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### Let's Open This Month's Time Capsule!

on the calendar? Do you wonder how fast time is going? Or maybe it's going too slowly?

I have always been fascinated with time, whether it's minutes, weeks, months, or years. I have also come to a conclusion that Albert Einstein shares with me. (Okay, he said it first but I totally agree!)

"The only reason for time is so that everything doesn't happen at once." – Albert Einstein

That calendar page that we turn over each month is just a container. We fill it with things that are important to us. Consider the calendar that hangs on the wall as a time capsule. (No digging required!)

Each issue of Nutley Neighbors 'holds' time in a similar manner. All of us here look for ways to fill the pages with people, places, businesses, and events that will 'hold' moments for us. How are we doing? (We love to hear from readers!) This month, our 'container' is filled with many interesting articles. (Okay, I probably say that every month, but it's true!)

Our cover story is about the Rutnik family. Wow, are they a busy group! Catching up with them was a great experience. All of them are involved in a lot of meaningful activities.

Columbus Day is a big part of October, and Nutley will not only have a parade but will honor several people for their outstanding contributions to our community. Be sure to read about them and please come out to give them a round of applause!

Barry Lenson from the Nutley Historical Society and Museum answers the question about how much Nutley history children can learn by painting a pumpkin. And you are all invited to the Historical Society's Pumpkin Festival on October 7th. (Psst... there is a connection between pumpkins and history.)

Regular contributors, David Wilson and Frankie Turano, take us into the past and the present, respectively. David shares a story about a Nutley athlete, Aram Nakashian, whose memory is forever saved in a painting. Frankie tells us about Ezzedin Bautista who serves our country proudly in the military.

I loved the fact that both Aram and Ezzedin are here in this month's 'container' of time despite not even knowing each other in real time. As Albert Einstein and I both know, time just holds things.

As you hold this issue of Nutley Neighbors, I hope you will be amazed, interested, and even entertained. And I sincerely hope you will look forward to next month!

**Joyce Corey** Content Coordinator









## Expert Contributors





### BEACON WEALTH PARTNERS, LLC AXA ADVISORS, LLC

Michael S. Cocco, CFP®, ChFC® is a CERTIFIED FINANCIAL PLANNER™ professional with AXA Advisors, LLC where he provides Financial Planning,

Investment Advice, and Insurance Planning for his clients. Mike is a graduate of Penn State University.

Salvatore Cocco, Jr. CLU has been with Beacon Wealth Partners, LLC since 1995 and has practiced as a generalist in all disciplines of the financial planning services including Investment Planning, Retirement Planning, College Savings, and Insurance. He is a 1977 graduate of Seton Hall University and was inducted into their Entrepreneurial Hall of Fame.



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### INVESTORS HOME MORTAGE

Joe Isabella is a Certified Mortgage Planning Specialist (CMPS®). He has been with Investors Home Mortgage since 2010 and is a Circle of Excellence Award winner. Since joining Investors, Joe has helped many families in Nutley and the surrounding area with their home financing

needs. He was born and raised in Nutley and still resides in his home town. He is a graduate of both Nutley High School and Montclair State University.



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PROPERTY ADDRESS	SALE PRICE	BEDS	BATHS	SQFT
81 Hastings Ave	\$450,000	3	3	2343
333 Wilshire Dr	\$465,000	2	4	1992
41 Columbia Ave	\$470,000	3	2	1512
134 Cedar St	\$475,000	4	3	2359
318 Winthrop Dr	\$475,000	2	4	2000
19 Newman Ave	\$475,500	3	2	2150
304 Wilshire Dr	\$476,000	2	4	2010
20 Fitting Pl	\$485,000	3	2	
340 Winthrop Dr	\$487,500	2	3	2282
61 Friedland Rd	\$489,900	4	3	2554
14 Newark Ave	\$490,000	3	3	1732
12 Shepard Pl	\$499,000	4	2	2150
24 Milton Ave	\$505,000	5	4	2600
317 Winthrop Dr	\$510,000	2	3	2300
59 Prospect St	\$517,500	3	2	1888
190 Highfield Ln	\$520,000	3	2	1580
237 High St	\$520,000	4	3	2567
62 Saint Marys Pl	\$560,000	5	4	3752
48 Enclosure St	\$695,000	5	4	3512
256 Whitford Ave	\$705,000	4	3	2115
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## Let's Catch Up with the Rutnik Family!

By Joyce Corey Photographs by Randall Kenneth Photography

When Richard and ToniAnn bought their home on Grant Avenue in 2002, three months after their wedding, they became active and very interesting members in our community. Now, their daughters, Victoria, age 13, and Jenna, who is 11, share their love of Nutley and their enthusiasm for getting involved.

Richard and ToniAnn met at Bumper's, a nightclub in Clifton, and dated for seven years. They were married at St. Mary's Church on September 6, 2002, where they are currently members. ToniAnn is a bank officer; she attended the University of Maine and graduated from Montclair State. She is also a Girl Scout troop leader

"My involvement as a Girl Scout leader has led to many different community service projects," ToniAnn said. "Our troop helps stock the food pantry at St. Mary's and we participate in the St. Vincent's Hygiene Drive. We have contributed to the community in many and diverse ways; one project was making goodie bags for the Nutley police officers and filling them with candy and positive affirmations."

The Girl Scouts are currently working on their Bronze awards in a very special way. "The girls are promoting awareness about saving the bees. Each of them will be featured in a short video telling people about their research and offering creative and innovative ways to save the bees," ToniAnn explains. (*Nutley Neighbors* will be following up with their project in a future issue.)

The group has also participated in Heifer International. "This is a way to give back to communities around the world," ToniAnn explains. "The girls have bought chicks



that were donated to an impoverished family. This not only helps people of different nations but makes us all aware about poverty and hunger on a worldwide scale."

Kindness rocks, distributed through Mallory's Army Foundation, were another way in which the Girl Scouts impacted the community and promoted awareness against bullying. "We painted rocks and put an affirmation on them," ToniAnn said.

Although the scope of these projects was small, there was a unifying principle throughout. "I want to empower young girls in the community and to show them ways in which they can help others," she said.

Richard is Regional Manager for Jiffy Lube in northern New Jersey,

where he has spent the last 27 years. Concurrently from 1993-2005, he was a Deputy Sheriff for the Essex County Sheriff's Department after graduating from the Essex County Police Academy in September of 1993. There, he did routine police patrol of the parks in Essex County. He is very active in his daughters' sports activities and coached their hockey league. He still maintains his coaching certification.

While their respective jobs are fulfilling, this couple doesn't live a 9 to 5 existence. When they are not working, their hours and days are filled with many diverse activities.

Their daughters are not only on the 'fan' side of sports but are active participants. "Jenna has been involved in soccer, cheerleading, and dance. Victoria has played baseball, hockey, and softball," Richard said.

The girls' interest in these activities moved from a casual to a more advanced commitment. "Jenna is a competitive





dancer with Starz Performing Arts Academy and Victoria is an ice hockey goalie for the New Jersey Colonials Girls AAA team," he said.

The family enjoys travelling, some of which is related to sports. Richard said, "Because of Victoria's hockey schedule, we often have weekend getaways in Boston, Lake Placid, Canada, Virginia, and Buffalo. We also take a vacation each summer, most recently to Disney, Outer Banks, North Carolina, and Myrtle Beach, South Carolina. We love our home state and plan long weekends in Wildwood."

Both Richard and ToniAnn have left lasting contributions in our community. "We built and opened Chef It Up on Franklin Ave. in 2012 which ToniAnn ran until we sold it in 2015," Richard said. This business, centered around cooking, offered classes, birthday party packages, and special events planning.

Along with Joey Bee, host and producer of Joey Bee Outdoors, Richard helped create and launch Barkerstown Brew, an advanced hydration drink for dogs. Richard had expressed an interest in a quality drink for dogs. Joey, an environmental scientist who has also taught chemistry and nutrition, worked on a formula. After four years the product was launched. (Abbie, the family dog, who is 15, gives her approval.)

Richard was the creative mind behind many of the names for this drink, like Cool Drool, Mailman Chaser, and Liquid Kitty. The staff, known as the 'Barkerstown Brew Crew' always says that Richard's wit and humor keeps them thinking and smiling.

The idea to create a drink for dogs came about through some well-placed logic on Richard's part. "I had the vision of a man and his dog running together. When they come home, the man enjoys a hydration drink but the dog only has a bowl of water, despite the fact that dog was jogging with a coat on," he said.

Richard's idea and Joey Bee's formula evens out the

playing field for dog and man and is catching on. "The drink is currently available in pet specialty stores," he said. To find out more visit their website:

### www.barkerstownbrew.com.

'Catching up' with the very busy Rutnik family has been fun. It's always wonderful to meet Nutley Neighbors who are embracing life and getting involved with the community.

### Five Things the **Rutnik Family Loves** about Nutley

- 1. Love the fact that our daughters are now going to school with our childhood friends' kids
- 2. Many nice restaurants
- 3. Proximity to NYC and beaches
- 4. Sense of community
- 5. Town's high standard and emphasis on education

We are always looking for fascinating residents to feature in Nutley Neighbors. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com

## The Path to the Real Me

By Joyce Corey

I hen an author uses the word 'real' in the title, I take notice. The Path to the Real Me, by Nutley resident, Pete Isip, not only uses the word 'real' in the title, but is ... well ... as 'real' as can be.

A reviewer described the book as "an honest, raw look at Pete's journey from being an overweight kid with an incredibly negative self-image to the successful guy

he is today who is inspiring many with his dedication towards healthy, real living and his goal of helping others achieve the same successes."

Many of us know Pete as the owner of Krank Nutley Gym, a fitness training center, but his book reveals the motivation behind the man and his business.

"I wrote the book to let people know that their past does not determine their present or predict their future," Pete said. "Whether you are a recovering alcoholic, adopted, poor, have no parents, or had an eating disorder, you are not your past. You are who you choose to be. In the book, I just tell my story about all the obstacles I overcame. I hope my words relate to people and give them hope and encouragement."

The Path to the Real Me is written in a conversational style, as Pete shares a real (there's that word again) look at where his life was and how he got to the place where he is today.

"From my personal bouts with multiple eating disorders, injuries, and battles of depression, readers will learn how I, too, struggled and the practical steps I took along the way to overcome them. The real you is out there; let's take the path together to finding you." Pete's description of his book tells readers that he personally understands the challenges they face. That's why these pages are so powerful; there is a strong emotional connection to the reader and an equally powerful feeling of hope.



He is currently working on his second book. "The working title is Listen Up, Kid and it's a guide through my life's timeline for my kids," he said. (Pete and Natalie have a son, Phoenix, and at the time of this writing, are expecting their second child at any moment!)

"I know there is one thing I can't guarantee and that is if I will be here tomorrow. I can't dictate that and if I do pass, I want to make sure my kids know who their dad was in his own words and not just by how other people thought of me," Pete said. "In the book, I talk about experiences and stories

that pertain to life questions kids, teens, and adults may have and I hope people will relate to them. I'm not telling them what to do but rather suggest to them what I did and share my experiences. I love this book so much more than the first one but I guess that's how it works."

Pete Isip 'gets' it.

He's the kind of guy who wants to help others either at his gym or through his book. That's why The Path to the Real Me is a great read and an excellent place to start (or continue) life's journey.





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Contributed by Michael S. Cocco, CFP®, ChFC®, AXA Advisors/Beacon Wealth Partners

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- ☐ Make a budget.
- ☐ Track your expenses.
- ☐ Pay down your debt.
- ☐ Start saving for retirement.
- ☐ Designate beneficiaries on your financial accounts.
- ☐ Consider disability income insurance.
- ☐ Speak to an attorney about drafting a Power of Attorney and Living Will.

### **ADVANCING IN YOUR CAREER**

- ☐ When you switch jobs, be sure to negotiate.
- ☐ Also, consider taking your retirement money with you.
- ☐ Seek the advice of a financial planner with an eye on retirement.

### **GETTING MARRIED**

- ☐ Create (or update) your will, and update your beneficiaries, power of attorney, and health care proxy.
- ☐ Look into getting life insurance and re-evaluate other insurance policies.





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### **BUYING A HOME**

- ☐ Buy a house that won't put too much stress on your
- ☐ If you're married and haven't bought life insurance yet, look into it now, and update your disability income insurance.

### **HAVING CHILDREN**

- ☐ Max out your retirement contributions.
- ☐ Be proactive in your tax planning.
- ☐ If you find yourself taking care of your parents, consider their needs in the context of all your financial priorities.
- Consider your own long-term care plans.
- ☐ Begin planning your retirement income.
- ☐ If need be, catch up on retirement contributions.

### **RETIREMENT**

- ☐ Know your budget and downside if needed.
- Review your investment strategy and ways to protect your downside.
- ☐ Are you truly diversified? Seek alternatives to only having stocks and bonds.
- □ Look at how to fund potential long-term care costs.

### **SURVIVOR**

- ☐ Don't make any immediate changes without advice of your team of professionals.
- Review your estate plan.
- ☐ Consider downsizing, and consider moving to a full retirement community.

Michael Cocco is a certified financial planner with AXA Advisors/Beacon Wealth Partners in Nutley. He may be reached at michael.cocco@axa-advisors.com or 973-667-8650.



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## **How Much** Nutley **History Can** Kids Léarn by Painting a **Pumpkin?**

By Barry Lenson

he title of this article is a trick question. Because the fact is that people can't learn too much about the history of our town by simply painting a pumpkin.

But kids can learn a tremendous amount about Nutley history if they come to the annual Pumpkin Festival at the Nutley Museum at 65 Church Street, to be held this year on Sunday, October 7, at 2:00 P.M. How does the Nutley Museum and its parent organization, the Nutley Historical Society, teach kids Nutley history by giving them little pumpkins to paint and tasty snacks to eat?

"It's a clever and proven program that we have developed over the years," says Domenick Tibaldo, the President of the Nutley Historical Society. "When children and their families arrive, we direct them to the second floor of the Museum, where they look at all our wonderful displays of artifacts from the earlier days in our town. Once they have gone upstairs, they are entitled to come back downstairs to collect and paint their pumpkins and enjoy a snack. So we are kind of tricking kids into discovering Nutley history. But it is a trick that nobody seems to mind."

As the author of this story, I have to mention that I am one of the Museum officers who staffs the second floor of the Museum during the Pumpkin Festival. So I know

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first-hand the kind of experience that Nutley families have when visiting. Over the last few years, I have heard these comments ...

"Wow, I never knew about the Museum. We just moved to Nutley, and our old town didn't have anything this amazing!"

"My daughter is writing a report on Annie Oakley and she just discovered what she needs to write it today."

"Our house is located on Passaic Avenue, and I just found its location on an old map from 1878."

"My son just found a picture of his grandmother in a 1965 Nutley **High School yearbook** that's in your collection. He's thrilled. She looks so young! May I take a picture of it and send it to her?" (Of course she could!)

"I looked in an old phonebook and found the name of the family that owned our house in 1948!"

So if you think you can't learn about Nutley history by painting a pumpkin, think again! And plan to attend the Historical Society's Pumpkin Festival on October 7th.

And if you can't make it, come to the Museum's annual Ice Cream Social, held every spring. After reading this article, it will not surprise you to learn that your kids can learn Nutley history by eating ice cream too.

When you and your family want to know more about our lovely town, remember that the Nutley Historical Society is here for you!

Schedule a Tour or Event at the Nutley Museum: For school groups and private museum tours, please call Kerry Flynn, caretaker, at 973-667-1528, or Suzanne Hagert at 973-667-4270.

The Nutley Historical Society is a not-for-profit organization dedicated to serve the educational, cultural, and historical needs of our community.

## André A. DiMino **Receives 2018 Grand Marshal Award**

Submitted by Joyce Corey

he Nutley-Belleville Columbus Day Parade Committee presented the 2018 Grand Marshal Award to André DiMino at the Gala Honoree Dinner which was held at Nanina's in the Park on September 27 at 6:30 PM.

André DiMino has dedicated himself to defending, promoting and preserving Italian and Italian American heritage and culture throughout America. He has been widely recognized as a national leader of the Italian American community in his efforts against negative portrayals and stereotyping of Italian Americans in the media, most notably through opposition to reality shows such as MTV's "Jersey Shore" and others. He has appeared on dozens of major TV and radio programs and his editorials and interviews have been in a wide number of newspapers, national magazines, publications and websites. He is an articulate and outspoken advocate for Italian Americans and has championed many positive initiatives celebrating Italian heritage and culture. It has been noted by many organizations and prominent individuals that he has amassed a significant record in his contributions to the positive Italian American identity in the United States and for his efforts at unifying Italian Americans across America through initiatives celebrating and honoring Italian heritage.

Mr. DiMino is Communications Director, Executive Board member and past president of the Italian American ONE VOICE Coalition, a national Italian American advocacy group, founded by Dr. Manny Alfano, comprised of thousands of activists and organizations across the country. Mr. DiMino served as National President and Executive Director of UNICO National, the largest Italian

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American service and charitable organization in America and was a charter member and founding officer of the Woodcliff Lake, New Jersey UNICO chapter.

A first-generation Italian American whose late parents were from Sicily, Mr. DiMino is married to Jenny, who is also a first-generation Italian American whose parents were from Basilicata. André and Jenny DiMino reside in Bergen County, New Jersey.

For his community service activities, Mr. DiMino was awarded the Pascack Valley Chamber of Commerce Citizen of the Year Award and twice received the Bergen County Volunteer

of the Year Award. The Anti-Bias Committee of UNICO presented Mr. DiMino with its Mille Grazie Award for his untiring efforts at defending and promoting Italian heritage and culture as well as combating negative stereotyping. The Italian Tribune awarded its prestigious Christopher Columbus Heritage Award for his efforts at promoting Italian heritage and culture while defending against negative stereotyping of Italians and Italian Americans. The Italian American Museum of New York City recognized Mr. DiMino as an outstanding Italian American leader with its Ambasciatore Award.



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## 36th Annual Nutley-Belleville Columbus Day Parade

Submitted by Joyce Corey

he Nutley-Belleville Columbus Day Parade Committee is hosting the largest Italian American Event in Essex County. This year's Columbus Day Parade is scheduled for Sunday, October 7, at 1:30 PM. The parade route starts at Belleville High School, proceeds north on Franklin Avenue, and ends at Nutley High School.

The Committee proudly presented the 2018 Grand Marshal Award to André DiMino, Communications Director, Executive Board Member, and past president of the Italian American ONE VOICE Coalition, and past 2009-10 president of UNICO National. The Gala Honoree Dinner was held on September 27th at 6:30 PM at Nanina's in the Park.

The awardees being honored in this year's parade are as follows:

Nutley Woman of the Year Sandra Carella Nutley Man of the Year Thomas Sposato Belleville Woman of the Year Jeanne Lombardi Belleville Man of the Year Anthony Sessa Italian Heritage Award Joseph Palombini Renaissance Man Anthony Dalbo Italian Business Owner of the Year

> Michael Maffucci Lifetime Achievement Award Vito Scarpelli Community Excellence Award Barbara Hirsch

More than 4,000 spectators are expected to attend this year's parade. The parade has more than 1,000 participants and over 70 entries, which include marching bands, drill teams, antique automobiles, motorcycles,

floats, flags, zeppole stands, and representation from many local town organizations. There will be face painting, a balloon bounce, and slides for the children.

The parade's reviewing stand will be at Franklin Avenue at the Oval in Nutley. Everyone is invited to join in celebrating the maritime accomplishments of Christopher Columbus and Italian heritage.



## 2018 Nutley-Belleville **Columbus Day Honorees**

Submitted by Joyce Corey

Meet the awardees who will be honored at this year's Columbus Day Parade on October 7.



### **Nutley Woman of the Year** Sandra Carella

Sandra "Sam" Carella is in her 18th year working in the Department of Public Safety as Assistant to Commissioner Alphonse Petracco. She was previously active in school interests including a few years as President of the Yantacaw School PTO and as Vice President for the PT Council. She chaired Project Graduation for Nutley High School.

She later joined Nutley Family Service Women's Auxiliary and then served as Trustee on the Nutley Family Service Bureau's Executive Board. She is currently on the Board of Trustees at the Nutley Senior Manor and is a member of H.O.P.E. (Helping Our Parents Endure), the Nutley Municipal Alliance, Mattia Committee, the Nutley Hall of Fame Committee, and the Juvenile Conference Committee.



### **Nutley Man of the Year Thomas Sposato**

Tom is a firm believer in giving back to the community and has dedicated his time to helping others in several capacities. He has been Chairman of the Nutley Zoning Board for six years and President and Vice President of the Nutley Board of Education where his platform was to bring awareness to bullying in schools and to work together to create an

optimal environment for all students in the Nutley school system. Tom is currently a trustee for the Senior Manor and is Vice President and Coach of the seventh and eighth grade Boys Rec Basketball.



### **Belleville Woman of the Year** Jeanne Lombardi

Jeanne has been very involved in the community, and her activities are as diverse as they are numerous, particularly because of the interests of her children. She served as a Girl Scout leader, Belleville Recreation tee-ball and softball coach, State Delegate for Essex County Women's Bowling Association, member of the Holy Family Saint Lucy Sodality,

and member of the Nutley-Belleville Columbus Parade Committee.

She is currently serving on the Parent Associations for BHS wrestling, baseball and softball. Jeanne is Treasurer for the Belleville Foundation, Inc. (which awards a 4-year scholarship to a BHS graduate each year), President of the Belleville Varsity Club, and sponsors a Belleville Little League Team.



### Belleville Man of the Year **Anthony Sessa**

Anthony's full career of Belleville community involvement spans from 1991 to the present. Throughout these years, Anthony has been involved with or a member of many Belleville community activities and affairs. He is the Standard Bearer of the annual Ignazio "Duke" Memorial Scholarship from 2014 to the present. He is actively involved in

the following: Silver Lake Civic Association, Township of Belleville, Belleville High School Football Public Address Announcer, Belleville Recreation Baseball & Softball Opening Day Emcee, Belleville Recreation Annual Easter Egg Hunt Emcee, Belleville Little League Opening Day Emcee, Belleville Italian American Civic Association Club, and the Belleville Lions Club.



### **Italian Heritage Award** Joseph Palombini

Joe's Italian heritage has always been a big part of his life. Both of his parents were born in Italy and they came to America as teenagers. His parents had three children, Joe's sisters, Maria and Cathy, and him. They all spoke Italian at home. Since his mother's family lived in Italy, Joe's summers were spent in her hometown which was near the beach so he swam in the

Mediterranean Sea. Having his grandparents around every day he learned about Italian heritage, traditions, and culture firsthand.



### **Renaissance Man Anthony Dalbo**

Anthony is an advisor to the Italian Club at Montclair High School, whose members have grown from 10 students to over 65 students in one year. This club is dedicated to learning about Italian culture and traditions, such as making fresh mozzarella and playing bocce ball. The Italian Club at Montclair High School,

under Anthony's advisement, is currently planning a trip to Italy during the summer.



### **Italian Business Owner of the Year** Michael Maffucci

Michael and his partners opened the first Pro Staff location, a full service, ultra-modern, outpatient physical therapy facility in 2010. At Pro Staff Institute, they use the most current research, technology, and techniques which have led them to become the premier provider of outpatient therapy services in Northern New Jersey. Pro Staff currently has a

total of eight locations. The second most recently opened facility is in Michael's hometown of Nutley. The Nutley facility is located at 265 Franklin Avenue across from the high school. This location also serves as the company's corporate headquarters.



### **Lifetime Achievement Award** Vito Scarpelli

Vito has had a very fulfilling career in education, retiring as a principal in the Roselle Park School System after 36 years. He was an adjunct instructor at Jersey City State University and an active member of the New Jersey Principals and Supervisors Association.

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Vito is actively involved in many community organizations dedicating his time, talents, and enthusiasm in bringing people together for a greater cause. He has been the past president and Chairman of



the Board of Nutley American Little League, serving over 40 years. He was a coach for Nutley Girls Softball and Basketball Recreation. Vito was also the Treasurer of Nutley UNICO, selected 2016 UNICAN of the Year, serving on many committees, and is a member of the Nutley Elks, and the Scarpelli Civic Association in addition to playing Santa Claus flying into the Nutley Oval for the Nutley Chamber of Commerce.



### **Community Excellence Award Barbara Hirsch**

Ms. Hirsch was employed by the Nutley Board of Education for 41 years, served as a teacher at Radcliffe School, Learning Consultant at Nutley High School, and Director of Special Services. She developed the Cultivating Academic Program and was a founding member of the Essex County Gifted Consortium. Ms. Hirsch has been

an adjunct instructor at Montclair State University, Kean University, New Jersey City State University, and Caldwell University. Presently, she works with Korean exchange students at Bloomfield College.

Active in community affairs, Ms. Hirsch is the President of The Friends of The Nutley Library, a past president and current secretary of the Nutley Rotary Club, an elected Democratic County Committeewoman, and serves on the boards for Nutley Senior Housing, Special Young Adults, and the Cerebral Palsy Center of Belleville. She is also actively involved in the American Association of University Women, Kingsland Manor Trust, Veterans of Foreign War Auxiliary, Nutley Elks, and The Nutley Educational Foundation, where she is a founding trustee. Ms. Hirsch continues to present workshops and seminars in education at diverse academic institutions and has published a variety of articles particularly focusing on special education.



To schedule appointment, visit nutleyvision.com or call (973) 542-1105.

## **Ribbon Cutting**



The Nutley Chamber of Commerce welcomes, **Enforcer Fitness** LLC, 386 Franklin Avenue, Nutley, 201-306-7132, as a member.

I-r: Anthony Biondi of Biondi Funeral Home

Dorothy Huey of Nutley Women's Networking Group/Nutley Rotary

Mark Conca of the Old Canal Inn

Chris Conca

Rula Abualhuda of Spencer

Savings Bank

owner Lisa Conca

Ryan Conca

owner Chris Conca

Ro Apple

Kyle Conca

attorney Frank Costenbader

Danielle Conca

Vincent Conca

Danny Conca

Magnus Valle

Neil Henning of Fortress Financial

\*Photos courtesy of Chamber Member Randy Frum of Randall Kenneth Photography

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## **Comic Book** Day at the **Nutley Public** Library

By Lucia Alvarez, Library Associate

he Nutley Public Library's annual Comic Book Day is a celebration of geek culture. Fans of superheroes, wizards, video games, and more can share their

interests together locally while enjoying a full day of events. The day is dedicated to creating appreciation and awareness for comics and its related popular art forms, celebrating its contributions, and promoting literacy to children and teens.

Comic Book Day is a multi-generational event where families can bond over activities. Everyone can wear a costume, create an enormous piece of sweet candy sushi, design superhero masks, or snap a memory to take home from the green-screen photo booth.

Performers are a special part of Comic Book Day. Michele Knotz, a voice actress who brings joy to fans of the Pokémon series, will be at the library. Knotz is most notably recognized for lending her talents to Team Rocket's Jessie. She also hosts her original "Knotz Your Everyday Panel" where she shares her experiences as an actress as well as shows reels of her work. Her panel also encourages attendees to display their talents and win a prize for their participation.

The cosplay contest is an all-ages event, which is held to show off everyone's fabulous costumes. Cosplay, or costume play, can feature handmade or store-bought outfits. The Art Show is a place where artists can display their work of any medium, traditional or digital, to other art enthusiasts. Raffles are held every hour throughout the day. These bundles include toys, books, and other fun goodies.

Comic Book Day encourages people of all ages to try new hobbies such as reading a comic book, becoming an artist, putting a costume together, or learning what it takes to be part of this industry. It gives everyone in the community a convention experience right here in town, free of charge.

This event is sponsored by the Friends of the Nutley Public Library and the Nutley Rotary Club.

For additional information, please visit the Youth Service's website at www.youthservices.nutleypubliclibary.org or contact Lucia Alvarez at lucia.alvarez@nutley.bccls.org.

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## **Fellowship of Christian** Athletes By David Wilson

Ve all seek to have meaning in our lives and to guide our youth into character-building activities. "The Fellowship of Christian Athletes (FCA) in Nutley is

an organization where we can talk about the importance of being a man of integrity, serving others, and growing in our relationship with God," says leader, J.D. Vick. FCA's mission statement reads: "FCA combines people's passion for sports with their passion for Christ, and teaches them that the two worlds don't have to be separate. FCA wants to give meaning to the athletic nature that all of us are

born with and use it for something that stretches beyond sports." Vick's family values and training as a special education teacher and sports coach qualifies him to be the group's spiritual leader.



James Joyce trims out woodwork during July Texas trip. Dominic Raffaelli clears brush from property to make way for Habitat for Humanity.

The Nutley huddle of FCA, formed in 2011, has taken these thoughts and run with them. The group meets weekly at Franklin Reformed Church to discuss these concepts and plan their humanitarian service projects. They have traveled to Alabama for tornado relief, New Jersey shore points for Sandy relief, Fond

Blanc, Haiti to help build an orphanage, West Virginia, Appalachia area for home repairs, Breezy Point, Queens, New York to assist Habitat for Humanity, South Dakota, Pine Ridge Reservation to help the Lakota people





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remodel their homes, Tennessee to help wildfire victims, and, most recently, to Rock Port, Texas to help with Hurricane Harvey restorations.

Students learn, many for the first time, about travel to disaster areas and how to help those overwhelmed by the catastrophes. They build their people skills as they identify the needs of those less fortunate and develop an action plan. Using their youthful strength and stamina to remove debris and wield tools to restore victim's homes has rewards that are immeasurable.

Frank DeMaio, NHS graduate says, "The Texas trip was the best experience ever in my life. Meeting residents and being shown hospitality in a devastated area allowed me to really connect with people and feel their need and thankfulness for my labors." Forty-four members traveled and lived together for a week in trailers with meals provided by local churches and businesses. Following their 8:00am-3:00pm work day, in one-hundred-ten-degree heat, were trips to the Alamo, USS Lexington, and Port Aransas Beach for a spectacular sunset.

Jimmy Quinn, another NHS graduate, states, "The people's positivity was amazing. Residents go to work and then return to their destroyed property, somehow keeping their spirits and hopes high during a lengthy recovery time. They showed interest in our group and our future plans and never complained. I am inspired to continue my efforts to help those less fortunate and in need."

Anthony Fabiano enjoyed getting up close and personal to help Texans ravaged by the hurricane that caused \$125 billion in damage. "The FCA trips are good medicine for the mind and body. I enjoyed swimming in the Gulf of Mexico and visiting the River Walk. My four years and two trips with FCA have helped prepare me for Seton Hall and life's opportunities."

The trips and supplies are funded by various fundraisers, individual donations, and the participant's families.

Destinations are prearranged for shelter, meals, transportation, security, tools, and recreational trips. Follow them on Facebook, Twitter, Instagram and YouTube: NutleyFCA.



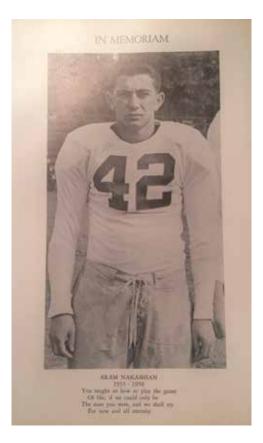
## The Story of Aram Nakashian

By Dr. Steven Clarke

f you have ever walked through the front doors of Nutley High School after 1951, a painting of Nutley football player, Aram Nakashian, was there looking back, keeping a watchful eye as you entered. You may have seen the dark eyes, dark hair, and the Nutley sweater honoring a football player who tragically passed away after being injured during an intra-squad scrimmage in 1950. The painting was hung above the first trophy case and was done by noted Nutley artist (and Aram's classmate) Sal Asaro.

The football team was gearing up for the first game of the season and

the offense and defense were scrimmaging each other near the Chestnut Street goal line. Coach Gordon Schleer and Assistant Coach Ralph D'Andrea had the offense



running the same play repeatedly, so players knew exactly where they needed to be. Aram was playing the safety position as quarterback Don Brancaccio took the snap of the ball and quickly handed off to running back Bob Youmans.

As Youmans charged forward with the ball, Aram, weighing about 125 pounds and standing about five foot five, attempted to tackle Youmans head-on and with his head down. The impact caused Aram to snap his head down and he fell face forward to the ground. He could not move but was able to say a few words as teammates and coaches rushed to his aid.

An ambulance transported him initially to St. Mary's Hospital in Passaic. Paralyzed from the chest down, he was transported to Jersey City Medical Center where

he laid in traction to stabilize his neck. Despite family, friends, and classmates visiting him daily, he gradually declined. Exactly five weeks later on October 20, 1950,



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**Dr. Stephen Ducey** specializes in sports medicine and performs arthroscopic procedures to knees, shoulders and hips as well as performs shoulder replacement surgery, anterior cruciate ligament reconstruction, articular cartilage surgery and patellofemoral realignment.

**Dr. Seth Queler** specializes in the treatment of foot and ankle disorders including ankle arthritis, flatfoot deformity and bunion deformity, and performs arthroscopy and arthroplasty of the ankle.



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Aram passed away at the age of seventeen years old. The injury was just too severe and complicated for his body to heal.

The entire community was devastated, especially his football teammates and the senior class who was looking forward to graduation in the spring of 1951. A memorial service for Aram was held at the high school. The student body received early

dismissal so they could attend the church services held in Paterson. where mourners overflowed the church. Teammates sat in the front pews with family

Aram Nakashian was a player on the 1951 **Nutley High School** football team

during the emotional service.

The funeral procession made a final pass by his home at 45 Vincent Place (now a senior citizen building), past the Old Military Hall and then onto Franklin Avenue. Business owners came out curbside to pay their respects to young Aram. Burial was at the nearby East Ridgelawn Cemetery in Clifton.

The Nutley Athletic Council had to deal with outcries from parents looking to cancel football for safety reasons, but it was deemed a unique and rare incident and the games would go on.

Sad as this was, the story did not end here. Artist Sal Asaro, Aram's classmate, painted the picture





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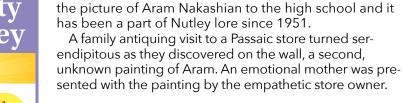
  - Summer Program

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www.communityschoolnutleynj.com Email: csnutley@optonline.net

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Dr. Steven Clarke has been a practicing chiropractor in Nutley since 1983. His grandfather came to Nutley in the early 1920's and established one of the first dry cleaning businesses in town, located to the left of the Nutley Post Office. Aram Nakashian was Dr. Clarke's second cousin.

of Aram that now hangs in the high school. The picture was presented to Aram's parents at the end of the year during the Senior Awards Assembly. The family donated



## **An American Military Story**

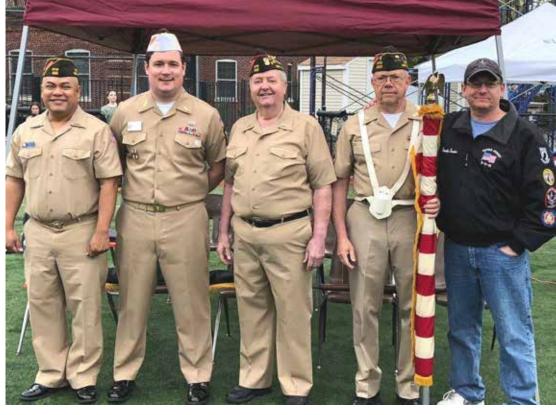
By Frankie Turano

he United States Air Force, like all branches of our military, is a crucial component in maintaining control in a world that is defined by its differences. The subterfuge of hostile countries is never ending, and separating lies from truth has become about as easy as crossing a bridge of illusion shadowed in a fog of greed. For this I am grateful of having the support of the finest aviation service on planet Earth.

There is a deluge of interesting facts about the United States Air Force that I would like to take a moment to share. Well-known

names such as Buzz Aldrin, Chuck Norris, and Jimmy Stewart are but a small fraction of men who have served our nation soaring through the clouds. Another great name in the military is Joseph C. McConnell, an ace pilot who shot down sixteen MIG-15 fighters during the Korean War. The definition of an ace pilot is someone who has shot down five or more enemy aircraft. He was awarded the Distinguished Service Cross and the Silver Star but was killed in 1954 while test piloting a fighter bomber. His record still stands today. Another interesting fact is that Air Force One is not the actual name of a plane. There are two Boeing VC-25s that are used by the government to transport the president of the United States. One of those planes officially becomes Air Force One the second the president becomes a passenger.

A most significant fact is that the planes do not work without technicians and a command post cannot be set up without the diligent work from brave men and women who make everything from behind the scenes come to



Ezzedin Bautista, "Zed", on the left, Frankie Turano on the right. Photo taken at a 5K run in Nutley.

fruition. This is where our story begins.

Ezzedin Bautista, or "Zed" as he is known, is one of the finest men I have ever met. As of this moment, Zed is still on active duty in the Air Force, proudly supporting his family, his community, and his country.

I asked why he joined the service. He looked up from my desk and into my eyes and spoke. "John F. Kennedy said it best: 'Ask not what your country can do for you; ask what you can do for your country.' I am so grateful for being allowed the opportunity to live the American dream. How could I not put my life in danger to help this country? What more can I do to show my undeniable gratitude? I have been in the service for 23 years and I am very proud of this fact," he spoke contentedly.

I asked how the process started and where the service has taken him.

"Basic training begins in San Antonio, Texas for all members of the Air Force. I then went into the logistical side of the branch where I am responsible for transporting



cargo and personnel, bringing equipment to the war zone, and servicing the air craft, mainly cargo planes. I work on the C-5, C-17, C-130, and the KC-10 cargo and refueling aircrafts. Interesting fact about the C5: they can hold either two M1 tanks or four Apache helicopters. Each tank is 68 tons, so together it is 136 tons that you are trying to lift off the ground and into the sky. It is almost unbelievable that this is even possible."

"I have been deployed six times so far: twice in Iraq, and once in Afghanistan, Kuwait, UAE, and Saudi Arabia. I have been under mortar attack in Iraq. I had my fondest moment in Afghanistan, where there was a barbed wire fence separating us and the local children. I would reach through and give them candy and watch as the smiles appeared upon their faces. We work very hard in the desert and this has taught me discipline and respect. We deal with sandstorms, 120 degree weather and have to hydrate constantly. There are poison lizards and the camel spider that would numb your skin while it eats your flesh. A very dangerous place."

Ezzedin Bautista, thank you. Your country salutes you, your town salutes you, and I salute you.

Frankie Turano Jr. is the owner of American Made Custom Cabinet Company located at 95 Stager Street. He has been in business for over thirty-seven years. He designs and sells all wood cabinetry, stone countertops, and knobs and handles for kitchens and bathrooms. www.amccc.us

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## **Adopt Us!**

Submitted by Tiffany Servidio

audi is a 4-year-old, 100 pound pittie who is great with children and other dogs. His family absolutely adores him and they had him since he was just 8 weeks old. Due to a family emergency, they are moving abroad and while they have tried everything to bring Gaudi along, a ban on bully breeds has made it impossible. They are the only family he has ever known and they reached out to Brick City Rescue



to make sure he doesn't end up in the wrong hands or a shelter. BCR is looking for an experienced bully breed foster or adopter due to his size and strength. Gaudi will be completely vetted and neutered before going into a new home. If you are interested in helping this big boy, email info@brickcityrescue.com.

Submitted by Christa Milici

Riley is a 12-weekold male found in someone's backyard and abandoned by his mom at only a day old. He is very affectionate and loves to play with the other kittens. Riley is up to date on all vetting and now ready for adoption! Please visit



our website to look at all of our adoptable kittens! www.yellowbrickroadrescuenj.com



## EVENTS CALENDAR OCTOBER 2018

### "Picturing Nutley" **Photography Contest**

@Nutley Historical Society The Nutley Historical Society is pleased to announce that with the support of a grant from Essex County, they are running a photography contest called "Picturing Nutley." Adult division - \$100 prize High School division - \$75 prize Elementary/Middle School division - \$50 prize

The deadline to enter is Nov. 15. Visit www.picturingnutleycontest. org and upload your pictures.

### Oct. 1, 8, 15, 22, 29, Mon.

Senior Art Program

@Parks and Recreation Bldg., 44 Park Ave. Time: 1-2:30pm For more information contact the Recreation office at 973-284-4966

### Oct. 1, Mon.

## Surgical Options for Weight

@Clara Maass Medical Center, I Clara Maass Dr., Belleville Meet the Bariatric Center Team at Clara Maass Medical Center. Learn more about program requirements including what can be expected before, during, and after surgery. Immediately following the seminar, attendees are welcome to attend the Bariatric Support Group to meet former patients and hear about their journey towards wellness through weight-loss. Time: 6-7pm For more information and to register call 973-450-2476

### Oct. 2, 16, Tue.

### **Board of Commissioners** Meeting

@Town Hall, 3rd Floor Commission Chambers, I Kennedy Dr. Time: 7pm Open to the public For more information visit www.nutleynj.org/board-ofcommissioners

### Oct. 3, 10, 17, 24, 31, Wed.

## **Essex County Aerobic Exercise**

@Parks and Recreation Building, 44 Park Ave. Time: 9:30am

For more information and to register call 973-735-6228

### Oct. 3, Wed.

### Essex County Clerk Program @Parks and Recreation Building, 44 Park Ave.

On the first Wednesday of each month the Essex County Clerk's office is available at the Recreation Department for residents to obtain passports and Notary Public

services. Time: 2-8pm Cost: Free

For more information visit www. nutleynj.org/recreation

### Oct. 4, Thurs.

### Nutley 1918 Film Screening with John Demmer

@Nutley Public Library, 93 Booth Dr.

Enjoy a screening of Nutley 1918, the earliest known film of Nutley, in honor of its 100th anniversary. Nutley historian John Demmer will discuss its filming by Katherine Russell Bleeker and restoration by Bob Lee of the Essex Film Club. John will also discuss the history of Nutley in 1918 as well as offer time for questions and discussion. Time: 7pm

For more information visit www.nutleypubliclibrary.org

### Oct. 4, Thurs.

### **Nutrition Support Group**

@Clara Maass Medical Center, l Clara Maass Dr., Belleville If you need support with improving overall diet to help manage illnesses including cancer, diabetes, hypertension, high cholesterol, and food allergies, visit the monthly Nutrition Support Group facilitated by a Registered Dietitian. Topics vary at each monthly meeting.

Registration is not required. Time: 6pm For more information call 973-450-2328

### Oct. 5, Fri.

### Candlelight Celebration Walk @John H. Walker Middle School, 315 Franklin Ave. Sponsored by The Nutley Thriving Survivors, Inc., a group that provides food, comfort, companionship, and celebration to women who live or work in Nutley, and their families, and who have been affected by breast cancer. Time: 6pm registration. 7pm walk

Cost: \$15 registration includes t-shirt, water, and hot dog. Ice cream, zeppoles, and yoga on the lawn are also available. Luminaries in memory of or in celebration of will line the oval fence. For more information visit www. nutleythrivingsurvivors.com

### Oct. 6, 20, Sat.

### Kingsland Manor Paranormal Investigations

@Kingsland Manor, 3 Kingsland St. Join a group of fellow ghost hunters in an investigation and a reveal conducted by The Island Paranormal Society. Follow the investigators as they scare up spirits and ghosts from the Manor's past! Light refreshments will be provided. Choose either Oct. 6 or Oct. 20. Space is limited to 24 persons each evening. Cost: \$25 per person. Reservations are required. For more information visit

www.kingslandmanor.org or "Kingsland Manor" on Facebook.

### Oct. 6, Sat.

Leaf Bag Distribution Day and Food Drive





## @Public Works / Water Dept., I Cortland St.

10 bio-degradable leaf bags will be provided per household. The leaf bag giveaway will be combined with a food drive for the Nutley Family Service Bureau's food pantry. Canned goods, cereal, peanut butter, pasta, and rice are all needed. Residents can pick up their free leaf bags and, at the same time, help out those who are less fortunate. For residents unable to attend, leaf bags may also be picked up at the Public Works Garage on Cortland St. weekdays starting Tuesday, Oct. 9, between 8am and 3pm. Proper identification will be required.

Time: 8am-Ipm
For more information visit www.
nutleynj.org/calendar

### Oct. 7, 14, 21, 28, Sun.

Nutley Farmers Market @Municipal Parking Lot 9,

537 Franklin Ave.
Featuring live musical
entertainment, a wide variety of
fresh, regionally-grown produce,
fresh-cut flowers, homemade
cheese, dried fruit, nuts, pickles,
bread, and more. A great place to
meet new friends, interact with
the people who grew your food,
and support local farmers and
businesses.

Time: 9am-2pm For more information call 973-284-4959 or visit www.nutleynj.org/farmersmarket

### Oct. 8, Mon.

### Considering Breastfeeding?

@Clara Maass Medical Center, I Clara Maass Dr., Belleville Expecting mothers are welcome to attend and learn from a Lactation Consultant about the advantages of breastfeeding, nutrition, breast care, and successful breastfeeding tips for working mothers.

Time: 7-9pm Cost: \$25 per person For more information and to register call 1-888-724-7123

### Oct. 8, Mon.

Supper Club for Seniors Health Series Presents: Think Pink: An Evening of Breast Cancer Prevention and Education

@Clara Maass Medical Center, Cafeteria, I Clara Maass Dr., Belleville

Wear pink in support of Breast Cancer Awareness at this monthly Supper Club. The event includes dinner, bingo, prizes and giveaways plus an informative presentation from Clara Maass Medical Center's Breast Surgeon, Rachelle Leong, MD. Seating is limited. Registration is required.

Time: 4:30-6pm
For more information or to register call 1-888-724-7123

### Oct. 10. Wed.

## Living Well with Parkinson's Disease Support Group

@Clara Maass Medical Center, Cancer Center Conference Room, I Clara Maass Dr., Belleville This event is designed to provide an opportunity to share experiences and challenges and help others in a caring and safe environment. Parking validation available for all attendees. Time: 10-11am

Cost: Free

For more information or to register call Dhyana Velez, RN at 973-450-2559

### Oct. 16, Tue.

**Graphic Novel Club for Adults** 

# Follow Us on Facebook and Instagram!

Nutley Neighbors - Best Version Media @nutley\_neighbors\_magazine







@Nutley Public Library, 93 Booth Dr.

Discuss graphic novels and sample pastries from local bakeries. Copies of each book are available at the library one month prior to each meeting. This month, the group will be discussing The Long Halloween by Jeph Loeb and Tim Sale.

Time: 7pm For more information visit www.nutleypubliclibrary.org/ graphicnovelclub

### Oct. 20, Sat.

### Comic Book Day

@Nutley Public Library,93 Booth Dr.

Fans of superheroes, wizards, video games, and more can share their interests together locally while enjoying a full day of events. Everyone can wear a

costume, create an enormous piece of sweet candy sushi, design superhero masks, check out different discussion panels, or snap a memory to take home from the green-screen photo booth. Enter the all-ages cosplay contest, view the art show where artists display works using a variety of mediums, enjoy a panel held by voice actress Michele Knotz, and maybe even win a raffle containing toys, books, and other fun goodies!

Time: 10am-4pm

For more information visit

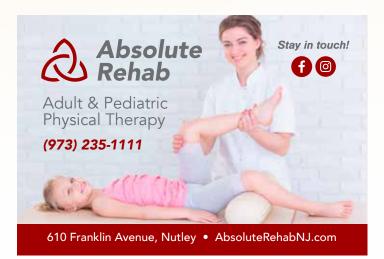
### Oct. 20, Sat.

### Saturday Afternoon Book Club

www.nutleypubliclibrary.org

@Nutley Public Library, 93 Booth Dr.

Presenting Before the Book: Workshops for Aspiring Writers,







## EVENTS CALENDAR OCTOBER 2018

a series of four workshops led by author Hillary DePiano. Part 2 is Setting Yourself Up for Writing Success: Preparing to Write a Book. Time: 2pm

For more information call 973-667-0405 or visit www. nutleypubliclibrary.org

### Oct. 20, Sat.

## Strut Your Mutt: Canine Halloween Costume Contest

@Brookdale Park Dog Park, Grove St., Montclair A popular event for dog owners to show off their creative talents, celebrate their pets, and share a happy event with other dog owners. Time: 9:15am registration. 10am parade.

Cost: Free registration For more information visit www. essexcountyparks.org/parks/ brookdale-park/calendar/strut-yourmutt-canine-halloween-costumecontest

### Oct. 21, Sun.

**Kingsland Manor Colonial Day** @Kingsland Manor, 3 Kingsland St.

Watch the colonial past come to life as you and your family learn how people worked and played in pre-industrial America. See how they cooked food, dressed, spun yarn, used woodworking tools, performed music, and played games. Sample a selection of foods, help chum butter, learn to play colonial games, and listen to harpsichord music and popular songs.

Time: I-5pm Cost: Admission is free but donations are accepted. For more information call 973-661-3410 or email kingslandmanorrestorationtrust @gmail.com

### Oct. 22, Mon.

### **Breast Cancer Support Group**

@Clara Maass Medical Center, Clara Maass Dr., Belleville Support is available for those fighting breast cancer. Whether coping with a recent diagnosis or survivorship, you are invited to attend this support group and share your journey with others. Light refreshments will be served. Time: 4pm For more information or to register call Joanna Tortora at 973-844-4150

### Oct. 25, Thurs.

## Comprehensive Blood Screenings

@Clara Maass Medical Center, Cancer Center, I Clara Maass Dr., Belleville

Screening includes a complete blood profile including cholesterol and glucose screenings in addition to other important elements. Light refreshments will be provided to registrants.

Time: 7-9am Cost: \$40

For more information and to register call 1-888-724-7123

### Oct. 26, Fri.

### Halloween Spooktacular

@Parks and Recreation Dept., 44 Park Ave.

Little ghosts and goblins are invited to enjoy a Halloween extravaganza including a hayride, Halloween music, candy apples, snacks, drinks,

blow-up slides, and much more. Be sure to wear your costume!
Time: 6:30-8:30pm
Cost: \$5 per family. Please bring proof of residency at time of purchase.

For more information call the Recreation Dept. at 973-284-4966

### Oct. 28, Sun.

## Nutley Thriving Survivors Celebration Brunch

@Forest Hill Field Club, 9 Belleville Ave., Bloomfield

This is a brunch to celebrate those whose lives have been affected by breast cancer.

Time: I I am

Cost: Free for breast cancer survivors who live or work in Nutley and one guest; \$35 per person.

For more information visit www.nutleythrivingsurvivors.com

















### Important Phone Numbers - www.NutleyNJ.org

<i>Emergency</i> 911	Parks and Recreation(973) 284-4966
Police Department(973) 284-4940	School District(973) 661-3500
Fire Department(973) 284-4940	Chamber of Commerce (973) 667-5300
Town Hall(973) 284-4951	Public Affairs & Health Dept (973) 284-4976
Library(973) 667-0405	Public Works (973) 284-4958



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