only One Left by Riley Sager

On Fire Island by Jane L. Rosen

Summer Reading

by Jenn McKinlay

■ Non-Fiction & Memoir

100 Places to See After You Die:

A Travel Guide to the Afterlife

by Ken Jennings

The Art Thief: A True Story of

Love, Crime, and a Dangerous

Obsession by Michael Finkel

Bogie & Bacall: The Surprising True Story of
Hollywood's Greatest Love Affair

by William J. Mann

Pageboy: A Memoir by Elliot Page

Quietly Hostile: Essays by Samantha Irby

The Wager: A Tale of Shipwreck, Mutiny and

Murder by David Grann ■



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Knowing Your Tooth Replacement Options

Contributed by Dr. Shefali Pilar, DDS,
Smile Today Dentistry of Nutley

Did you know that missing teeth can cause your other teeth to drift out of position, change your bite, lead to tooth decay or gum disease, and even change the way your face looks? Whether you lost a tooth due to injury, gum disease, or decay, there are multiple options to replace missing teeth and restore function.

■ Dental Implants

Dental implants are often considered the gold standard for tooth replacement. They can replace a single tooth, multiple teeth, or even be used to support a full set of dentures to make them more stable. Although not perfect, implants come closest to looking and feeling like a natural tooth.

Not everyone is a good candidate for implants. Since implants are placed surgically into the jawbone, you must either have adequate bone to support the implant or be able to have the area grafted artificially with bone. Poor hygiene habits, periodontal (gum) disease, tobacco use, or certain chronic illnesses such as diabetes or leukemia can compromise implant healing and long-term success.

■ Tooth-Supported Fixed Bridges

A tooth-supported bridge is a great alternative to dental implants. It involves filing down natural teeth on either side of the missing tooth. These teeth will receive crowns that are attached to a "fake" crown called a pontic to fill in the missing space. A bridge is cemented into place and not removable. The process usually takes about 2-3 visits over the course of a few weeks.

While a bridge is less invasive and more economical than getting an implant, it is not considered as conservative since it requires shaving down natural teeth which may otherwise not need to be touched. A bridge is also more tedious to clean around and requires the use of a waterpik and/or floss threaders to maintain good hygiene.

The implant process can range anywhere from 2 visits to 2 years depending on how complex your specific situation is. The implant itself is a screw made of a strong but lightweight metal called titanium which is biocompatible with the human body. An oral surgeon places the implant into the jaw, and it takes a few months for it to fuse and integrate into the bone. Once the implant is integrated and healed, an abutment/post and a dental restoration (crown, bridge or denture) will be placed securely on top.



■ Removable Protheseses

Removable protheseses such as partial or full dentures were once the traditional choice for teeth replacement. Partial dentures often have metal or plastic clasps that hook around teeth to help hold them in place. Full dentures rely on a suction effect or even denture adhesive to hold them in place.

Partial/full dentures are the most economical tooth replacement option and are easy to repair or replace. They do not look and feel as natural as implants or fixed bridges and are often uncomfortable. They need to be removed daily and sometimes after each meal. These types of removable prothesis can move around when eating or speaking, even with the use of adhesives.

Although removable partial/full dentures are not desirable, they are a good option either permanently or temporarily for those who may not qualify for dental implants or fixed bridges due to anatomical or financial constraints.

■ Long Term Success

Tooth replacement with implants, bridges, or removable protheseses can reestablish proper functioning, bite, and

facial esthetics. However, even the best dental treatment can and will eventually fail. Decay can develop even around well sealed crowns and bridges, bone loss can occur around implants, and teeth can fracture due to grinding habits. Furthermore, dental restorations are artificial materials and just like cars, roads, or sneakers, they experience wear and tear which can cause porcelain to chip, implant screws to loosen, and clasps to snap off. No man-made material lasts forever but proper dental hygiene, good dental habits, and a healthy diet can prolong the life of restorations and your overall dental health. ■

JULY 2023 EVENTS CALENDAR

July 3, Mon.

Summer Music: The Infernos and Fireworks Spectacular

@Brookdale Park, Watchung Ave., Bloomfield

The Essex County Free Summer Music Concert series offers a diverse lineup of performers who will take center stage throughout the historic park system. A fireworks spectacular will follow the concert.

Time: 7:30pm

For more information visit www.essexcountyparks.org/parks/brookdale-park/calendar

July 5, Wed.

Summer Matinee and Craft

@Nutley Public Library, 93 Booth Dr.

For all ages. Join for an afternoon movie and work on a craft! Film rated PG. No registration required.

Time: 2-4pm

For more information visit www.youthservices.nutleypubliclibrary.org or call 973-667-0405 ext. 2623

July 11, 18, 25, Tue.

Children's Improv Workshop

@Nutley Public Library, 93 Booth Dr.

For ages 6-12. Michele Traina of PropBox Players teaches guided improv using props, movement, and sensory play. Participants will be taught basic short form improvisation rules and will make slime at the end of the workshop! Registration is required.

Time: 3-4pm

For more information visit www.youthservices.nutleypubliclibrary.org or call 973-667-0405 ext. 2623

July 12, Wed.

Monthly Cancer Support Group | Clara Maass Medical Center

@Clara Maass Medical Center, 1 Clara Maass Dr., Belleville or attend virtually

Each month's meeting—held virtually and in person—will highlight a different community resource and allow patients to share their own cancer

journeys and talk among themselves.

Time: 6-7pm

For more information and virtual registration link visit www.rwjbh.org/events

July 15, Sat.

Author Book Discussion:

Michael Gabriele – Colonial Taverns of New Jersey

@Nutley Public Library, 93 Booth Dr.

Author Michael C. Gabriele unearths intoxicating stories of New Jersey's colonial taverns. New Jersey was the "Crossroads of the American Revolution," and as battles raged, colonial taverns formed the social network that held the state together.

Time: 2-3pm

For more information visit www.nutleypubliclibrary.org/calendar

July 15, Sat.

What's Out There... A Planetarium Experience

@Nutley Public Library, 93 Booth Dr.

For ages 6 and up. Discover our connection to the universe... right in your library! Children under 10 must have an adult accompany them. Registration required. Please only register for one session.

Time: 10-10:45am, 11-11:45am, 12-12:45pm

For more information visit www.youthservices.nutleypubliclibrary.org or call 973-667-0405 ext. 2623

July 24, Mon.

Insects of Summer Nights

@Essex County

Environmental Center, 621-B Eagle Rock Ave., Roseland
For families. Discover insects of summer nights, make natural insect repellent, then search for fireflies, ladybugs, aphids, moths, and more before returning to make and take an insect mosaic craft!

Pre-registration and payment required either in person, by mail, or online.

Time: 6-7:30pm

Cost: \$30 per family (up to two adults and two children) or \$10 per child; \$12 per adult

For more information or to register visit www.essexcountyparks.org/calendar

July 29, Sat.

Butterfly Gardening Workshop

@Essex County Environmental Center, 621-B Eagle Rock Ave., Roseland

For adults and children ages 8 and older. Find out more about butterfly gardening in this hands-on workshop.

Time: 10:30-11:30am

Cost: \$30 per family (up to two adults and two children) or \$10 per child; \$12 per adult

For more information or to register visit www.essexcountyparks.org/calendar



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