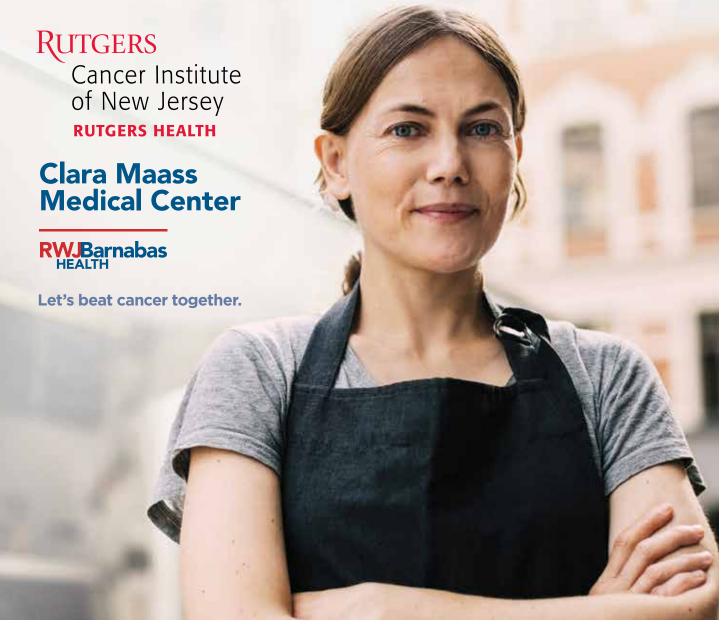


I've got melanoma but I also have a dedicated team of specialists on my side.

Skin cancer is the most common type of cancer. At RWJBarnabas Health, we take a coordinated approach to treating it in all its forms, including melanoma, with a multidisciplinary team of experts including surgical oncologists, medical oncologists, radiation oncologists, nurse practitioners and navigators. In partnership with Rutgers Cancer Institute of New Jersey,

the state's only NCI-designated Comprehensive Cancer Center, we offer the latest clinical trials, complex surgical procedures, and sophisticated radiation therapy techniques to treat your type of skin cancer. Visit rwjbh.org/beatcancer or call 844-CANCERNJ.





Publication Team

Publisher: Michael Stefanelli



Content Coordinator: Joyce Corey Designer: Marti Golon Contributing Photographer:

Contributing Writers:

ADVERTISING

Contact: Michael Stefanelli Email: mstefanelli@bestversionmedia.com Phone: 973-277-7301

Feedback/Ideas/Submissions: Have feedback, ideas or submissions? We are always happy to hear from you!

Deadlines for submissions are the 25th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: jcorey@bestversionmedia.com.

Content Submission Deadlines:

Content Due:	Edition Date:
November 25	
December 23	February 1
January 25	March 1
February 25	April 1
March 25	May 1
April 25	Juné 1
May 25	July 1
June 25	August 1
July 25	September 1
August 25	
September 25	
October 25	December 1

Any content, resident submissions, guest columns advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted. All content submitted is done so at the sole discretion of the submitting party. © 2022 Best Version Media. All rights reserved

What's Your Superpower?

f you think you don't have a superpower, then this issue of Nutley Neighbors is sure to change your mind. I believe there are many levels of superpowers; Spiderman is at the top tier of superpower-ness (I just made that word up!) and then there are the more common types. Like some of our Nutley Neighbors.

No, I have never witnessed anyone in town scaling walls or displaying lightning-fast reflexes, (unless they had their invisibility cloak on!) but I can attest to noticing certain outstanding abilities and attributes that some people have when they are dedicated to achieving their goals.

On the cover of this issue are three women: a mother and her daughters. Their story starts in South America, but time and travel bring the women to Nutley. The children grow up in town, the mother goes back to college to get a degree and the daughters follow in her footsteps, choosing the same educational focus. All these choices and decisions led to the Cifelli women opening their own physical therapy business.

I consider that to be a show of their superpower-ness. Three women reaching one goal together is indeed something to applaud.

Do you know how the organization, Special Young Adults, started? Linda Buset's article will tell you about the early days of this group and we have a terrific photo of the groundbreaking ceremony in 1973-with all the original SYA students.

Their building dedication on June 4 honored Debbie Pecora and reminded all of us about the idea that started SYA. Decades ago, there weren't many options for young people with disabilities once they turned 19, but Debbie's family and several others from town had a vision to create something new.

Yep, that was their superpower. Their love for these special young adults and their determination to have a program that would enrich their lives is still making a difference here in town.

Imagination is a powerful superpower, and the Nutley Community Partners for Peace (NCCP) has joined with local businesses, groups, and people from diverse backgrounds and ages to create a sculpture to affirm the concept of unity. The next time you are in Yanticaw Park, be sure to take a few moments to appreciate this visual representation of peace.

If you are ever again asked if you have a superpower, please consider all you have already accomplished through your dedication, love, and imagination.

While Marvel Comics may not offer you a movie deal to showcase your superpowers, your Nutley Neighbors are indeed impressed.

Joyce Corey Content Coordinator

Ligresti

DERMATOLOGY

General & Cosmetic Dermatology Serving Adult & Pediatric Patients

175 Franklin Avenue. Suite 103 (1st floor) Nutley, NJ



Look Great Feel Great

- Surgical Procedures
- Cosmetic Services
- Botox/Dysport
- Dermal Fillers
 - Restylane
- Skin Care Products
- Advanced **Allergy Testing**
- Microdermabrasion
- Chemical Peels

(973) 759-6569 LigrestiDermatology.com

Expert Contributors

To learn more about becoming an expert contributor, contact BVM at mstefanelli@bestversionmedia.com or phone (973) 277-7301









BEACON WEALTH PARTNERS, **EQUITABLE ADVISORS, LLC** As a platinum group within

Equitable Advisors and a local family office, they focus on wealth management, retirement planning, insurance, and group benefits.

Their mission is to bring value to clients and families through sound and objective strategies. Michael, Daniel and their father Salvatore are graduates of Nutley High School and have obtained professional degrees and certifications with a combined 60+ years of experience. Michael is a CERTIFIED FINANCIAL PLANNER™ professional (CFP®),meeting rigorous education, fiduciary training and ethical standards, while serving clients' best interests to prepare them for a more secure tomorrow.



THE CENTER FOR ORAL & MAXILLOFACIAL SURGERY AND IMPLANTOLOGY

Dr. Philip M. Echo D.M.D has been practicing Oral and Maxillofacial surgery in the area for over 20 years. The Center for Oral & Maxillofacial Surgery & Implantology is committed to making every aspect of your care as pleasurable as possible.



LIGRESTI DERMATOLOGY ASSOCIATES

Doctor Dominick J. Ligresti is a Medical Doctor who is a Board Certified Dermatologist (which is the highest degree in medicine and dermatology). He is also an Adjunct Professor of Dermatology and Clinic Chief at Mount Sinai School of Medicine in NYC. He teaches medical doctors from Hackensack University Hospital. He successfully treats all skin diseases for adult and pediatric

patients, including advanced painless allergy testing. Ligresti Dermatology Associates is a full service dermatology practice including cosmetic dermatology for antiaging like: Restylane fillers, Botox/Dysport, Chemical Peels and Microdermabrasion. The office is located at 175 Franklin Ave. Nutley.



STATE FARM INSURANCE

Renée Friscia is a 2nd generation agent with over 35 years of State Farm Insurance experience in Nutley, NJ. Renee focuses on helping people insure their cars, home, rentals, valuables and educates everyone about the importance of Life insurance coverage. And as a business owner herself, she works closely with small businesses for their insurance and planning needs. State

Farm Nutley is a proud member of the Nutley Chamber of Commerce and serves as a Notary Public.

Kimberley A. Donohoe

· ATTORNEY AT LAW ·



General practice specializing in:

- Special Needs
- Real Estate and Municipal **Court Matters**

.....

 Estate Planning & Administration

You can trust in over 20 years experience in handling guardianship cases for young adults through the elderly.

Nutley, New Jersey Phone (973) 562-0079 • Fax (973) 562-0075 KimberleyDonohoeEsq@verizon.net



Nutley Homes Sold in May 2022*

PROPERTY ADDRESS	LIST PRICE	SALE PRICE	DAYS OF
112 Kenzel Ave.	\$899,000	\$950,000	26
185 Beech St.	\$625,000	\$725,000	10
63 Elm Pl.	\$658,000	\$708,000	13
251 Highfield Ln.	\$730,000	\$705,000	13
95 Stanley Ave.	\$625,000	\$665,000	16
59 Mountainview Ave.	\$599,900	\$655,000	29
43 Church St.	\$595,000	\$630,000	20
341 Washington Ave.	\$603,000	\$630,000	4
28 Montclair Ave.	\$555,000	\$615,000	22
18 Grant Ave.	\$599,999	\$594,000	76
227 Kingsland St.	\$599,000	\$575,000	42
14 Edison Ave.	\$459,000	\$565,000	20
30 Chadwick Dr.	\$549,900	\$560,000	31
223 Kingsland St.	\$549,000	\$555,000	21
314 Passaic Ave.	\$449,000	\$540,000	14
23 Enclosure St.	\$425,000	\$530,000	9
25 Montclair Ave.	\$449,900	\$529,000	11
228 Ridge Rd.	\$489,900	\$525,000	15
277 Prospect St.	\$499,000	\$522,000	20
12 Bayard St.	\$459,000	\$515,000	21

PROPERTY ADDRESS	LIST PRICE	SALE PRICE	DAYS ON MARKET
70 Brookdale Ave.	\$430,000	\$505,000	15
108 Union Ave.	\$498,999	\$500,000	15
135 Conover Ave.	\$435,000	\$500,000	25
26 Hudson St.	\$445,000	\$500,000	7
12 Crestwood Ct.	\$480,000	\$490,000	25
345 Washington Ave.	\$459,900	\$471,000	10
89 Glendale St.	\$430,000	\$450,000	17
35 Edgar Pl.	\$430,000	\$450,000	7
20 Milton Ave.	\$465,000	\$440,000	57

Median List Price \$469,000 **Median Sale Price** \$450,000 **Median Days on Market**

*GSMLS Data: Single Family, Condominiums/Cooperatives & Town Homes during January-May 2022

Best Version Media does not guarantee the accuracy of the statistical data on this page. The data does not represent the listings of any one agent or agency but represents the activity of the real estate community in the area. Any real estate agent's ad appearing in the magazine is separate from the statistical data provided which is in no way a part of their advertisement.





The Cifelli Women

By Joyce Corey Photograph by Randall Kenneth Photography

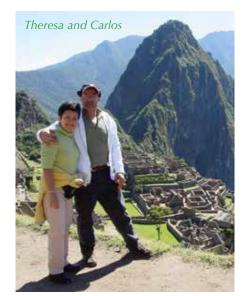
mom, two daughters, one dream, and a town they all love have given the Cifelli women—Theresa, Sylvia, and Gabriella—a home, a successful business, and a wonderful life together.

The decision to live in Nutley was made by Theresa and her husband, Carlos, in 1984.

"We bought our first home in the Radcliff section of town," Theresa said. "I had immigrated from Peru and Carlos from Argentina back in the 70s. This is where we raised our daughters, Sylvia and Gabriella."

But even before their first daughter was born, Theresa made another decision that would someday shape the lives of both girls and give them a life purpose.

"While I was pregnant with Sylvia, I went to Essex County



College to become a physical therapy assistant," Theresa said. "I graduated in 1983, and five years later, we had our second daughter. A year after Gabriella was born, I returned to school and studied another two years at New York University to become a physical therapist."

Time passed and the daughters attended school here in town, but they also learned a lot about their mother's educational and career decisions.

"I went to Good Shepherd Academy for elementary school and Lacordaire Academy for high school," Sylvia said. "I admired my mother's passion for physical therapy and decided to follow in her footsteps. I entered the physical therapy program at Quinnipiac

University and received a master's degree in physical therapy in 2005."

Sylvia continued her education at University of Medicine and Dentistry of New Jersey where she received a Doctor of Physical Therapy degree in 2009.

"I also went to Good Shepherd Academy through eighth grade," Gabriella said. "Then, I attended high school at Immaculate Heart Academy. I followed the footsteps of both my mother and my sister and received my doctorate in physical therapy from Quinnipiac University in 2012."

Sharing a common educational and professional interest in physical therapy led the three women to make another decision together.

"Ten years ago in March of 2012, we had the grand opening of our own physical therapy practice in Belleville –ProHealth Physical Therapy," Sylvia said. "It was always my dream to be my own boss and open my own practice by the age of 30. With the support of my husband and our family, I bought a building, completely gutted and renovated it, and made my vision a reality all before my 31st birthday! It did not take too much convincing to get my mother and Gabriella on board to be co-owners and co-workers."

"Despite fears of butting heads working with family, our dynamic has proved to be a powerhouse in the competitive world of physical therapy practices in the area," Gabriella said. "We recently celebrated our 10-year anniversary of being open and only have good experiences to speak about. Our clients at ProHealth really became an extension of our family as there are many that we have helped numerous times over the years. We enjoy meeting and helping neighbors through their health and wellness journey for life."

As the Cifelli women celebrate their successful business, on the home front, both Sylvia and Gabriella are busy making family memories here in town.

"I met my husband, Ian Nunez, while working in a physical therapy clinic," Sylvia said. "One of our best memories





WIth their families from left: Justin, Cabriella, Jordan and Nora. Ian, Sylvia, Ava, and Evan

is purchasing and renovating our forever home in Nutley. It was a fixer-upper in the Lincoln section. Now, that house is home to our two children, Ava (10) and Evan (7). Ava loves jiu-jitsu, basketball, soccer, and pickleball, while Evan is a master LEGO® builder, is on the track team at school, and enjoys the basketball clinic at Parks and Recreation. Both enjoy the summer reading program at the Nutley Library; it really inspires them to read throughout the summer."

"A mutual friend introduced me to my husband, Justin Dolan," Gabriella said. "We love to travel the world and did that a lot, prior to having children and before the pandemic's restrictions. We have two children, Jordan (4) who is a Ghostbusters fanatic and Nora (1) who spends most of her days trying to keep up with her older brother."

"Living in Nutley for the majority of our lives, we can't imagine living anywhere else," Sylvia said. "It is a quiet town filled with a lot of friendly and familiar faces, great eateries, and beautiful parks. We love that for the last ten years, and for many years to come, we have and will continue to serve Nutley and our surrounding communities. We are overjoyed when we run into current and former clients at ShopRite or town-wide events. It gives us an opportunity to catch up with them and see the progress they have made with physical therapy."

"We love the walkability of our neighborhood since we are





5 Things the Cifelli Family Loves About Nutley

- 1. The Holy Family Italian feast
- 2. ShopRite
- 3. Demuro Park
- 4. Nutley Public Library
- 5. All the town-wide events that bring everyone together



a block away from Franklin Avenue," Gabriella said.
"We invested in a good double stroller and walk everywhere
when the weather allows. We especially love how close
we are to the Mudhole which holds a lot of great events
throughout the year. Most of our immediate neighbors have
either grown up in their current homes or have lived here
for quite a long time. They all welcomed us with open arms
when we moved into the Yanticaw section a year ago."
And as our *Nutley Neighbors*, the Cifelli women are

welcoming the community with their professional skills, empathy for their clients, as well as with their genuine delight to be living in town.

Isn't it wonderful what three women can accomplish? ■

We are always looking for fascinating residents to feature in *Nutley Neighbors*. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com.









Volatility Continues

Contributed by Michael, Salvatore, and Daniel Cocco of Beacon Wealth Partners

2022 has been a challenging year for investors so far. The S&P 500 index just had one of its worst Aprils in decades, and May was rocky. Bond investors have not fared much better as rising interest rates have pushed down bond prices. Bond losses have made the stock market volatility feel even worse than usual. Markets don't like uncertainty but it's getting a healthy dose of it this year, dealing with high inflation, tighter Federal Reserve monetary policy, COVID-19 shutdowns in China, and snarling global supply chains, all while the war in Ukraine continues.

Investing mistakes often take place during periods of elevated volatility. One of the most frequent is trying to time the market by jumping in and out. Market timers must be right twice and timing the return to the market can be extremely difficult to pull off. Markets can turn quickly and missing even just one big up day can significantly reduce returns over time. The biggest daily gains tend to come in down markets, making them especially difficult to predict. Time in the market, not timing the market, may be more beneficial to long term investors. When markets are shaky, it can be helpful to look to long-term fundamentals that have provided the foundation of positive returns for stocks and bonds over the long run.

For stocks, gains depend on the ability of corporations to grow earnings, which they have continued to do during first quarter earnings season—S&P 500 index earnings per share are on track to increase 10% year over year. For bonds, the key fundamental has simply been the ability of borrowers to make required payments. Corporations and consumers enjoy strong balance sheets and have the financial firepower to pay their debts. While the future is always uncertain, we believe those fundamentals remain in place.

Even against a potentially supportive fundamental backdrop, the volatility we've seen in stocks this year is not unusual. Although negative returns for a full calendar year are infrequent, corrections are fairly common.

The economy is expected to grow in the latter part of this year after a surprise contraction in the first quarter, though the growth path may be bumpy as monetary policy is recalibrated from exceedingly loose to moderately tight and consumers and businesses adjust to higher borrowing costs. Our base case is still for abovetrend economic growth in 2022.

Patient investors stand a better chance of meeting their long-term goals. No one has a crystal ball, but at lower valuations, history suggests the chances of above-average returns going forward may be rising. It's tough to do during times like this, but we encourage long term investors to stick to their game plan. ■



If you have any questions regarding your financial situation, please don't hesitate to reach out to us at Beacon Wealth Partners (973) 667-8650.

DISCLOSURE This material is for general information only and is not intended to provide specific advice or recommendations for any individual. There is no assurance that the views or strategies discussed are suitable for all investors or will yield positive outcomes. Investing involves risks including possible loss of principal. Any economic forecasts set forth may not develop as predicted and are subject to change. References to markets, asset classes, and sectors are generally regarding the corresponding market index. Indexes are unmanaged statistical composites and cannot be invested into directly. Index performance is not indicative of the performance of any investment and do not reflect fees, expenses, or sales charges. All performance referenced is historical and is no guarantee of future results.

All index data from FactSet. All information is believed to be from reliable sources; however, LPL Financial makes no representation as to its completeness or accuracy. This research material has been prepared by LPL Financial

Securities and advisory services offered through LPL Financial (LPL), a registered investment advisor and broker-dealer (member FINRA/SIPC). Insurance products are offered through LPL or its licensed affiliates. To the extent you are receiving investment advice from a separately registered independent investment advisor that is not an LPL affiliate, please note LPL makes no representation with respect to such entity.

RES-1134291-0422 | For Public Use | Tracking # 1-05279947 (Exp. 05/23)





973.667.8650

As a platinum group within Equitable Advisors focusing on wealth management services, our mission is to bring a high level of value to our clients through sound, objective strategies. Please visit our website to learn more:

www.beaconwealthpartners.com

- ► Investment Portfolio Management
- **▶** Retirement Planning
- Estate Planning Strategies
- College Funding
- ► Health & Life Insurance
- ► Long-Term Care Insurance
- ► Employee Group Benefits



Michael S. Cocco, CFP®, ChFC® **CERTIFIED FINANCIAL** PLANNER™ professional mcocco@beaconwealthpartners.com



Salvatore Cocco, Jr. CLU Financial Consultant scocco@beaconwealthpartners.com



Daniel Cocco, CPFA **Financial Consultant** dcocco@beaconwealthpartners.com

356 Franklin Avenue, Nutley, NJ 07110 ► Tel: (973) 667-8650

Securities offered through Equitable Advisors, LLC (NY, NY (212) 314-4600), member FINRA, SIPC (Equitable Financial Advisors in MI & TN). Investment advisory products and services offered through Equitable Advisors, LLC, an SEC-registered investment advisor. Annuity and insurance products offered through Equitable Network, LLC Beacon Wealth Partners is not a registered investment advisor and its not owned or operated by Equitable Advisors or Equitable Network. CFP® and CERTIFIED FINANCIAL PLANNER™ are certification marks owned by the Certified Financial Planner Board of Standards, inc. These marks awarded to individuals who successfully complete the CFP Board's initial and ongoing certification requirements. PPG-156512(9/20)(exp 9/22)

Nutley Community

Special Young Adults Building Dedication for Debbie Pecora

By Linda Buset

n June 4, the Board of Special Young Adults (SYA) held a building dedication to honor Debbie Pecora, one of the founding participants of this organization. SYA is a nonprofit school serving special needs adults since its inception in 1975. The dedication ceremony served as a reminder of how and why SYA began, and its positive influence in the lives of so many families.

Decades ago, there weren't many options for young people

with disabilities once they turned 19. There were not many programs or activities back then except for workhouses for disabled adults.

For the Pecora family, this was not an option for their beloved Debbie.

The family explored other possibilities and found that what resonated with all of them was a type of program that would continue the school structure that Debbie was accustomed to.

Christine Pecora, Debbie's mom, approached other



parents of children with disabilities, including Della Penna and the Tovo family. They discussed the possibility of a new program designed to continue schooling in a home-based atmosphere.

Mrs. Pecora and Victoria Tovo, along with a group of kids, reached out to the Township of Nutley. With the help of



Honorable Carmen Orechio, they were able to acquire the use of the Perry Reinheimer Club as a home for this new program. From there, Special

THE DEBBIE PECORA CENTER FOR SPECIAL YOUN

Young Adults Inc. (SYA) was born.

Everything about this organization, including its name, reflects their goal of creating a caring place. The name came from Mrs. Pecora who believed it was perfect for this reason:

SPECIAL - because they are.

YOUNG - because they will always be eternally young.

ADULTS - because they are!

Eventually, SYA caught the eye of The Arc of Essex County. ARC approached the Board of Directors and came to an agreement that they would staff the program and work directly in conjunction with the SYA board members.

SYA entered into an agreement with the Township of Nutley to lease a tract of land where they could build a permanent home.

Ground broke in 1973 and the building was erected. This building remains on the property, along with an addition created over 20 years ago for an overnight program.

SYA was always about the adults, and it still is.

The organization has been blessed to have outstanding directors through the years. Linda Lucas, who is now director of ARC, was the first. Anne Rotonda loved and embodied the program during her time as director, and even afterwards when she had to step down because of illness. Dee Moon is the current director and has an amazing staff around her.

The Board of Directors of SYA is extremely grateful to have the Township of Nutley and the Commissioners available whenever they are needed. Their hope is that SYA continues to embrace all, spread love, and remain committed to the dream of so long ago: to always be "a place to

The Debbie Pecora Center for Special Young Adults is not just a place, it's the fulfillment of a vision. ■

IMAGINE

By Carol Pobanz

magine a world of cities dedicated to expanding local peace economy and encouraging a global culture of

peace. Such is the vision of International Cities of Peace. Since 2009, a formal association of communities that strive to establish a deep and empowering culture of peace is taking hold. Through proclamation, prior history, or by concerted peacebuilding, cities, towns, villages, and neighborhoods are defining themselves as an official City of Peace.

That redefinition requires building a consensus network of business, government, and community leaders who value

safety, prosperity, and quality of life.

Such is the concept that inspired a group of Nutley stakeholders to establish the Township as an International City of Peace. Assistant to the Commissioner Sandra Carella, Minister of Franklin Reformed Church Rev. Jill C. Fenske, former director of Nutley Family Service Bureau Eileen Painter, representative of Universal Peace Federation Carol Pobanz, and Nutley High School art teachers Theresa Lappostato and Angela Melchionne, prepared a declaration of intent, as well as vision and mission statements clarifying goals and objectives, making Nutley the 223rd International City of Peace. Later joined by Patty Vangeri, representing Nutley small businesses, and Nutley Rotary member Dorothy Huey, the group, Nutley Community Partners for Peace (NCPP), made the plan, in celebration and commemoration, to create a sculpture affirming the concept of UNITY, since it is a primary principle of peace.

What is UNITY at the community level? It is the joining together of families, schools, and businesses, as well as civic, municipal, and religious organizations, all working in unison toward a common goal. For NCPP, that means creating a more caring, kind, and peaceful township, which has the potential to expand across diverse populations, states, and countries - like a pebble thrown into water, the impact radiating in ever-widening circles.

To manifest UNITY, the NCPP invited Nutley students, families, and residents to work collaboratively to create a sculpture. River rocks with messages of hope and positivity were placed in the letters which form the UNITY sculpture. In the second phase of the project, they united again to create the accompanying PEACE mosaic. In doing so, they provided a permanent visual representation and a demonstrated, real-world effort.

Since the initiation of the UNITY sculpture project, our





world has been experiencing the consequences of a pandemic virus and a devastating war. These cataclysmic events underscore the profoundly interconnected nature of humankind- our vulnerabilities and strengths undeniably magnified.

It is the intention of NCPP that the representational spirit of the UNITY sculpture transcends generations and diverse populations to spark the unity consciousness of all who admire it and remember that we are connected through our humanity. After the final dedication of the sculpture, NCPP will suggest future community initiatives to support its proposed goals.

The UNITY sculpture has been publicly funded. The final dedication date is to be announced. For further information email: nutleypeacerocks@gmail.com

> Offering exceptional mortgage products for all lifestyles.





Joe Isabella Loan Officer

Joe Isabella, Loan Officer NMLS #347880 973.960.1000 jisabella@njlenders.com

NJ Lenders Corp. NMLS ID: 35286 www.nmlsconsumeraccess.org



Building and Creating Memories

By Michelle Palmer

chool may be out for the summer, but our town's children continue to create impressive projects. Whether it's painted, colored, glued, collected, or built, these works of art are certainly lovely to appreciate.

Yusuf is only three years old and is incredibly talented at putting together jigsaw puzzles. He especially enjoyed this space-themed one. He has achieved his newest goal of building 50-60-piece puzzles completely on his own.

Asadbek is five years old and enjoys creating with LEGO®. His building skills are getting more complex and creative every day. Here is his latest creation, a LEGO® aviator.

Lucas is five years old and is also a master LEGO® builder. Putting together new projects always brings a big smile to his face. Here is his newest one: the saber tooth tiger.

Gwendolyn is seven years old and already knows how important it is to recycle. In honor of





Yusef's puzzle perfection (far left) Asadbek is a master builder with LEGOs® (left) Lucas is having a wild fun time (below left) Gwendolyn's Earth Day art (below right) The Girl Scouts making a bia difference (bottom)







Earth Day, she created a pig made from a reused soda bottle and cardboard. Her project is artistically beautiful and a great reminder to keep our environment clean.

Sometimes our work of art is really a work of heart. A group of fifth graders who are part of Nutley Girl Scout troop 20122 compiled over 200 comfort bags for patients of Mountainside Hospital that are undergoing chemotherapy. The girls worked very hard and appreciated the kind donations from the community. The project earned the troop a bronze award and an incredible amount of pride from their families.

Did you just create an amazing piece of art? Whether you colored it, glued it, cut it, or even baked it, send us a photo with your name and we will print as many as we can. Let's make our world a it ore beautiful with your creations and smiles! Email me at: jcorey@ bestversionmedia.com



Electronic Computer

Mufflers & Exhaust

Diagnostics



Batteries • Electrical

Spotlight on Fallyn Stoeckel

By Joyce Corey

f you have ever seen Fallyn Stoeckel on the mound, you won't forget her. Neither will the opposing team since she has an impressive record of pitching strikeouts.

At the plate, she delivers hits and drives in

There's no question that she is a talented athlete, honing her skills in practices and per-

forming at top level on the field. But Fallyn also brings confidence that was developed right here on the softball fields in Essex County.

With her grandfather, Jim Sr., who has been a long-time softball and baseball umpire, and her dad, Jim, former basketball coach for Bellville High School and an umpire, Fallyn grew up watching games and gaining valuable insights. It also encouraged her to get involved.

"In middle school, I played basketball and volleyball," Fallyn said.

But now, as a Nutley High School senior, she plays softball for the Raiders as well as NJ Fight, a premier organization that focuses on preparing girls to play on the collegiate level. This works out well for Fallyn since her goals align with those of her current teams.

"I would like to win a sectional title this year and then continue to play softball in college," she said.

Like every athlete, Fallyn understands overcoming challenges, including one in which she wasn't even able to get on the field.

"The biggest challenge was getting through the COVID year without having any softball especially when we were supposed to be really good," she said. "I overcame this by coming back the year after with more passion and love for the game. We came back better than ever as a team."

As a pitcher, she has mastered the mindset of the position while still having fun.

"I love how I get to be in control of every pitch and how competitive it is," she said. "I love the adrenaline rush I get when being up to bat in a big situation or pitching in close games."

Her pregame ritual has both an esthetic and a practical side.

"I always make sure to braid my hair," she said.

She has also learned to keep things in perspective.

"The best advice I have received was to always take it one pitch at a time and see each game as a fresh start," she said.

Off the field, she enjoys hanging out with friends,







shopping, and watching new shows.

With this great balance of sports and a social life, Fallyn is finishing her senior year with some terrific memories, not to mention some great stats.

As she looks forward to college, the academics as well as the sports, she stays in the now with a great attitude while looking to the future with a confident anticipation.



Surprisingly great rates right around the corner.

Renee Friscia, Agent 146 Franklin Avenue Nutley, NJ 07110 Bus: 973-667-6600 www.nutleyinsurance.com I'm your one-stop shop for the service you deserve at a price you want. Call me for surprisingly great rates and Good Neighbor service right in your neighborhood.

Like a good neighbor, State Farm is there.®

Individual premiums will vary by customer. All applicants subject to State Farm* underwriting requirements.

State Farm Bloomington, IL

2001878



Best Summer Reading 2022

By Jeanne Sylvester, Supervising Librarian

ummer is here and that means the Nutley Public Library has many books for you to enjoy by the pool or lake, on the beach, or sitting on your couch! We have suspenseful thrillers, steamy romances, light and easy reads, rich and detailed histories, true-crime stories, memoirs, and much more.

Come to the library and check out our book displays that feature great summer reads. Don't forget about our digital collections of e-books and e-audiobooks available from hoopla and Libby for streaming or downloading on your smart device. Be sure to make a visit to the Nutley Public Library part of your vacation or staycation planning!

The theme for this year's summer reading program is "Oceans of Possibilities." Our new displays showcase books with an ocean-related focus. Be sure to sign up for the Adult Summer Reading Program online, and all Nutley participants will be eligible to win prizes from local merchants at the end of the summer.

POPULAR FICTION & THRILLER

Counterfeit by Kirstin Chen Book Lovers Emily Henry The Hotel Nantucket by Elin Hilderbrand The House Across the Lake by Riley Sager The It Girl by Ruth Ware The Lioness by Chris Bohjalian One Italian Summer by Rebecca Serle The Summer Place by Jennifer Weiner

NON-FICTION & MEMOIR

Half Baked Harvest Every Day by Tieghan Gerard The Impossible City: A Hong Kong Memoir by Karen Cheung James Patterson by James Patterson: The Stories of My Life Roques: True Stories of Grifters, Killers, Rebels and Crooks by Patrick Radden Keefe Still Alright: A Memoir by Kenny Loggins Two Wheels Good: The History and Mystery of the Bicycle



Pet Corner Adopt Us! Submitted by Christa Milici, Yellow Brick Road Rescue NJ

affle is a 7-month-old female. She is very sweet and would make the perfect addition to any family. She is cat and kid friendly and gets along very well around the dogs in her foster home. She is microchipped, FIV/FeLV negative, stool tested, dewormed, UTD on vaccines, and spayed. \$175 adoption fee and application apply.

To apply for Waffle, visit https://yellowbrickroadrescuenj.com/cat-adoption-application/ or email us at yellowbrickroadnj@gmail.com

Submitted by Nicole Milici, Jersey Pits Rescue Inc.

ane is still looking for his forever home. He was surrendered to a local animal control facility, received the medical attention he needed, and is cleared for adoption.

He is about 8 years old, but don't let his age fool you, he is



such a playful, goofy pup. He would love to cuddle on the couch or go for a walk. He desperately craves companionship and will be the most loyal friend you could ever ask for. Kane is about 45 pounds and walks nicely on leash. He is now thriving with his foster family and is eager to find his forever home and family. Could it be you?

Kane is looking for a quiet, low traffic, adult only home. He prefers to be your one and only pet in the house. That's okay because he promises to provide all the love you could ever need, and more!

His adoption fee is sponsored. Contact Jersey Pits Rescue Inc. for more information or to apply visit www.jerseypitsrescue.com

JULY EVENTS CALENDAR

July 2, Sat. All Recovery Meeting

@virtual event from Clara Maass Medical Center
Come with a purpose, leave with a plan. The meetings are non-denominational and offer an opportunity to focus on the hope found in recovery. All Recovery Meetings are facilitated by trained and certified IFPR Peer Recovery Specialists and provide social support for those seeking or maintaining recovery, as well as family members, friends, and supporters of those who have been influenced by substance abuse.

Time: 12-1:30pm

For more information or other dates and times visit www.rwjbh.org/events

July 3, 10, 17, 24, 31, Sun. Nutley Farmers Market

@Municipal Parking Lot 9, 537 Franklin Ave.

Now entering its 13th season, the outdoor Nutley Farmers Market features delicious local foods and goods, live music, special events, and a weekly walking group.

Time: 9am-2pm

For more information visit www.nutleynj.org/farmersmarket

July 9, Sat. DPW Electronics Recycling Day

@Municipal Parking Lot 9, 537 Franklin Ave.

All items must be placed in the trunk of your vehicle. Workers will not be able to take items directly from yourself or from the back seat of your vehicle. You will need to stay in your vehicle at all times. Acceptable items include computers, laptops, fax machines, microwaves, monitors, printers, scanners, stereos, speakers, televisions, VCRs, and DVD players.

Time: 9am-1pm

For more information call the Dept. of Public Works at 973-284-4984

July 16, Sat. The Very Hungry Monarch Caterpillar

@Essex County Environmental Center, 621-B Eagle Rock Avenue Roseland. For ages 3-5. Come dressed for a butterfly story walk around the trails to learn about a day in the life of the monarch. Meet at Garibaldi Hall. **Time:** 10:30-11:30am **Cost:** \$30 per family (up to two adults and two children); or \$10 per child, \$12 per adult For more information or to register call 973-228-8776

July 18, Mon. Stuffed Animal Sleepover

@Nutley Public Library, 93 Booth Dr. For all ages. Bring your cuddly friend (or doll!) to a story time and craft and let them spend the night at the library! You can pick them up Tuesday starting at 10am and see a slideshow of all the fun they had at their sleepover. One toy per child.

Time: 6-7pm For more information visit www. nutleypubliclibrary.org/calendar

July 22, Fri. Cartooning Lessons with Mike Dawson

@Nutley Public Library, 93 Booth Dr. For ages 8 and up. Learn how to draw comics with award-winning cartoonist and author of The Fifth Quarter, Mike Dawson! Copies of his graphic novels will be available for purchase and signing.

Time: 3-4pm

For more information visit www. nutleypubliclibrary.org/calendar

July 25, Mon. Summer Movie Night

@Nutley Public Library, 93 Booth Dr. For all ages. Snuggle up in your pajamas and watch a family-friendly movie! Film rated PG.

Time: 7-8:30pm

For more information visit www. nutleypubliclibrary.org/calendar July 27, Wed.

Paint with Pinot's Palette Friends Fundraiser: Sea Horsing Around

@Nutley Public Library, 93 Booth Dr. For ages 5-12. Learn how to paint an adorable seahorse and help support the Friends of the Nutley Public Library. Registration is required.

Time: I 0am-I 2pm
For more information and to register call 973-667-0405 ext.
2623 or visit www.youthservices. nutleypubliclibrary.org

July 30, Sat. Butterfly Gardening Workshop

@Essex County Environmental Center, 62 I-B Eagle Rock Avenue Roseland For adults and children ages 8 and older. Learn about butterfly

gardening in this hands-on workshop. Learn about native host and nectar plants and how they support New Jersey Butterflies. Meet at Garibaldi Hall.

Time: 10:30-11:30am
Cost: \$30 per family; or \$10 per child, \$12 per adult
For more information or to register

call 973-228-8776





Your Community Funeral Home

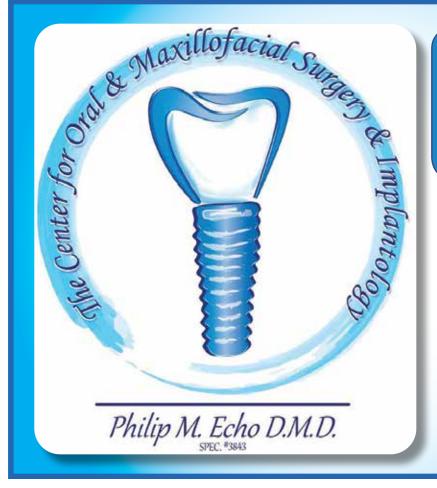
Professional, Compassionate Service 24 Hours a day, 365 Days a year

John F. Brown Manager License No. 2633 267 Centre Street Nutley, NJ 07110 www.swbrownandson.com (973) 667-0875

Participant in the NJ Prepaid Funeral Trust Fund



Important Phone Numbers - www.NutleyNJ.org				
Emergency		Parks and Recreation(973) 284-4966		
Police Department Fire Department	(973) 284-4940	School District(973) 661-3500 Chamber of Commerce(973) 667-5300		
Town Hall		Public Affairs & Health Dept (973) 284-4976		
Library	(973) 667-0405	Public Works (973) 284-4958		



CT Scan Guided Dental • Implant Placement
Extractions • Wisdom Teeth • Joint Disorders (TMJ)
Bone & Soft Tissue Grafting • Facial & Oral Trauma
Treatment of Tongue Tie • Facial & Oral Pathology
Surgical Orthodontics (Exposure of Impacted Teeth)
Surgical Endodontics (Apicoectomy)

Dr. Philip M. Echo D.M.D. 187 Washington Ave. Suite 1B • Nutley

973.667.5844

On Call For Emergencies - 24 Hours A Day

www.EchoOralSurgery.com

~We Accept Most Dental Insurances~