NUTLEY PUBLIC LIBRARY

The Nutley Public Library is pleased to loan free Mobile WiFi Hotspot Kits (hot-spots) to Nutley Township resident card holders to increase their access to the Internet and the Library’s many digital resources. A mobile WiFi Hotspot is a small device you can use to connect a wireless enabled device, such as a laptop, smartphone, tablet or gaming console to the Internet. Mobile WiFi HotSpots are portable, so you can connect your device almost wherever you go, whether at home, on business, in the park or on vacation.

Stop by at the Front Desk and borrow a hotspot today!

93 Booth Drive
Nutley, NJ 07110
973-667-0405
library@nutleynj.org
nutleypubliclibrary.org
MONDAY, TUESDAY, THURSDAY 9 TO 9
WEDNESDAY, FRIDAY, SATURDAY 9 TO 5

NOVEMBER & DECEMBER 2019 ADULT PROGRAMS

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THE KETOCNIC DIET
WITH DR. MARCO FERRUCCI
THURSDAY, NOVEMBER 21 AT 7 PM

Dr. Marco Ferrucci will lead a lecture on the Ketogenic Diet; a very low-carb, moderate protein and high fat diet that has become very popular over the last few years. This diet has been shown to decrease insulin levels, increase fat burning and promote weight loss. This diet can also be adapted to a plant-based lifestyle. Dr. Marco will discuss meal planning and preparation to ensure healthy and nutritional eating.

Dr. Marco Ferrucci is a co-founder of The Chiropractic Source in Cedar Grove. This health and wellness facility has won several “Best of Essex Awards” for Massage and Chiropractic Care. Dr. Marco is a Nutley resident whose professional expertise has been featured on News 12 NJ’s 12 To Your Health, and NJTV’s Live and Living with Joanna Gagis.

ENGLISH AS A SECOND LANGUAGE

Looking to learn English? We offer ESL classes during the evening hours at the Nutley Public Library. Call 973-667-0405 x2604, email the instructor at ESLNutleyLibrary@gmail.com or speak to someone at the Reference Desk for more details. The classes are led by college instructor Tony Forte. There are fees for these classes.

BLOOMFIELD MANDOLIN ORCHESTRA
SATURDAY, NOVEMBER 23 AT 2 PM

The Bloomfield Mandolin Orchestra will present a concert of Italian Favorites and more.

HISTORY OF ROCK & ROLL
WITH MUSICOLOGIST PAUL GROOM
THURSDAY, NOVEMBER 14 AT 7 PM

Enjoy a multimedia presentation by music historian and native Liverpudlian Paul Groom as he covers the development of Rock and Roll, from its roots through the British Invasion. Some of the topics include: The influence of the The Blues on Rock and Roll, the effects of radio and television on rock music, The Golden Era of American Rock (1955-1959) and The British Invasion of the early 1960s.

ARTISTS’ RECEPTION, SATURDAY DECEMBER 7 FROM 2 PM- 4 PM

The Art Association Of Rutherford Presents
“All I Want For Christmas..”
An Open Exhibition & Jury Show
Running Nov. & Dec. 2019
At The Nutley Public Library

SATURDAY MORNING BOOK CHAT
SATURDAY, DECEMBER 7 AT 10 AM

Are you looking for a good book recommendation? Have you read a new or classic book that you want others to know about? Join us for a friendly Saturday morning book chat to discover must read titles from fellow readers.

Hot chocolate and marshmallows along with breakfast scones from a Nutley bakery will be provided by the Friends of the Library. For further information and to register, please visit: nutleypubliclibrary.org/bookchat