

OCTOBER 2020

A community magazine serving the residents of Nutley

NUTLEY NEIGHBORS



All the Small Things Add Up

*Rick, Ronna, Gwendolyn,
and Brandon Neiman*

Photograph by
Randall Kenneth
Photography



Best Version Media



Your Community Funeral Home

Professional, Compassionate Service 24 Hours a day, 365 Days a year

John F. Brown
Manager
License No. 2633

267 Centre Street
Nutley, NJ 07110
www.swbrownandson.com
(973) 667-0875

Participant in the NJ Prepaid Funeral Trust Fund



We Take Pride in Your Care

Dr. Frank Femino specializes in hip and knee replacement surgeries using minimally invasive techniques and routinely performs partial knee replacements as an outpatient procedure.

Dr. Stephen Ducey specializes in sports medicine and performs arthroscopic procedures to knees, shoulders and hips as well as performs shoulder replacement surgery, anterior cruciate ligament reconstruction, articular cartilage surgery and patellofemoral realignment.

Dr. Seth Queler expertise in treating foot and ankle disorders enables patients to become fully functional once again. Emphasis is on conservative treatments such as Biologics, PRP and Hyaluronic acid (gel).



FEMINO-DUCEY-QUELER ORTHOPAEDIC GROUP

Payment Plans Available Regardless of Insurance Status

45 Franklin Avenue
Nutley, New Jersey 07110
p: 973-751-0111
f: 973-251-9029

femino-duceyorthopaedics.com



Best Version Media®

Publication Team

Publisher:
Michael Stefanelli



Content Coordinator: Joyce Corey
Designer: Marti Golon
Contributing Photographer:
Randall Kenneth Photography
Contributing Writers:
David Wilson, Frankie Turano Jr.

ADVERTISING

Contact: Michael Stefanelli
Email: mstefanelli@bestversionmedia.com
Phone: 973-277-7301

Feedback/Ideas/Submissions: Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 25th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: jcorey@bestversionmedia.com.

Content Submission Deadlines:

Content Due:	Edition Date:
November 25.....	January 1
December 23.....	February 1
January 25.....	March 1
February 25.....	April 1
March 25.....	May 1
April 25.....	June 1
May 25.....	July 1
June 25.....	August 1
July 25.....	September 1
August 25.....	October 1
September 25.....	November 1
October 25.....	December 1

Any content, resident submissions, guest columns, advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted. All content submitted is done so at the sole discretion of the submitting party.
© 2020 Best Version Media. All rights reserved.

In the Middle of ...

Don't you hate it when you are right in the middle of something and you are called away? Like when you get a phone call at dinner only to find out that your computer has been infected with a virus but this guy on the line can help you if you give him all your passwords and personal information?

Or what about having the alarm clock go off in the middle of a great dream and you have to jump out of bed and change your pajama top so you can join the Zoom meeting in three minutes?

Oh, and that reminds me. We are in the middle of a pandemic.

Gee, I wish something would call me away from all this drama.

But something does. Every day. It's called life.

Despite what is happening globally and locally, we are always called away from the worry by some very normal things.

This month, I had the pleasure of interviewing Rick and Ronna Neiman for our cover story. That was a delightful conversation! Both of them are officially healthcare heroes and I loved hearing their story and virtually meeting their beautiful children. Be sure to read about the unexpected surprise the couple got when Ronna broke her ankle one night in the yard!

My mind was also happily diverted by Barry Lenson's story about four Nutleyites with New York theater connections. I will forever think of these men as Nutley's "Fab Four!"

Our own Ilene Dudek adds to her delightful children's series with her sixth book: *Little Ant & the Epic Battle*. And, yes, it was inspired by the pandemic. In this book, the loveable little ant battles against angry germs in a child-friendly way. Ilene's reason for writing the book is to; quite simply, interrupt the fear of the pandemic. She said, "I needed to add a little bit of light, and hope, in the only way I knew how."

And in case you are still trying to find a way of being interrupted in the middle of the pandemic, how about visiting some local businesses? The health of a community is not only measured in blood work and lab tests; a thriving neighborhood is one in which people know and support their local business owners. For years, these businesses have been the backbone of our town; they have donated money and services that help us all.

So, let's turn the pages in this month's issue. Read the stories and the advertisements and, hopefully, connect with the people and places that are featured.

Being in the middle of something just means the ending is closer than it was before. May you all be distracted by things that are positive and hopeful.

Joyce Corey Content Coordinator





**C. Walter Searle
Insurance Agency, LLC**

ROBERT SEARLE
410 Franklin Avenue, Nutley, N.J. 07110
Cell (973) 650-0954 • Fax (973) 235-1730
rsearle@searleinsurance.com

Contact us for a free quote! (973) 667-2577 www.searleinsurance.com

At the C. Walter Searle Insurance Agency we have been serving the insurance needs of individuals, families, and businesses in NJ since 1926.

- Home Insurance
- Auto Insurance
- Business Insurance
- Health Insurance
- Life Insurance



**Shop Tires Online at
BradleyTireService.com**

Expert Contributors



BEACON WEALTH PARTNERS, LLC, EQUITABLE ADVISORS, LLC

As a platinum group within Equitable Advisors and a local family office, they focus on wealth management, retirement planning, insurance, and group benefits. Their mission is to bring value to clients and families through sound and objective strategies. Michael, Daniel and their father Salvatore are graduates of Nutley High School and have obtained professional degrees and certifications with a combined 60+ years of experience. Michael is a CERTIFIED FINANCIAL PLANNER™ professional (CFP®), meeting rigorous education, fiduciary training and ethical standards, while serving clients' best interests to prepare them for a more secure tomorrow.



CUCINA 355 RISTORANTE & PIZZERIA

Cucina 355 Ristorante & Pizzeria serves affordable classic Italian dishes and some of the best specialty pizza's around. Located at 355 Franklin Ave., the restaurant offers a very comfortable ambiance and spacious dining room that will let you relax and enjoy the cuisine. A full takeout menu is available in addition to a superb professional catering service that suits a wide variety of budgets appetites and occasions.



FEMINO-DUCEY-QUELER ORTHOPAEDIC GROUP

Orthopedic surgeons specializing in joint replacement, sports medicine and foot and ankle surgery. Each physician of FDQ is distinctively skilled in his area of expertise. Patients from as far as Europe and Asia

have sought out Dr. Femino for hip and knee replacement surgery. Local sports teams rely on the expertise of Dr. Ducey to get them back on the playing field after injuries sideline them. Dr. Queler's expertise treating the foot and ankle enables patients to become fully functional once again.



INSIGHT EYE & VISION CARE

Dr. Theresa Radtke is a 2016 graduate of the Arizona College of Optometry. Through completing a residency and clinical rotations focused in Ocular Disease, she honed her skills in diagnosing and treating a full spectrum of eye conditions. InSight Eye & Vision Care is a full

service optometric practice and optical shop she opened in 2017 with hopes of providing a one stop shop for excellent eye care, eyewear and personalized service for the community.



INVESTORS HOME MORTGAGE

Joe Isabella is a Certified Mortgage Planning Specialist (CMPS®). He has been with Investors Home Mortgage since 2010 and is a Circle of Excellence Award winner. Since joining Investors, Joe has helped many families in Nutley and the surrounding area with their home financing needs. He was born and raised in Nutley and still resides in his home town. He is a graduate of both Nutley High School and Montclair State University.



LIGRESTI DERMATOLOGY ASSOCIATES

Doctor Dominick J. Ligresti is a Medical Doctor who is a Board Certified Dermatologist (which is the highest degree in medicine and dermatology). He is also an Adjunct Professor of Dermatology and Clinic Chief at Mount Sinai School of Medicine in NYC. He teaches medical doctors from Hackensack University Hospital.

He successfully treats all skin diseases for adult and pediatric patients, including advanced painless allergy testing. Ligresti Dermatology Associates is a full service dermatology practice including cosmetic dermatology for antiaging like: Restylane fillers, Botox/Dysport, Chemical Peels and Microdermabrasion. The office is located at 175 Franklin Ave. Nutley.



RECOVR ACUPUNCTURE AND SPORTS REHAB

North Jersey's premier acupuncture and sports rehab facility. The clinic was founded by Dr. Alan M. Genitempo, a New Jersey licensed acupuncturist who received both his Masters and Doctorate degrees in Acupuncture. We specialize in acupuncture for the treatment of musculoskeletal pain as well as other generalized health conditions.

Services include acupuncture, cupping therapy, herbal medicine, electric-stimulation acupuncture, dietary therapy and infrared therapy. Dr. Genitempo is a lifelong resident of Nutley and looks forward to serving the community of Nutley for years to come.



THE CENTER FOR ORAL & MAXILLOFACIAL SURGERY AND IMPLANTOLOGY

Dr. Philip M. Echo D.M.D has been practicing Oral and Maxillofacial surgery in the area for over 20 years. The Center for Oral & Maxillofacial Surgery & Implantology is committed to making every aspect of your care as pleasurable as possible.



Best Version Media®

To learn more about becoming an expert contributor, contact BVM at mstefanelli@bestversionmedia.com or phone (973) 277-7301



**Individual Therapy
& Counseling
Family Therapy
Online Counseling**
Major Health Insurance
Carriers Accepted

Anxiety • Addictions • Trauma
Child and Adolescent Issues • Anger

862-930-5700 Simona Cassatly
EDM, LPC, CCTP

TimeToHealCounseling.com

1018 BROAD ST. SUITE 6, BLOOMFIELD NJ 07003

Providing Quality Merchandise & The Finest Service For Over 32 Years.

Trio
JEWELERS

Custom Designs & Repairs
By Our Expert On-Site Jeweler

301 Franklin Ave. • Nutley

973-667-8628

Open Tuesday Thru Saturday



8 Month Housing Update

JANUARY 1, 2020 - AUGUST 30, 2020

SINGLE FAMILY HOMES

SOLD: 134

AVERAGE PRICE: \$454,216



HIGHEST SOLD HOME

38 BURNETT PLACE

\$860,000 | Closed: 7/31/20

MULTI FAMILY HOMES

SOLD: 17

AVERAGE PRICE: \$495,470



HIGHEST SOLD MULTI FAMILY

31-33 BEECH STREET

\$785,000 | Closed: 3/12/20

Best Version Media does not guarantee the accuracy of the statistical data on this page. The data does not represent the listings of any one agent or agency but represents the activity of the real estate community in the area. Any real estate agent's ad appearing in the magazine is separate from the statistical data provided which is in no way a part of their advertisement.

Home Roots. Local Expertise.
RUBINO RYDER TEAM



Award Agency

210 Franklin Ave Nutley NJ, 07110

Office: 973-661-3808

Each office is independently owned and operated

"The town of Nutley will always be such an important part of our family history. Our children are the fourth generation to live in this community. There was no better place to build memories and share family memories."

- Homeowners of

43 Alexander Ave. Nutley, NJ

List Price: \$949,900



Mary Broker Sales Associate | **Michael** Sales Associate

Cell: 973-477-3657 | RubinoRyderTeam@gmail.com

RUBINORYDERTEAM.COM





All the Small Things Add Up

Rick, Ronna, Gwendolyn, and Brandon Nejman

By Joyce Corey Photograph by Randall Kenneth Photography

Rick and Ronna Nejman know the importance of small things. He's a microbiology medical technologist and she's a cytotechnologist, which means both of them spend a good deal of time in the laboratory looking at things that are tiny but powerful. In healthcare, these microscopic elements can literally change the course of a person's life.

Yet, at home in Nutley, the family doesn't need a special lens to show them all the small things that have left a positive imprint on their lives.

It's not surprising that Rick and Ronna met at Quest Diagnostics where they were both using their college degrees.

"Rick graduated with a Bachelor of Science degree in Biology from Bloomfield College," Ronna said. "I graduated with a Bachelor of Science degree in Clinical Laboratory Science from Rutgers University and UMDNJ."

The couple began dating in 2008 and were married in



The Nejmans enjoying the Franklin Spring Festival

2011. When deciding on where to have the marriage ceremony, they discovered a seemingly small, but very significant, coincidence that steered their decision.

"We were married at St. Francis Xavier Church in Newark, where both our parents were also married at the same church in the early 1970s," Rick tells us.

"Our priest at Good Shepherd Church performed the ceremony there," Ronna said. "It was like we were honoring our parents' marriages while starting our own lives together."

Two years later, in the fall of 2013, Rick and Ronna bought a house here in

Nutley and have loved being here ever since.

"This was never just a house but has always felt like home," Ronna said. "Our friendly neighbors, the community, great school system, and all the wonderful family-friendly events Nutley offers have been so welcoming. And as a plus, Nutley isn't far from both our families."

And speaking of family, their Nutley home soon welcomed their first addition.

"In the summer of 2014, we adopted our dog, Riley, from a shelter," Rick said. Riley is now six years old.

But in keeping with the theme of Rick and Ronna making discoveries, puppy Riley was at the forefront of a momentous event.

"One evening as I went to let Riley out, I unfortunately fell and broke my ankle," Ronna said. "Rick was working the night shift at the time and I was home alone. Patty, our wonderful next-door neighbor at the time, heard me cry out and came right over. She called Rick and the ambulance, which arrived there in minutes. Patty even rode with me to the hospital and stayed until Rick and my family came. She was such an amazing help that night to all of us!"

But the night held a wonderful surprise for Rick and Ronna.



*Ronna and Gwendolyn at the Halloween Spooktacular (left)
Brandon and Riley comfy on the couch together (right)*



"At one point, the doctor in the ER asked if this was my first," Ronna explains. "I knew he couldn't have meant my first broken ankle! A pregnancy test confirmed that we were going to be parents."

"It was a bittersweet night," Rick said. "We were thrilled that a baby was on the way but also worried about Ronna who needed surgery to fix the broken bone."

"Yes," Ronna agreed, "it was terrible and wonderful all at the same time. Everything about

that night, from the help of our good neighbor to the care of the fast ambulance crew, really made the difference."

With the passing of time, baby Gwendolyn joined the family. She is now 5 and is big sister to Brandon, who is 1. Puppy Riley grew to be a 75-pound dog, who takes his job of watching over the family and playing with the children very seriously.

The children also gave Rick and Ronna the chance to

Feature Story Sponsored by Michael's Roscommon House



**MICHAEL'S
ROSCOMMON HOUSE**
Belleville NJ
Est. 1982



**Family
Owned
and
Operated**



Open for Outdoor Dining!

Takeout & Delivery

11am-9pm Daily

Saturday & Sunday Brunch Til 3pm

◆ *Full Line of Packaged Goods Including Beer, Wine & Liquor Available*

◆ *Check Out Our Facebook & Instagram Pages for Our Daily Specials*

531 Joralemon St. Belleville

973-759-0060

See Our Full Menu at WWW.MICHAELSROSCOMMON.COM



make other discoveries in town.

"Since having both of our kids, we've really enjoyed all the wonderful events that Nutley offers," Ronna said. "We especially love the Halloween Spooktacular, Easter Egg Hunt at the Mud Hole, and the Franklin Spring Festival. We've also enjoyed going down the Jersey Shore for our summer vacations, especially Point Pleasant and Seaside Heights. A lot of these events have been put on hold this year due to the pandemic, but we look forward to next year."

Which brings us back to this couple's careers in healthcare. Besides being interesting and friendly *Nutley Neighbors*, they are both busy delving into the microscopic world to better diagnose and treat health issues.

"I still work at Quest Diagnostics in Teterboro as a cytotechnologist," Ronna said. "My primary work involves looking for cancer and signs of infection from pap smears



Nutley's own healthcare heroes! Ronna Neiman at work at the Cytology Department in Quest Diagnostics (left). Rick Neiman at work at the Microbiology Department in Montefiore Nyack Hospital (right).



and biopsies."

Rick currently works at Montefiore Nyack Hospital in Nyack, New York, as a microbiology medical technologist. "My department is responsible for running the tests for COVID-19, as well as diagnostic tests for infections."

When Ronna mentioned that her and Rick always had an "eye on Nutley as a place to live and raise a family," I couldn't help but think of this

couple's work in the laboratory. Seeing small things definitely adds up to the bigger picture.

From their home in Nutley, Rick, Ronna, Gwendolyn, Brandon, (and Riley!) Neiman have discovered their place in a town that they happily call their home. ■

We are always looking for fascinating residents to feature in Nutley Neighbors. If you are interested in being included or would like to nominate one of your neighbors please email jcorey@bestversionmedia.com.



The Community School in Nutley

Celebrating 50 Years
of Quality Care and Education
for Young Children!

★★★★★
4-Star Rating
from Grow
NJ Kids

Infant Toddler Program
200 Highfield Lane

Full Day Program
100 Vincent Place

Half Day Program
10 St. Paul's Place



- Serving children 3 mos.—5 yrs.
- State Licensed
- Experienced & Certified Staff
- Using Creative Curriculum, a research based program

- Individual Classrooms
- Participating in Grow NJ Kids
- Art, Music, Yoga & Movement Weekly
- Summer Program

For further information:
www.communityschoolnutleynj.com
 Email: csnutley@optonline.net
973-661-0789



NR-0004215639-01



Dr. Alan M Genitempo, L.Ac. DAcM

**LIVE.
TRAIN.
RECOVR.**

10% OFF
Any Cash Package

One coupon per person. Must present AD along with coupon. Expires 12/31/2020

259 Washington Ave, Nutley, NJ

973-320-9325

www.recovrny.com

ONE FREE
Cupping Session

One coupon per person. Must present AD along with coupon. Expires 12/31/2020

**SCAN TO
VISIT OUR
WEBSITE**



FAMILY OWNED & OPERATED SINCE 2003



NUTLEY DINER



**Visit Our
Spacious Outdoor
Dining Area**

**Open Daily
8AM-9PM**



Takeout available for curbside pickup by calling us directly
or by using DoorDash, UberEats, or Grubhub

372 CENTRE ST. • NUTLEY • 973-235-0937
WWW.NUTLEYDINER.COM



ASSOCIATED
WITH
**EQUITABLE
ADVISORS**

973.667.8650

As a platinum group within Equitable Advisors
focusing on wealth management services,
our mission is to bring a high level of value to our
clients through sound, objective strategies.

Please visit our website to learn more:
www.beaconwealthpartners.com

- ▶ Investment Portfolio Management
- ▶ Retirement Planning
- ▶ Estate Planning Strategies
- ▶ College Funding
- ▶ Health & Life Insurance
- ▶ Long-Term Care Insurance
- ▶ Employee Group Benefits



Michael S. Cocco,
CFP®, ChFC®
CERTIFIED FINANCIAL
PLANNER™ professional
mcocco@beaconwealthpartners.com



Salvatore Cocco, Jr. CLU
Financial Consultant
scocco@beaconwealthpartners.com



Daniel Cocco, CPFA
Financial Consultant
dcocco@beaconwealthpartners.com

356 Franklin Avenue, Nutley, NJ 07110 ▶ Tel: (973) 667-8650

Securities offered through Equitable Advisors, LLC (NY, NY (212) 314-4600), member FINRA, SIPC (Equitable Financial Advisors in MI & TN). Investment advisory products and services offered through Equitable Advisors, LLC, an SEC-registered investment advisor. Annuity and insurance products offered through Equitable Network, LLC, which conducts business in CA as Equitable Network Insurance Agency of California, LLC. For more information about Equitable Advisors, LLC you may visit https://equitable.com/customer-service/brokerage-and-advisory to review the firm's Relationship Summary for Retail Investors and General Conflicts of Interest Disclosure. Beacon Wealth Partners is not a registered investment advisor and is not owned or operated by Equitable Advisors or Equitable Network.

Adopt Us!

*Submitted by Yellow
Brick Road Rescue NJ*

Mrs. Norris is a 2-year-old female we rescued off the streets with her babies. All of her babies have been adopted and now she is looking for a home of her own! She is very sweet and would make the perfect addition to any family. She is dog, cat, and kid friendly. She is microchipped, FIV positive/FelV negative, stool-tested negative, dewormed, UTD on vaccines, and spayed. \$100 adoption fee applies.

To apply for Mrs. Norris:

www.yellowbrickroadrescueenj.com/cat-adoption-application/ or email us at yellowbrickroadnj@gmail.com



Photo by Dogs In Vogue @
dogsinvogue_official

*Submitted by Jersey
Pits Rescue Inc*

Tasha joins us after spending 5 long, lonely years in a local NJ shelter. Yes, you read that correctly—5 years! Thanks to the kindness and compassion of her foster family, we were able to give her the much-deserved opportunity that she has waited so long for.

As you can see, Tasha is all smiles as she settles into the perks of being in a home environment. She is happy to learn "how to dog" from her big fur-brother, Louie. Tasha is about 7 years old, dog friendly, cat friendly, and has been friendly towards all people. Don't let her age fool you; this girl still has a ton of energy and loves to play. She would love a house with a calm, balanced dog to play with and a family to take her for walks or adventures. Tasha would prefer a home with children 10+ because she is still settling in to life outside of the shelter.

Tasha has a lot of lost time to make up for and her foster family is helping her do that. They are working with her on her manners, teaching her how to play, and how to just be a dog. She loves to cuddle and is a big fan of belly rubs. Her foster parents describe her as a puppy stuck in a 7 year old's body! Go to www.jersey pitsrescue.com to complete an application. ■

Presenting Ilene Dudek's Sixth Book...

Submitted by Joyce Corey

Ilene Dudek, Nutley resident, author, and illustrator of the *Little Ant* children's series, presents her sixth book *Little Ant & the Epic Battle*. This colorful picture book features the lovable little ant and his battle against an army of angry germs. Inspired by the 2020 pandemic, this modern-day fairy tale explores the virus in a way that children can understand: villains attack, heroes emerge, and battles are won. In the end, the little ant tries to



accomplish what others could not—to defeat the virus and save the world.

Written at the height of New Jersey's coronavirus outbreak, *Little Ant & the Epic Battle* features many subtle details that tap into our current-day events. Whether it's a sneeze heard around the world, armies standing six feet apart, or bumblebee fighter jets symbolizing the Blue Angels and Thunderbirds' flyover, Dudek

weaves everyday moments into this fantastical story. By adding a creative spin to real-life events, she offers a lighthearted view of the battle the world is facing today.

Since its inception in 2017, the *Little Ant* series has grown in popularity among the parenting community. *Little Ant* books address common childhood problems, like tying shoes and bullying, and teach lessons in humorous, yet powerful, ways. *Little Ant & the Epic Battle* follows suit.

Ilene shares her inspiration, "We were in the middle of the pandemic and New Jersey was getting hit hard. The state was shut down, schools were closed, and it was becoming a very dark time in history. I needed to add a little bit of light, and hope, in the only way I knew how."

Ilene Dudek is a Nutley author with a background in advertising. After several years as a copywriter, she was

offered the opportunity to change her path and follow her dreams. She now writes and illustrates the *Little Ant* children's series, inspired by her own life experiences. Ilene has participated in over 30 local author events, including a book signing at Barnes & Noble, and has been featured on "Spotlight New Jersey" on News 12. She plans to continue writing her *Little Ant* series and sharing her books with the local community. ■

For more information about Ilene Dudek and her *Little Ant* series, please visit: www.littleantstories.com.

Randall Kenneth
PHOTOGRAPHY

Capturing your most cherished memories

Weddings - Anniversaries - Engagements
H.S. Seniors - Portraits - Headshots
And so much more!

Randall Kenneth Photography
862-208-2807
www.randallkenneth.com

Ligresti
DERMATOLOGY

General & Cosmetic
Dermatology Serving Adult
& Pediatric Patients

175 Franklin Avenue, Suite 103
(1st floor) Nutley, NJ

*Look Great
Feel Great*

- Surgical Procedures
- Skin Care Products
- Cosmetic Services
- Advanced Allergy Testing
- Botox/Dysport
- Microdermabrasion
- Dermal Fillers Restylane
- Chemical Peels

(973) 759-6569
LigrestiDermatology.com

Nutley Family Service Bureau: Responding in a Time of Crisis

by Emma Cortese, Public Relations Chair,
NFSB Board of Trustees

Consistent with our mission of responsiveness to the community, Nutley Family Service Bureau (NFSB) is addressing the unprecedented challenges associated with COVID-19. NFSB is dedicated to providing services and creating workable solutions by following guidelines outlined by state and local health departments that allow continuity of operations, while considering the safety of clients, patrons, staff, and volunteers.

THE CENTER

In response to constraints associated with the pandemic, the psychotherapy center has adapted by providing mental health services through a teletherapy platform. In addition, our popular Fall Mental Well-Being Series will be offered virtually and free to Nutley residents. We have started planning for our return to in-person therapy sessions. Based on our success with the teletherapy process and input from the clinical team, we will offer in-person sessions for those clients and clinicians who are interested in returning to a traditional approach, and continue remote sessions for those who are interested in a distance model. For more information visit www.nutleyfamily.org/services/mental-health-services/

THE SHOP

After shuttering our doors from March to June, the thrift shop has reopened on a new three-day schedule of Monday, Wednesday, and Friday with extended hours from 10am to 7pm. We have

reorganized our space to allow movement throughout and instituted safeguards: social distancing, limiting the number of shoppers (adults only) at any given time, requiring masks, offering hand-sanitizing stations, checking shoppers' temperatures, and requiring COVID-19 waiver signing. Due to restrictions on space and

volunteer efforts, The Shop requests that the community be mindful to limit the quantity of donations at a given time and consider the quality of the donations. Bagged and boxed items can be dropped off in our easily-accessible double-door shed at the rear of the 169 Chestnut St. building. We accept gently used items in order to maintain The Shop's high standards of merchandise. As always, The Shop continues its fantastic weekly sales which offer the community family friendly bargains. Visit www.nutleyfamily.org for updates.

THE PANTRY

Rapid changes at our food pantry, with an increase in our rolls of more than 25%, coupled with a decrease in food supplies, have presented significant demands. It has been difficult to maintain levels of shelf-stable items due to the cancellation of the annual Scouting for Food Drive which typically supplies 90% of our yearly stock. Additionally, a persistent reduction in proteins available through our food resource partnerships poses hurdles for high-value nutrition commodities. NFSB's access to food resources is further impacted by our limited ability to find volunteers with vehicles to retrieve food supplies outside our community.

As we deal with these pressing circumstances, we maintain our open-air food distribution outside the NFSB Annex at 169 Chestnut St. according to a regular biweekly schedule. We are very grateful for the sustained generous support from local residents, businesses, civic, and church organizations. However, demand is unrelenting due to the social and economic consequences of the pandemic. Non-perishable items, which can be dropped off in bins at the rear of the 169 Chestnut St. offices, are always needed, as are gift cards and monetary donations. In the fall, we will gear up for our traditional Thanksgiving Initiative; be on the lookout for information next month at www.nutleyfamily.org.

NFSB is committed to meeting the situations impacting our township by responding with multifaceted efforts coordinated within our organization and with community partners and stakeholders. We look forward to implementing innovative programs which further our vision of a community where mental well-being is valued as an integral part of life. ■



D&L AUTOMOTIVE

Foreign & Domestic Repairs
Established 1974

251 Washington Ave.
Nutley

(973) 667-4688

Classic Cars Welcome

NJ STATE INSPECTION FACILITY

Complete Automotive Services

Emission Repair Facility Brakes • Tires Batteries • Electrical	Oil Changes Electronic Computer Diagnostics	Shocks & Struts Front End Specialist Mufflers & Exhaust
--	--	---

www.DandLAutomotiveNJ.com

Meet Four Top New York Theater Professionals Who Hail from Nutley

By Barry Lenson

On the day when I first met Paul Gallagher at an event hosted by the Nutley Historical Society, our conversation quickly got very interesting.

Paul, I learned, has had a long career as a stage electrician and lighting technician at the Metropolitan Opera House, Radio City Music Hall, and on top TV shows that have included *All My Children*. But our conversation became even more amazing when he told me he was not the only important theater technician from our town.

"There are actually a bunch of us, and we spend a lot of time together," he told me.

It's a fascinating story, and we're delighted to introduce you to four men who have divided their time between Nutley and major stages in New York.

■ Meet PAUL GALLAGHER, In His Own Words

All of us started out in different departments at The Metropolitan Opera House.

It happened when Sandy Hacker, the master electrician at The Met, took a huge risk and hired a bunch of wild college kids who were friends of his sons in Nutley. That led to my incredible ride through show business for 40 years. I've been so lucky to work with the greatest talents, from Pavarotti to Madonna to The Stones to three of the four Beatles, to Aretha, Sinatra, Susan Lucci, Lady Gaga, and many more.

I've worked on two of the greatest stages in the world, the Metropolitan Opera House and Radio City Music Hall, all the time staying close to my childhood friends from Nutley. At the Met, I got an incredible education about live theater and lighting (all due to Mr. Hacker) because when I started, I didn't even know stage left from stage right. There is a small margin of error for mistakes in live theater.

I wound up loving it. I had studied business and



From left: Paul Gallagher, Bill Van Schoick, Bill Malloy and Steve Radice

computer science in college, but this was where I belonged. Then after ten years, I tried TV lighting. I loved that too and wound up on an ABC soap opera, *One Life to Live*. I ran the electric/lighting crew there.

In my last year, I asked my Nutley friend, Steve Radice, if he wanted to come back into the business and he joined me there. I then asked Bill Van Schoick, another Nutley friend, to join us, and I'm glad he did. Show business is not the real world and my friends helped keep me somewhat grounded in what really matters.

The hours we worked were brutal—starting at 3am every day until 6, 7, 8, or 9pm at night, five days a week. While doing these two intense jobs, I made a deal (showbiz is all about deals) that I could leave at times and work other places if everything was running well. I could take a break outside the TV studio.

Our other childhood friend from Nutley, Tom Arrigoni—who is the head of sound at Radio City Music Hall—would hire me to come down with him to do the MTV Music Awards, the Tonys, the Grammys, Paul and Ringo, Sinatra, Tom Petty, the Stones, and many other great shows. I worked sound with him, which wasn't easy; I was a lighting guy. But I worked with some great sound men who were, and are, the best on the planet.

I met my wife, MaryBeth, while we were walking our dogs at the railroad tracks in Nutley almost 30 years ago. I'm so grateful for that dog! MaryBeth is a clinical research scientist at a pharmaceutical company and I'd be lost without

Expert Eye Care Latest Eye Wear



InSightEyesNJ.com



DR. THERESA RADTKE (973) 594-0020

Styertowne Shopping Center LOWER LEVEL 1053 Bloomfield Ave. Clifton

\$99 eye exam
for first time patients

\$100 off your next purchase
of sunglasses or eyeglasses



Most Insurance Plans and FSA Accepted

her. Our three children graduated Nutley High.

I've retired recently and I don't miss sitting in traffic or incredibly long hours, but I do miss seeing my friends daily. I got out at the perfect time. I love being home during the days and seeing Nutley in daylight—I take my walks daily in the park and was having a ball before the virus hit. This was a great town for me growing up, a great town for my kids to grow up in, and even better to enjoy retirement in.

Every day was an unusual experience—no two days were even close to being the same, from working with the Rockettes day in day out, to the beautiful people on the soaps, to the greatest talents to ever walk on a stage. But the most impressive people I met were behind the curtains and cameras—the sharpest, smartest, quick-thinking, and fast-on-their-feet people who made it happen. And to spend all those hours with four of my closest friends? Who gets that lucky?

■ Meet BILL VAN SCHOICK, In His Own Words

I'm a friend of Paul Gallagher and a Local 1 IATSE stagehand. I've worked in numerous studios and venues throughout my career, including NBC's *Nightly News*, MSNBC, ABC's *All My Children*, *One Life to Live*, *The Chew*, CBS Sports, MSG Studios, Fuse Music Television, and The Metropolitan Opera. I've worked in most facets of staging, production, lighting, electrical, special effects, carpentry, props, and wardrobe.

During the past eight years, I've had the pleasure of working for NBC at Rockefeller Center as studio head of Studio 3B. Up until recently, Studio 3B was the home of

NBC's *Nightly News*. Currently, the studio is under renovation. I am one of three studio heads and we oversee all aspects of staging, lighting, carpentry, and props, as well as maintaining the quality and safety standards of our studio.

My wife, Darlene, and I met through mutual friends at what was once the Nutley Pub. We have been happily married for 33 years. After living in different locations, including Bermuda, for three years, we returned to Nutley to raise our family. Darlene worked in banking when we were first married but left to concentrate on raising our two children. She currently works as a daycare provider at The Community School of Nutley.

My family's roots run deep in Nutley; we've been Nutleyites for five generations. My father, my two kids, and I attended Spring Garden School and my mother and my wife went to Yantacaw.

Nutley is a great town with a good sense of community; it's a wonderful place to raise a family. I enjoy the parks, activities, sports, and the good food. It's a great, convenient location – with beaches, mountains, and the city, all within an hour's drive – and I couldn't ask for a better commute to my job.

Being a stagehand has been very rewarding. It has afforded me the chance to work with a lot of creative and wonderful people as well as many celebrities and world leaders.

■ Meet STEVEN RADICE, In His Own Words

It's been a fun ride working with these characters. Like the other guys, I started at the Met Opera House. That was in 1980. I then left for 14 years. During that time, I started a family and ran a printing press. Then in 2001, I came back to work for Paul at *All My Children*.

I am currently the head electrician at TV 2 ABC, Tamron Hall. About 85 percent of my job is lighting, but I am also responsible for everything in the studio that has to do with electricity.

My parents moved us to Nutley from Newark in 1968. I met my wife, Lori, 35 years ago in Belleville. Over the years there have been countless jokes about Nutley guys being shunned for dating, or yikes, marrying girls from Belleville! And vice versa. We have loved living in and raising our family here. Now she works from home, here in Nutley.

We live in a house on the same street I grew up on:

Mortgage Rates are Back to 7-Year Lows!

guaranteedRate®

Brendan McMullen
VP of Mortgage Lending
o: (973) 939-8662 c: (201) 478-0006
brendan.mcmullen@rate.com
Rate.com/BrendanMcMullen
139 Chestnut St. Nutley, NJ 07110

 EQUAL HOUSING LENDER
NMLS ID #2611 (Nationwide Mortgage Licensing System www.nmlsconsumeraccess.org)
NMLS ID: 786168, LO#: NJ - Licensed

**Call or Stop in to our
Brand New Location in Nutley
for a consultation**

Moscara Realty

Your Hometown Realtor for 60 Years

"It's Not Just Business, Its Personal."

Member
NUTLEY
Chamber of
Commerce

Family Owned Business since 1955

973.667.1732
165 FRANKLIN AVENUE NUTLEY
www.MoscaraRealtors.com

Do You Know the Value of Your Home?

With this ad get a **COMPLIMENTARY MARKET ANALYSIS** No obligation.





Grant Ave. We raised our two sons here, and now I have a one-year-old grandson, also living in Nutley with my older son Dan. My younger son, Adam, works at ABC doing sound for the news.

The 12-mile commute can either be a breeze or torture. With the New York skyline visible from my front yard and the rural feel behind us, because of the railroad tracks, it's hard to find that mix someplace else. There are quite a few theater people in Nutley. But because we all work crazy hours, it's hard to find enough time to see each other as much as we'd like.

■ Meet BILL MALLOY, In His Own Words

I started at the Metropolitan Opera as an extra seasonal dresser in 1983, where I worked with chorus men on large productions. As the seasons went on, my workload and responsibilities grew. In 1989, another Nutley resident who worked at the Met, the great Millie Hacker, offered me the job as supervisor of the Principal Men's Wardrobe. I worked one-on-one with the great opera singers of the world: Luciano Pavarotti and Placido Domingo, to drop two names. Both wonderful men and just two of the hundreds of amazing artists I had the pleasure to work with.

I retired from the Met in 2017 as Head of Wardrobe. I had held that position for 25 seasons. I had my shoulder replaced that May, four years after having a total knee replacement. The Met's long hours and the standards I expected from myself were more than I had left in the tank.

As Head of Wardrobe, I was responsible for the entire inventory of Met costumes. I worked with stage directors and management on hundreds of productions. The Met had productions with hundreds of costumes and performers. My staff, a group of true professionals, dressed all the performers.

One thing about live theatre is you need to be focused on your task. When you are working with performers, you need to be a support and keep your personality in check, which can take you away from what is happening to you at the moment—things like discussing mutual friends with Paul McCartney, asking Elon Musk if the tech people had checked his microphone, having Pavarotti walk off stage during the soprano's aria to ask a question. I have more than a few stories I can tell.

My parents bought their house in Nutley in 1963. My father still lives there. My wife Susan and I just celebrated our 30th wedding anniversary! We met in Belmar. We have been in Caldwell since 2005. Susan has spent over 30 years in healthcare, serving institutions throughout Essex County. We have a son in California and a daughter who just finished at the University of Massachusetts. Nutley was and is a great community.

I look back and know my life has been blessed. I had tremendous role models, especially with Millie and Sandy Hacker who loved the business and shared their love. More importantly, I was impressed by the way they treated and handled artists and the people who worked for them. ■



Live Music Weekly!
Wednesday through Sunday
Check Website for Details!

Enjoy Outdoor Dining On Our Rooftop

<p>SMALL EATS</p> <p>Poutine \$14 Sub Short Rib +\$2</p> <p>6 Jumbo Wings \$10 3 Carnitas Tacos \$12 3 Fish Tacos \$14 Cauliflower Bites \$11 Brussel Sprouts \$12 Maple Bacon +\$2. Drunken Clams \$14</p>		<p>ENTRÉES</p> <p>Buffalo Bill's House Chop \$24 Grilled Maryland Crab Cake \$24 Seared Tuna or Scallops \$24 Fish & Chips \$18</p>
<p>PIZZAS</p> <p>Traditional Pizza \$15 Margherita Pizza \$16 White Pizza \$16</p>	<p>BURGERS & SANDWICHES</p> <p>Classic Burger \$13 Annie's Chicken Sandwich \$16 Blackened Fish Sandwich \$17</p>	

789 BLOOMFIELD AVE. NUTLEY 973-542-8676 theoakleykitchen.com





THE JOB HAINES DIFFERENCE

Assisted Living Long Term & Respite Care Sub-Acute Rehabilitation

**For More Information and to
Take a Tour Call 973-743-0792**

Established in 1897. Job Haines Home has been a Regional Leader in Senior Care for Generations.

WWW.JOB-HAINES.ORG

[f](https://www.facebook.com/jobhaineshome)



250 BLOOMFIELD AVE BLOOMFIELD

Nutley Public Library Welcomes the Fall Season with Special Events!

By Lucia Alvarez, Library Associate – CYA Services

This fall, the Nutley Public Library will be offering a variety of virtual events and activities for children and teens all season long. The library's early learning program will make its return with Babygarten and Friday Story Times held virtually through Zoom. Children and caregivers can enjoy stories, songs, and rhymes from the comfort of their own home. Special story times will be held throughout the season, including Healthy Cooking Story Time with ShopRite dietician Stephanie Bini, Music Story Time with Tempo! Music Therapy of Nutley, Yoga Story Time with Miss Ali, and a Halloween Sensory Show from the PropBox Players on October 16 at 11:30am.

Other virtual programs that the community will find online this fall include the monthly LEGO Club for grades K-5, Techsplorers technology club for grades 3-6, Chesstronauts for chess enthusiasts in grades 3-8, Hooked on Books reading club for grades 4-6, and Dungeons & Dragons game club for grades 6-8.

For craft lovers, the Library will continue to offer Take & Make projects for children and teens. Take & Make projects are perfect for crafters of all ages and skill levels.

After registration at youthservices.nutleypubliclibrary.org and teenservices.nutleypubliclibrary.org, pick up a craft kit at the library to take home. Enjoy special themes in each project, including seasonal fall and Halloween projects. One craft kit per person, while supplies last.

Be sure to also register for the library's annual pumpkin painting event on October 10. This highly anticipated event is open to children and teens. Each registered painter will receive a kit to take home that will include a pumpkin and paint set. Patrons can send a picture of their decorated pumpkin to the library to be shared on our social media.

Celebrate a *spooktacular* Halloween with the Nutley Public Library! Join us for our Halloween Game Night on October 26 at 7:00pm where participants of all ages can join virtually to play games for a chance to win prizes. Show off your costume during our virtual Halloween Storytime on October 28 at 10:30am and, of course, stop by the library Halloween day, October 31, to pick up a fun craft to do at home. Looking for more to do this fall? Nutley teens know just the thing. Check out additional crafts, recipes, books, and movies that have been teen-approved for Halloween enthusiasts of all ages on our Teen Services page. ■

A full events calendar and registration details can be found at youthservices.nutleypubliclibrary.org and teenservices.nutleypubliclibrary.org. For more information, please visit our websites, or call 973-667-0405 ext. 2623.

Offering exceptional mortgage products for *all* lifestyles.

 **investorsHome**
mortgage A Wholly Owned Subsidiary
of Investors Bank



Joe Isabella
Loan Officer

Joe Isabella, Loan Officer
NMLS #347880
973.960.1000

jisabella@myinvestorsbank.com

Member FDIC  Equal Housing Lender

Kimberley A. Donohoe

• ATTORNEY AT LAW •



**General practice
specializing in:**

- Special Needs
- Real Estate
and Municipal
Court Matters
- Estate Planning &
Administration

You can trust in over 20 years experience in handling guardianship cases for young adults through the elderly.

Nutley, New Jersey

Phone (973) 562-0079 • Fax (973) 562-0075

KimberleyDonohoeEsq@verizon.net

ONE PLACE. ALL SPORTS.

LOCAL, NATIONAL AND INTERNATIONAL COVERAGE

FROM PEE WEE TO PROS

BVM
SPORTS

The image shows a desktop monitor displaying the BVM Sports website. At the top, there's a navigation bar with 'Upcoming' and a dropdown menu. Below it, a row of sports events is listed: NASCAR Cup Series at The Brickyard (Kevin Harvick), EPL (Tottenham vs Everton), Watford vs Norwich, Crystal Palace vs Chelsea, and Arsenal vs Leicester. The main content area features a large article about Tamara Moore, a basketball player and coach, with a photo of her. To the left of the article are 'National Headlines' and to the right are 'Favorites Headlines' and 'Local Headlines'. A smartphone in the foreground shows the BVM Sports app interface with various icons for different sports and news categories. The website URL 'BVMSPORTS.COM' is displayed at the bottom of the monitor.

NASCAR CUP SERIES AT THE BRICKYARD
KEVIN HARVICK
watched on Nov 7/8

EPL
TOTTENHAM 1
EVERTON 0
Second Half Nov 7/8

WATFORD 0-10-17
NORWICH 3-6-23
Tue 12:00 PM

CRYSTAL PALACE 11-9-13
CHELSEA 17-4-13
Tue 12:00 PM

ARSENAL 12-12-8
LEICESTER 13-7-9
Tue 8:10 PM

BASEBALL BASKETBALL FOOTBALL HOCKEY MORE LOCAL FAVORITES SUBMIT

NATIONAL HEADLINES

- Parkey West graduate has become elite... TEAM USA
- Tamara Moore is becoming a Minnesota b... MEXABI RANGE COLLEGE
- One-handed basketball player showing a... WOODBURN VALLEY HIGH SCHOOL
- Shannon Smith: Athlete, therapist, mom

Tamara Moore is becoming a Minnesota basketball legend for her work as player, coach and executive
Basketball: NJCAA Mexabi Range College

Ames rising junior Tamin Lipsey has a bright basketball future ahead of him
Multi-sport athlete Tamin Lipsey is one of the top basketball players in Iowa and the country. After suffering an ACL tear a year ago, he is ready to remind everyone just how good he is.

FAVORITES HEADLINES

Add Favorites

LOCAL HEADLINES

- Road to recovery has 16 holes: Justin Kopp display... SCHWAB MEMORIAL HIGH SCHOOL
- The way back home: Dani Morillo's soccer journey WOODIER
- A season postponed: Professional basketball player... BASKETBALL
- 'They can never take that away': Penauke's... PENAUKE HIGH SCHOOL

View all

SPOTLIGHT SUBMISSION

BVMSPORTS.COM

DOWNLOAD THE
BVM SPORTS APP ON
YOUR MOBILE DEVICE

SUBMIT A LOCAL
ARTICLE TODAY!

Nutley Invitational Golf Tournament for 2020 Has Been Canceled

By Joyce Corey

The Nutley Invitational Golf Tournament, a tradition since 1909, has been canceled for this year because of the COVID-19 pandemic. The longest-running community charity golf tournament in America will wait until 2021 to celebrate its 112th tournament.

Although the pandemic is putting the tournament on hold, the Nutley charities that the tournament supports cannot postpone the necessary services that they provide to our community. The Nutley Family Service Bureau, 1st Cerebral Palsy Center of Belleville, and the Phoenix Center continue to have extraordinary needs.

Even though there will be no golf tournament, let's honor the spirit of this event by remembering the charities it supports.

While 2020 will always be the year this long-standing golf tournament had to be canceled, it can also be known as the year that the Nutley community brought about a different kind of victory for our local charitable organizations.

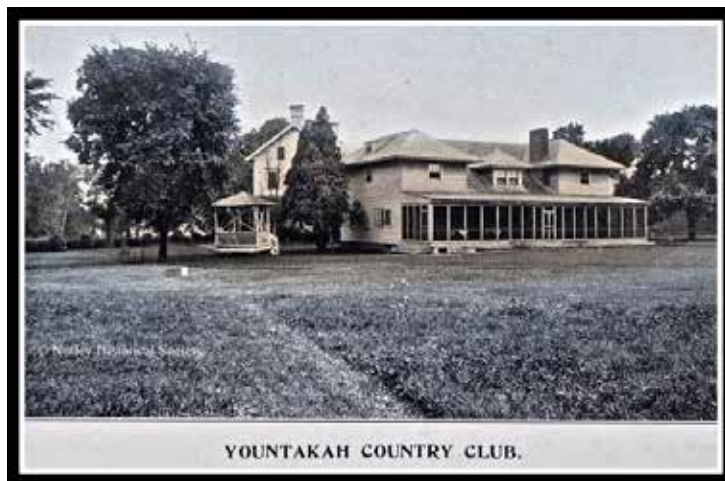
■ NUTLEY INVITATIONAL GOLF TOURNAMENT SPONSORS

A&S Pork, Accent Group Painting, Acres Land Title Agency, Inc, Advanced Mechanical, American Bistro, American Business Todd Barry, Aquatecture Pools & Spa C/O Landscape Tech, Beacon Wealth Partners Sal & Michael Cocco, Beck's Ice Creations, Biondi Funeral Home, Blue Ribbon Fuel Corp., Csr Associates, Pa, C. Walter Searle Agency, Cara Graphics Inc, Carella Byrne Cecchi Et Al Attn Charles M. Carella, Esq., Caruso Thompson Llp, Century 21 Award Agency, Chasan, Lamparello, Mallon & Cappuzzo PC, Cli Landscape Services/Paul Calicchio (Landscapesupply, Coldwell Banker Franklin Realty, Commissioner Thomas J. Evans, Dibiasi & Rinaldi, Dimaggio Property Service, Dr. John V. Kelly, Dr. Joseph Scarpelli, Francis J. Costenbader, Frank & Gloria Viola, Chris Dimaggio's Franklin Steakhouse, Gaccione, Pomaco, Garruto & Calabria - Attn: Andrew F. Garruto, Esq., Geltrude & Company, LLC, Hendricks Appraisals, Iacullo Martino, LLC, Imac Insurance (540 Mill Consulting), Inglesino Webster Wyciskala & Taylor, Llc, J & N Service Station, James M. Orsini, M.d. /Essex Oncology of North Jersey, Jim Loch Pinnacle Mortgage, Ken Sawyer, Keenan & Doris, LLC, Kingsbridge Financial/David Grossman,

Landscape Techniques/Brian Koribanick, Lerch, Vinci & Higgins, Llp, Lore Sweeping, Lou Fusaro - Lsf Appraisals, Angelo Servidio, Metro Exhibits, LLC, Metrographics Printing, Mike Geltrude Foundation/D. Geltrude, Modern Mill Work Kitchen&Bath Studio (Colannino), Nanina's In The Park, Nimlok New York City/Exposition Sales, Nutley Park Shop Rite, O'toole, Fernandez, Weiner, Van Lieu, LLC, Park Chateau, Park Savoy, Parkway Auto Body Of Nutley, Pennoni

Engineering Assoc. - Attn: Todd M. Hay, Petracco & Sons Deli & Meats, Picture Perfect Photography, Inc., Piro Zinna Cifelli Paris & Genitempo, Polygon Data Products, Pro-Lab, PS Optical/Phil Sainz, Reliance Graphics, Renee Friscia/ State Farm Insurance Agent, Rob Marziotto - Nead Electric, Signature Health & Wellness Center, S.W. Brown & Son, T.F.I. Pool Service, The Copy Shop, Inc, The Vonroth Family, Trio & Co., Jewelers, Union

Maintenance (Peter Kelly), Viggiano, Lisa & David, White Oak Pharmacy, Djmc Entertainment, Ultra Air, Inc. - Hvac, Essex Cigar Smoke Shop and Lounge LLC (Jim McGuire), Windheim Plumbing, Philly Pretzel Factory, Ogletree, Deakins, Nash, Smoak & Stewart, Belleville Rotary, Nu-Way Concessionaires, Belleville Motor Lodge, The Colligan Family, NJPR, Hospital & Medical Services, Integral Care Pediatrics, The Restaino Family, Bella Casa Caterers, Vidal Insurance Agency, Dog Cat & Bird Clinic of Nutley, Bloomfield Pba, Hub Construction, Headquarters Advisory Group, Amg Ventures LLC - Dr. Alan M. Genitempo, Lac Dacm, Charles W. Kuciniski - Nutley Boe, Petronio Shoe Products Corp Inc., A Personal Touch Florist, Atlantic Dermatology (Dr. Jeffrey Whitworth), Swanson Family, Park 72 LLC, Phyllis Restaino Lager, Bloomfield Youth Aid Foundation Inc., Banador Information Systems Inc., Cerebral Palsy Speech Department, Dino Gaglioti. ■





Now offering personally
distanced Indoor classes.

8 Person Max
Spaced 8ft. Apart
& Partitioned

Live stream & on
demand classes
still offered.

FIND OUT MORE AT:

WWW.GOODVIBESYOGABAR.COM

OR EMAIL info@goodvibesyogabar.com

EVENTS CALENDAR **OCTOBER** 2020

At the time this magazine went to print, all event times and locations were accurate, but please check event websites for the most current information. Some events may have been postponed or canceled.

Sept. 30, Wed.

Virtual Perinatal Mood and Anxiety Disorders Support Group

@virtual event from Clara Maass Medical Center
Are you a pregnant or new mom? Are you feeling like motherhood isn't what you thought it would be? Do you have feelings of anxiety, panic, rage, or sadness? You are not alone. You could be experiencing one of the most common complications of childbirth, Perinatal Mood and Anxiety Disorders. This is temporary and treatable, and this group can help. This is a safe and judgment-free group for new and expecting moms to connect online. During this time of COVID-19, increased isolation and greater concern

about crowds and gathering may be preventing you from reaching out for help. This virtual community is led by a certified specialist in perinatal mood disorders who can answer questions, validate feelings and concerns, or offer more resources. You will be sent the link to participate in the group after online registration.

Time: 11am-12pm

Cost: Free

For more information and to register visit www.rwjbh.org/events/event/?event=15765

Oct. 1, Thurs.

All Recovery Meeting (Online)

@virtual event from Clara Maass Medical Center
All Recovery Meetings are non-denominational and offer an opportunity to focus on the hope found in recovery. Recovery does not happen alone. Join this group and connect with others who are initiating and maintaining a recovery lifestyle. All Recovery Meetings are facilitated by trained and certified IFPR Peer Recovery Specialists and

provide social support for those seeking or maintaining recovery, as well as family members, friends, and supporters of those who have been influenced by substance use.

Time: 12-1pm, 6-7:30pm

For more information, other dates and times, and meeting links, visit the Clara Maass Medical Center event calendar at www.rwjbh.org/events/

Oct. 1, Thurs. – Oct 25, Sun. Running with the Devils 5K Run and Walk

@virtual event through the RunGo app
RWJBarnabas Health and the New Jersey Devils have teamed up to honor RWJBarnabas Health's 35,000 healthcare workers and the countless essential workers across New Jersey who have gone above and beyond in the call of duty in response to this unprecedented global health crisis. 100% of proceeds from the event will benefit RWJBarnabas Health's Emergency Response Fund, which will help to continue the work of treating the most critical patients while preparing

to protect communities for any potential resurgence of the virus or other emergencies.

Time: 8am-11:55pm

Cost: \$25 virtual runner; \$20 virtual walker

For more information and to register visit www.rwjbh.org/runningwiththedevils

Oct. 4, 11, 18, 25, Sun. Nutley Farmers Market

@Municipal Parking Lot 9, 537 Franklin Ave.

This season, in light of COVID-19, special measures are in place to help ensure the safety of patrons, vendors, and the community consistent with guidelines from the CDC and NJ Department of Health. Time: 9am-2pm
For more information on vendors and safety guidelines visit www.nutleynj.org/farmersmarket

Oct. 5, Mon.

Virtual DISH! The Monday Night Cookbook Club

@virtual event from Nutley Public Library



We have the Resources and Technology to Continue to do our Jobs Maintaining the Safety of our Clients and Community.



RE/MAX
Park Square

**CALL TODAY FOR A
COMPLIMENTARY
MARKET ANALYSIS**

MARGARET COZZARELLI

244 Chestnut Street Nutley, NJ 07110

973-667-3000 • Office

973-951-6705 • Cell

Each office independently owned and operated



Biondi
FUNERAL HOME

*Our Family Serving Your Family with
Dignity, Respect and Compassion Since 1941*

MEMBER OF THE NEW JERSEY
PREPAID FUNERAL TRUST FUND

**INDEPENDENT
& FAMILY OWNED**

Anthony A. Biondi, Jr.
Manager, NJ Lic. #3893

Anthony A. Biondi, Sr.
Director, NJ Lic. #2350



540 Franklin Avenue • Nutley, New Jersey 07110 • 973.661.2800 • Visit us at: www.BiondiFuneralHome.com

New members are welcome!
Time: 7-8:30pm
For more information email
Michelle Albert at michelle.albert@nutley.bccls.org

Oct. 6, 20, Tue.

Board of Commissioners Meeting

@virtual event from Township of Nutley
Please take notice that the regularly scheduled meetings of the Board of Commissioners will take place via Zoom webinars for the remainder of 2020. Members of the public may participate by utilizing their PC, iOS, or Android device to visit the Zoom link or by dialing in through their telephone.
Time: 7pm
For more information, Zoom access link, and call-in numbers, visit www.nutleynj.org/meeting-agendas-and-minutes

Oct. 15, Thurs.

Online Film Discussion – Good Will Hunting

@virtual event from Nutley Public Library
Adults can join for an online discussion of this 1997 award-winning film starring Matt Damon

and Robin Williams. Use your Nutley Public Library card to borrow *Good Will Hunting* from Hoopla. Please note the loan for this movie is 3 days. Once registered, you will receive an email confirmation and one day before the event you will receive connection instructions.
Time: 7-8pm
For more information email Nick Van Dorn at nicholas.van.dorn@nutley.bccls.org

Oct. 19, 26, Nov. 2, 9, Mon

4-Week Free Virtual Diabetes Management Class

@virtual event from Nutley Public Library
Time: 10-11am
For more information visit www.nutleypubliclibrary.org/calendar/

Oct. 19, Mon.

Jamie Novak: How to Tidy Up and Get More Done

@virtual event from Nutley Public Library
Time: 7-8pm
For more information visit www.nutleypubliclibrary.org/calendar/

Oct. 22, Thurs.

Comprehensive Blood

Screening Program

@Clara Maass Medical Center (Cancer Center Conference Room), 1 Clara Maass Dr., Belleville
Screening includes a complete cholesterol profile and glucose test in addition to other elements including electrolytes and a complete blood count. Preregistration is required.
Time: 7-9pm
Cost: \$40 payable at time of screening
For more information and to register call 1-888-724-7123. For a

full list of what is included on the blood test, visit www.nwjbh.org/events/event/?event=15783

Oct. 24, Sat.

Residential Shredding Day

@Municipal Parking Lot 9, 537 Franklin Ave.
Safely destroy sensitive documents while preventing identity theft and recycling paper!
Time: 10am-2pm (or until truck is full)
For more information call the Department of Public Works at 973-284-4959



Entertaining at Home?
Let Mamma Vittoria do the cooking!
We can deliver catering trays to you.






160 Franklin Ave • Nutley, NJ • 973.662.0242
www.mammavittoria.com • info@mammavittoria.com

 Find us on Facebook
www.facebook.com/mammavittoria

PETRELLA PAVING & MASONRY

Residential • Commercial • Industrial

Family Owned and
Operated Since 1912

- **ASPHALT**
- **SEAL COATING**
- Belgium Blocks
- Steps & Patios
- Pavers
- Water Drainage
- Sidewalks
- Retaining Walls



**Fully
Insured &
Bonded**

973-661-9393

35 Park Ave Nutley, NJ
www.petrellapaving.com

Important Phone Numbers - www.NutleyNJ.org

Emergency 911
 Police Department..... (973) 284-4940
 Fire Department (973) 284-4940
 Town Hall (973) 284-4951
 Library (973) 667-0405

Parks and Recreation (973) 284-4966
 School District..... (973) 661-3500
 Chamber of Commerce (973) 667-5300
 Public Affairs & Health Dept. (973) 284-4976
 Public Works (973) 284-4958



CT Scan Guided Dental • Implant Placement
 Extractions • Wisdom Teeth • Joint Disorders (TMJ)
 Bone & Soft Tissue Grafting • Facial & Oral Trauma
 Treatment of Tongue Tie • Facial & Oral Pathology
 Surgical Orthodontics (Exposure of Impacted Teeth)
 Surgical Endodontics (Apicoectomy)

~We Accept Most Dental Insurances~

DR. PHILIP M. ECHO D.M.D.
187 WASHINGTON AVE.
SUITE 1B • NUTLEY
973.667.5844

On Call For Emergencies - 24 Hours A Day

www.EchoOralSurgery.com